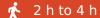


Jerusalem Bay Track











This track takes you to one of the most iconic views along the the Great North Walk. From Cowan Station, the walk passes through a variety of environments, with dryer vegetation near the freeway and moister rainforest-like plants near the water. Jerusalem Bay is a pretty area, shared by walkers and boaters, and a great place to relax before the walk back up to the station. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.





Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From Pennant Hills Road, A28

- Turn on to Pacific Motorway Onramp, M1 then drive for 9.8 km
- Keep left onto Berowra Offramp and drive for another 630 m
- Turn slight left onto Windybanks Interchange and drive for another 55 m
- Turn right onto Pacific Highway, B83 and drive for another 5.7 km
- Turn right and drive for another 20 m

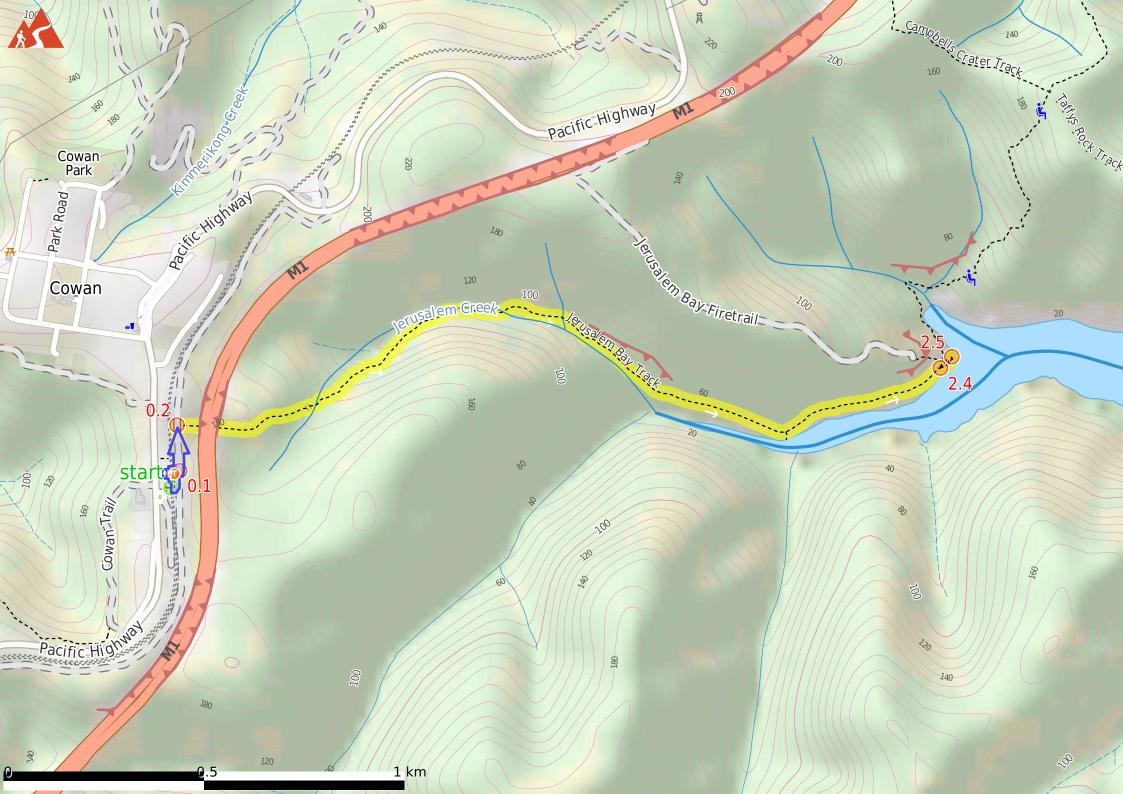


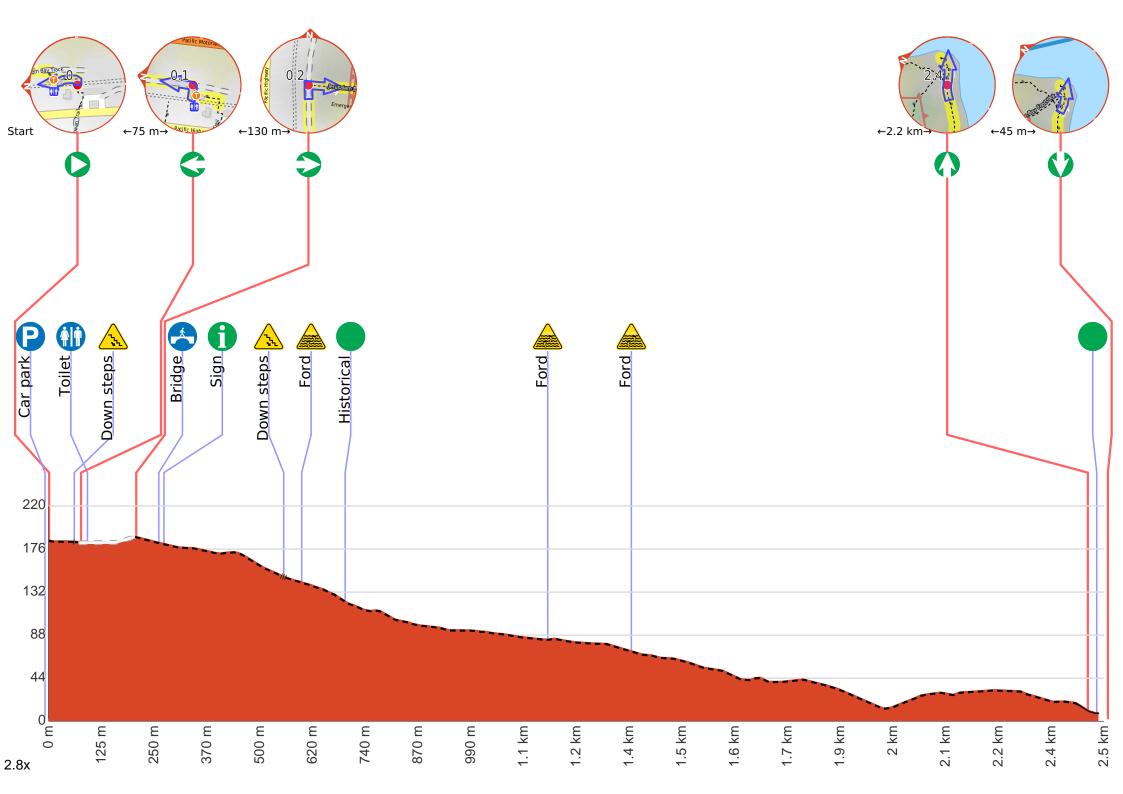
Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.



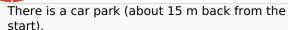


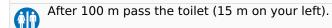


Getting started: From the front of Cowan station, this walk follows the GNW arrow up the concrete ramp, turning right to cross the track at the controlled 'Pedestrian Railway Crossing'. The walk follows the ramp onto platform 1 (Sydneybound side) then around the shelter to follow the GNW arrow post right, down the steps and through the gate. Here the walk crosses the train lines (train storage area) and turns left, following the 'Brooklyn' sign along the wide management trail. After 130m, the trail leads past an electrical switching area then turns right at the large 'Great North Walk' signposts. Here, the narrower trail leads between the fences over a small rise to cross the freeway on a large, fenced concrete bridge.



Start.

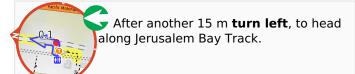


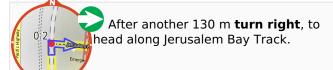


Mo-Fr



Then head down the 13 steps (about 3 m long)







After another 50 m cross the bridge (about 50 m long)



Then pass the "Great North Walk" (6 m on your left).



After another 280 m head down the 4 surface|wood steps (about 10 m long)



After another 30 m cross the ford.



After another 100 m find the "Aboriginal rock engravings" (60 m on your right).



Located just a short walk from the Great North Walk, these Aboriginal rock engravings are on a large rock platform and consist of three definable carvings, a man, a whale and a bird.

After another 470 m cross the ford.



After another 195 m cross the ford.



After another 620 m **continue straight**, to head along Jerusalem Bay Track.



After another 20 m find the "Jerusalem Bay" (on your left).



Jerusalem Bay, Ku-ring-gai National Park, is a nice bay east of Cowan Station. The bay is popular with bushwalkers as it is part of the Great North Walk. The bay is sometimes known for an iconic photo of the single palm in front of the water. The bay itself is also popular with boaters who can anchor in the bay. Jerusalem Bay can be accessed by the Hawkesbury River and Broken Bay or from Brooklyn or Cowan Railway Stations.

Continue another 25 m to find the end. Then turn around here and retrace the main route for 2.5 km to get back to the start.