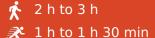


Constitution Hill Circuit





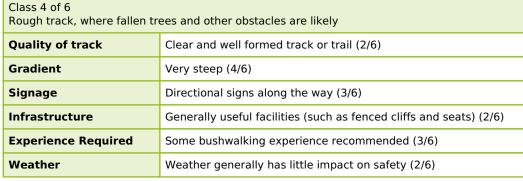


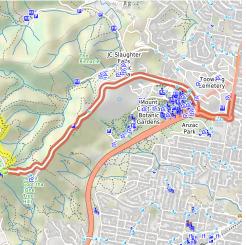


Starting from the car park on Sir Samuel Griffith Drive(Tourist Dr. 7), Mt. Coot-tha, this walk takes you on a circuit around the Constitution Hill via the Honeyeater, Scorpion and Litchfield tracks. Enjoy this all-around hike as you go through the varying scenic woodland looking over western Brisbane. You're likely to come across interesting wildflowers such as the Christmas Bells and White Honeysuckle. A nice, peaceful outing in nature featuring possible monitor lizard sightings along with other animals. Notice the change in vegetation as you pivot around the hill. The tracks are mostly wide and provide good cover from the sun, making this track somewhat suitable for running. You'll get a good leg and hip workout if you decide to do so, but try to avoid midday to have a better experience. Don't forget to visit the Mount Coot-tha summit as there are many amenities including an exceptionally scenic restaurant that you can watch the city of Brisbane from. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.









Getting to the start: From Frederick Street, 5

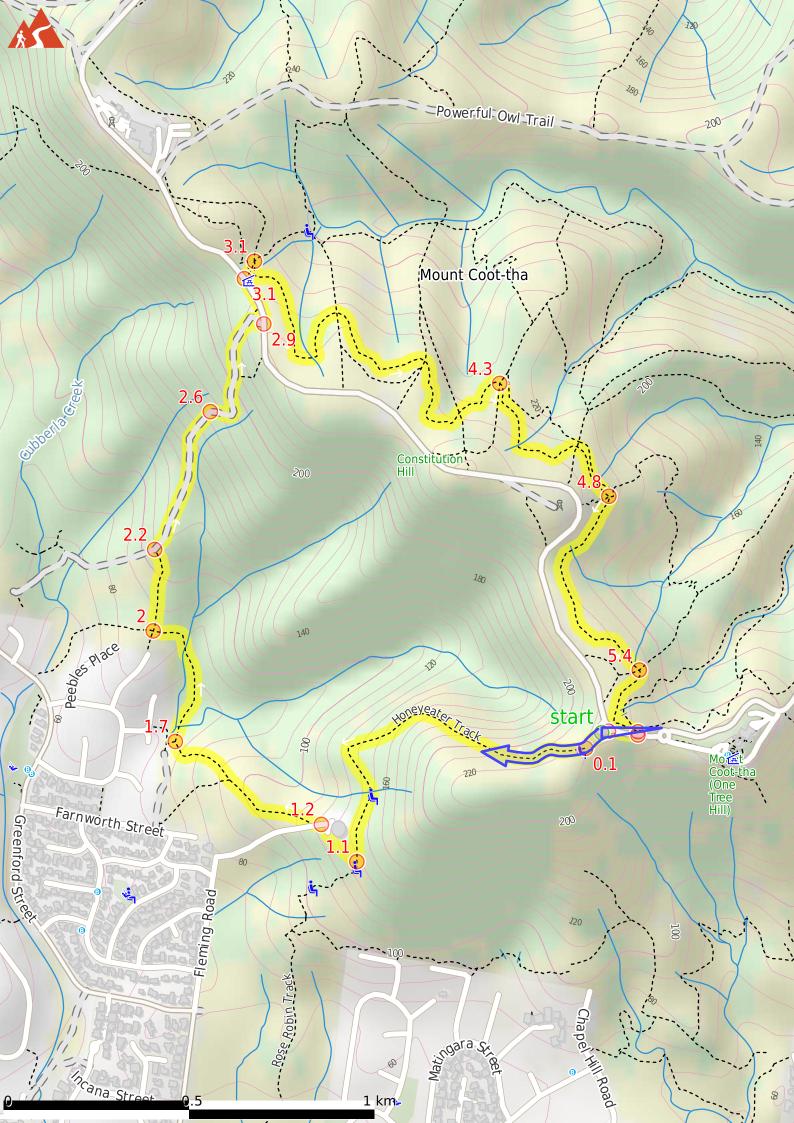
- Turn on to Mount Coot-tha Road then drive for 325 m
- Keep right and drive for another 145 m
- At roundabout, take exit 2 onto Mount Coot-tha Road, T7 and drive for another 1 km
- Keep left onto Sir Samuel Griffith Drive, T7 and drive for another 2.2 km
- At roundabout, take exit 2 onto Sir Samuel Griffith Drive, T7 and drive for another 175 m
- Keep left and drive for another 35 m

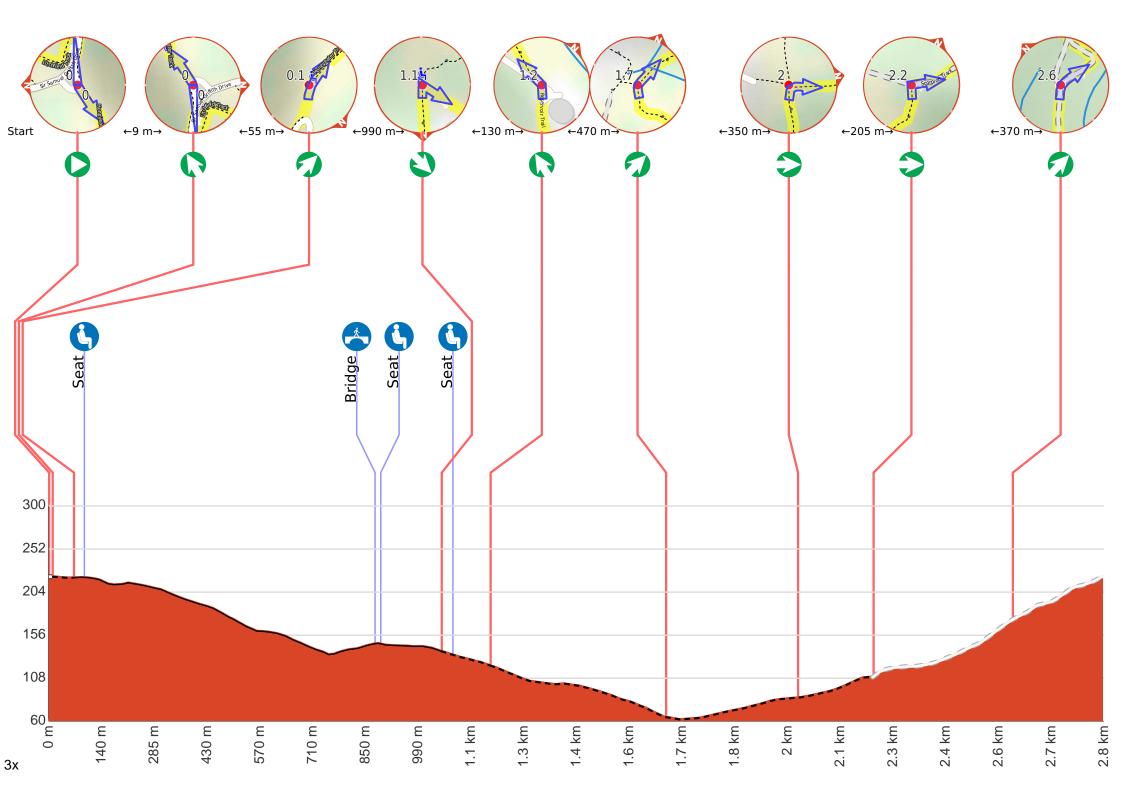
Before you start any journey ensure you;

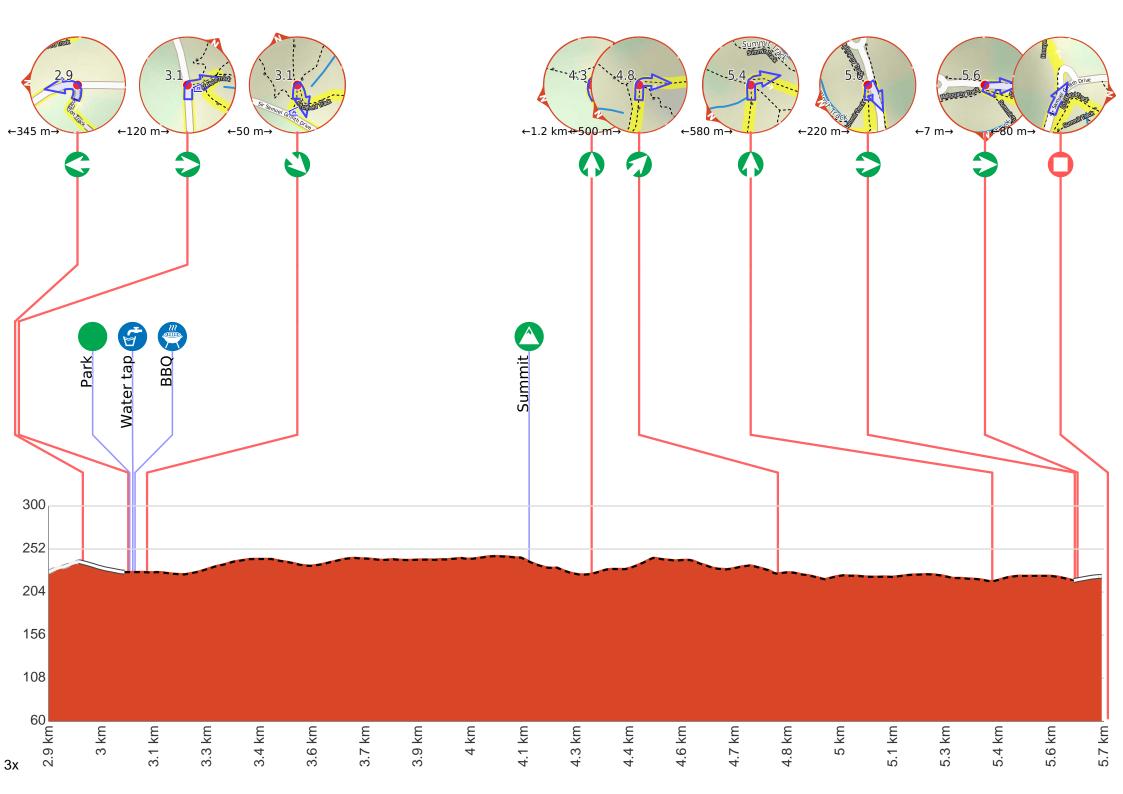
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- · Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.









Getting started: From the car park on Sir Samuel Griffith Drive/Tourist Dr. 7(365 metres west of Mt. Coot-tha Summit Lookout), head towards the yellow gate with a "No Parking" sign on it, moving directly away from the road. Head around the said gate and pass by the sheltered informative singpost to your right, along the dirt trail. After about 60 metres, veer right and join the Honeyeater Track to continue along Constitution Hill Circuit(clockwise).



Start





After another 50 m (at the intersection of Chapel Hill Road Trail & Honeyeater Track) veer right, to head along Honeyeater Track (a footpath).

After another 30 m pass a seat (on your left).

After another 780 m cross the bridge (about 10 m long)

Then pass a seat (8 m on your left)., has a backrest.

After another 195 m pass a seat (20 m on your left).

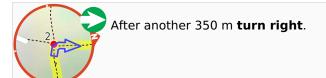
At the intersection of Reservoir Trail & Honeyeater Track **turn sharp right**, to head along Reservoir Trail (a highway|bridleway).

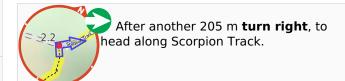
After another 105 m **continue straight**, to head along Reservoir Trail.



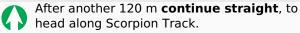
After another 280 m continue straight.



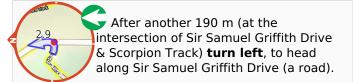








After another 40 m **continue straight**, to head along Scorpion Track.



After another 120 m (at the intersection of Ghost Hole Track & Sir Samuel Griffith Drive) **turn right**, to head along Ghost Hole Track (a walking track).

Then head into the "Gold Mine Picnic Area".

After another 8 m pass the water tap (on your right).

After another 6 m pass the BBQ (5 m on your left).

After another 10 m **continue straight**, to head along Ghost Hole Track.

After another 20 m (at the intersection of Ghost Hole Track & Litchfield Track) turn sharp right, to head along Litchfield Track.

After another 480 m **continue straight**, to head along Litchfield Track.

After another 320 m **continue straight**, to head along Litchfield Track.

After another 230 m pass the "Constitution Hill" (145 m on your right).

After another 20 m **continue straight**, to head along Litchfield Track.





After another 350 m continue straight, to head along Litchfield Track.



After another 150 m veer right, to head along Litchfield Track.



After another 580 m continue straight, to head along Litchfield Track.



After another 220 m (at the intersection of Summit Track & Litchfield Track) **turn right**, to head along Summit Track (a footpath).



After another 7 m (at the intersection of Summit Track & Sir Samuel Griffith Drive) **turn right**, to head along Sir Samuel Griffith Drive (a road).



After another 65 m veer left.



After another 15 m come to the end.