



# Cain's Timber Bridge Viewpoint Walk

(Awabakal Country)

20 min to 30 min  
20 min to 40 min

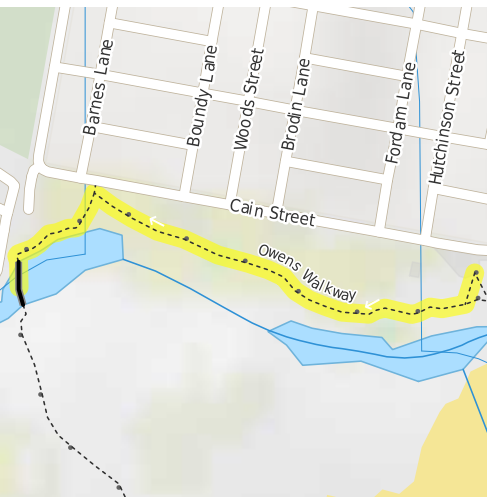
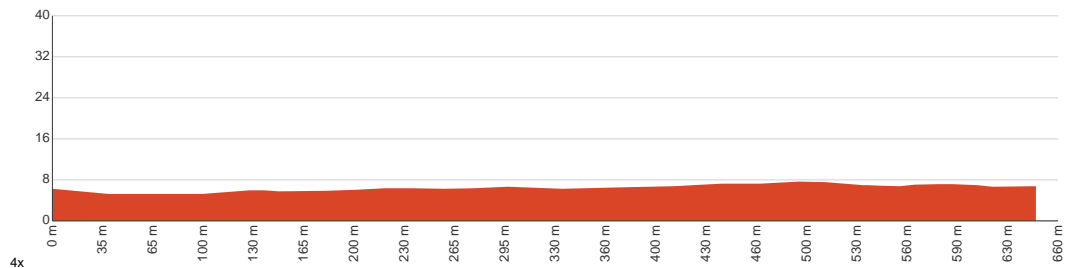
1.3 km  
Return

↑ 7 m  
↓ 7 m

1  
Smooth & flat



This walk takes you beside the Owens wetland and then finishes at a lovely timber bridge over the Owens Creek. You are likely to see many birds on this walk, particularly if you do the walk in the early morning or late afternoon when the birds are most active. This walk is wheelchair accessible and even has a possible shortcut, ending at the western end of Cain St. This walk makes for a pleasant stroll at anytime of the year. Let us begin by acknowledging the Awabakal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 1 of 6  
Smooth and hardened path

Quality of track	Smooth and hardened path (1/6)
Gradient	Flat, no steps (1/6)
Signage	Clearly signposted (1/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Parry Street, A15

- Turn on to Stewart Avenue, A43, A15 then drive for 5.7 km
- Turn left onto Kahibah Road and drive for another 970 m
- Turn left onto Waratah Street and drive for another 530 m
- Turn right onto Fallins Street and drive for another 100 m
- Turn left onto Burwood Road and drive for another 2.6 km
- Turn left onto Seacourt Avenue and drive for another 350 m
- Turn right onto Elizabeth Street and drive for another 310 m
- Turn left onto Rose Street and drive for another 80 m
- Turn right onto Thomas Street and drive for another 235 m
- Turn right onto Ocean Street and drive for another 95 m
- Turn sharp left onto Redhead Road and drive for another 2.6 km
- Turn left onto Hutchinson Street and drive for another 710 m
- Turn left onto Cain Street and drive for another 60 m



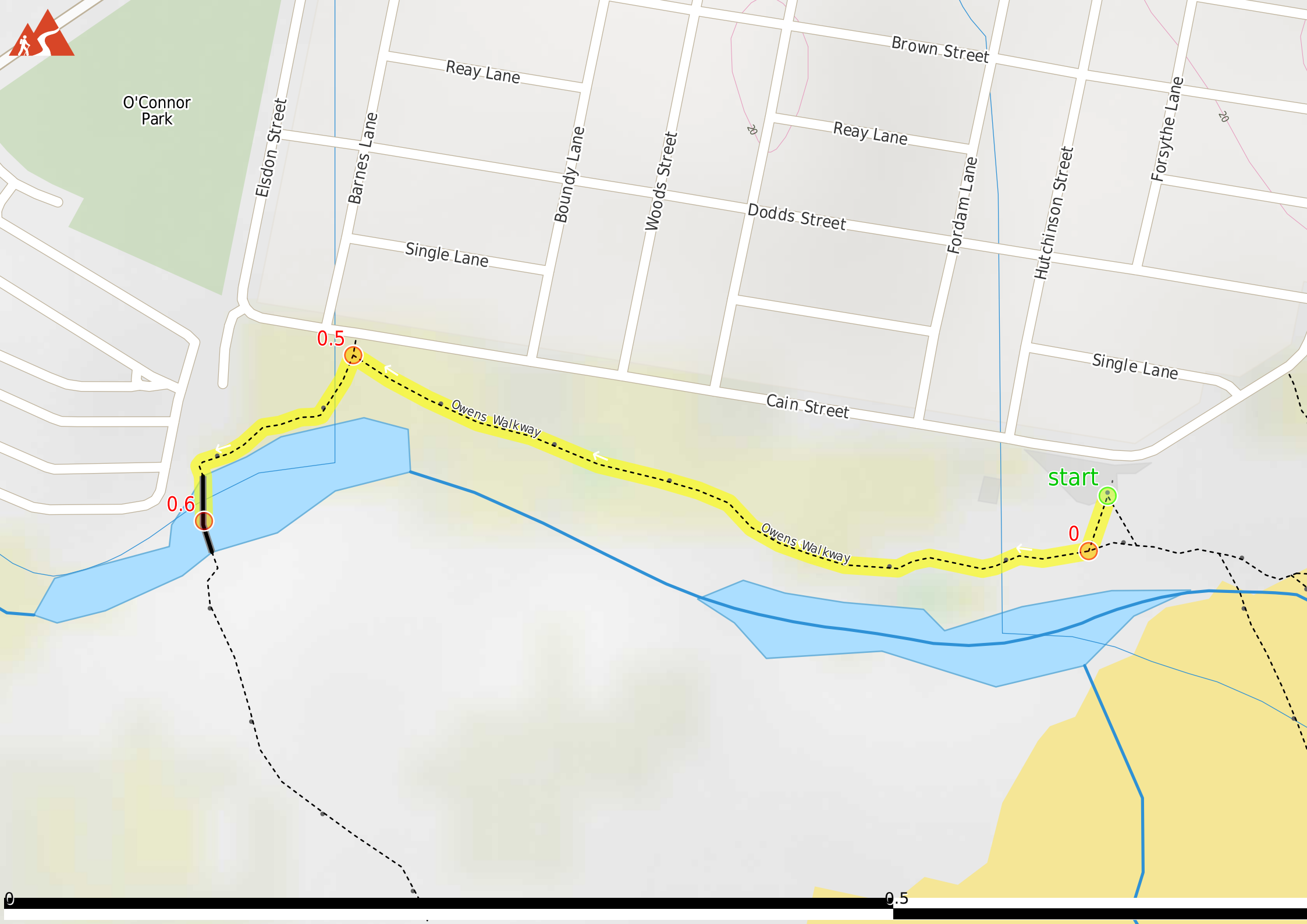
## Before you start any journey ensure you;

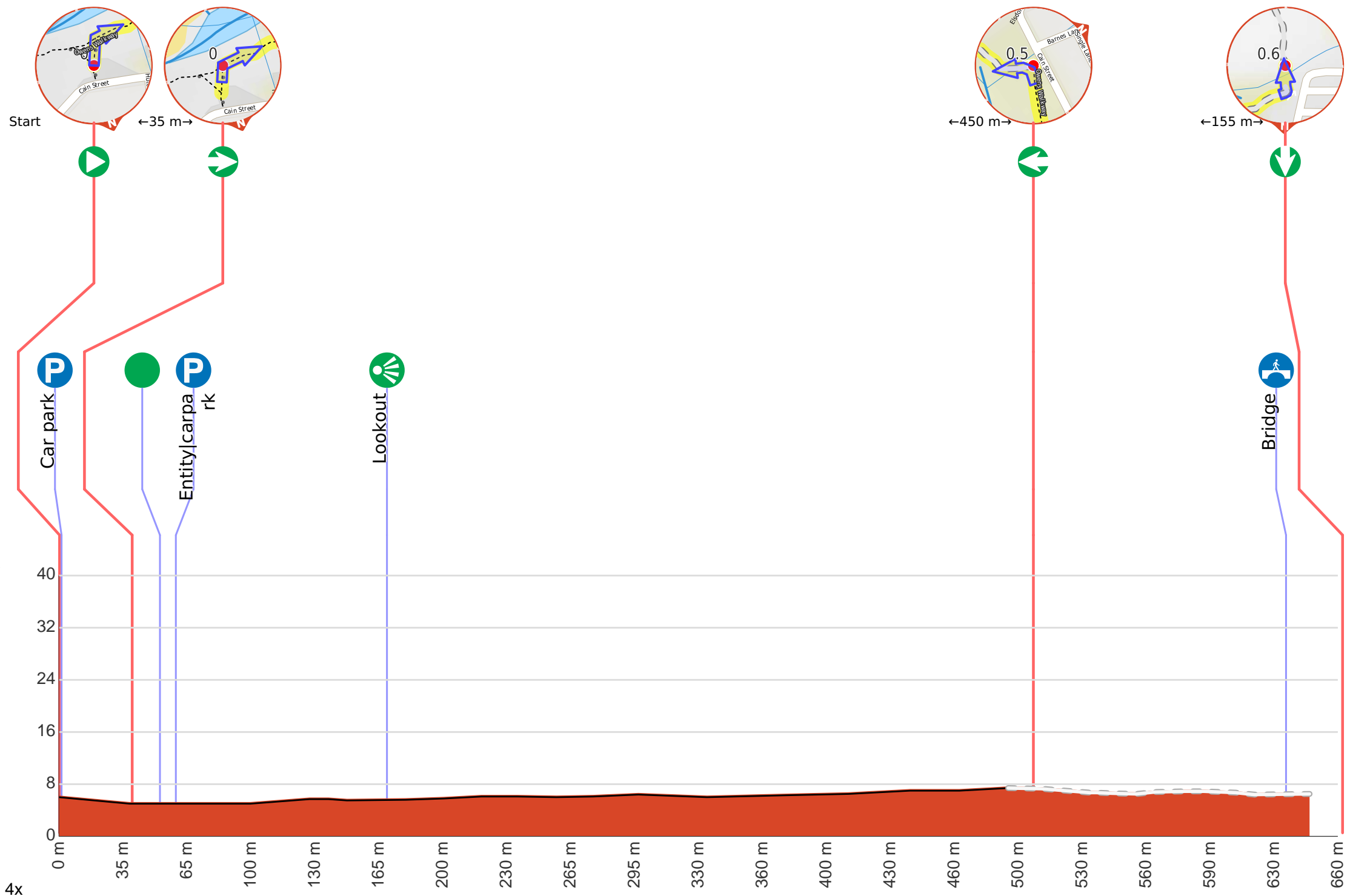
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

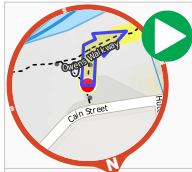
Share  
Bushwalk.com  
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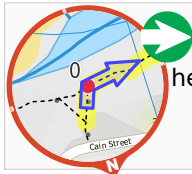
**Getting started:** From the car park (opposite 9 Cain St, Redhead), this walk follows the concrete footpath gently downhill, while past the 'Ken and Audrey Owens Walkway' sign and elevated lookout on your right. This walk continues into coastal forest (passing a water tap on the left) for about 30m, until coming to a T-intersection with the concrete Owens Walkway (and some timber posts on your left).



**Start.**



Find the car park at the start.



After another 35 m **turn right**, to head along Owens Walkway.



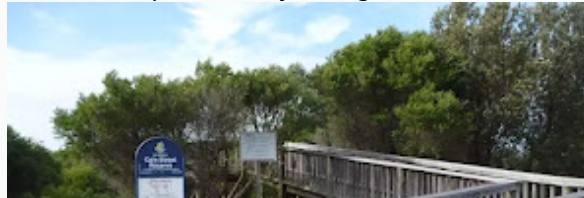
After another 15 m find the "Ken & Audrey Owens Walkway" (on your right).



The Ken & Audrey Owens Walkway on Cain St, Redhead is a community made coastal walkway through restored bushland. The walkway has two halves - one direction visits the Redhead Lagoon and a timber bridge viewpoint, and the other way visits Webb Park near the Redhead shops. The walkway was made in coordination with the Redhead Landcare group. Volunteers are always needed for working bee's on the last Sunday morning of each month. For more information, contact 49447403. The boardwalk is made of concrete and timber, and the tracks are suitable for wheelchairs and prams. There are also well positioned rest areas along the boardwalk. There is a dog walking area just off the walkway.



After another 8 m find the "Owens Walkway Car Park & Viewpoint" (on your right).



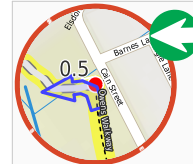
The Owens Walkway car park (off Cain St, Redhead) offers easy access to the Ken & Audrey Owens Walkway. The car park has a water tap and seat. The viewpoint at the car park is gained via an elevated boardwalk and offers views down the coast to Norah Head. From the viewpoint, surfers and whales can be seen (Northern whale migration from June to July, southern migration from Sept to Oct) .



After another 105 m find the "Owens Wetland Viewpoint" (10 m on your left).



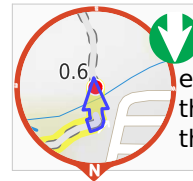
This wetlands viewpoint on the Owens Walkway (in Redhead) offers good views out over water, reeds and a large wetland. In the distance are large sand dunes, with Redhead Beach behind them. This viewpoint is easily accessible via the Owens Walkway and has wheelchair access. Wildlife, particularly birds, use the wetland as a breeding site and you are likely to see birds here. There is also a stone monument, dedicated to the 'Cain St Landcare Project'™. The viewpoint is fenced and has a timber seat.



After another 325 m **turn left**.



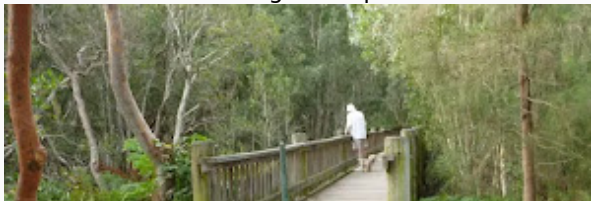
After another 125 m cross the bridge



Continue another 30 m to find the end. Then turn around here and retrace the main route for 650 m to get back to the start.



### "Elevated Timber Bridge Viewpoint".



This timber bridge is elevated over Owen Creek in Redhead. The viewpoint is amongst trees and offers a quiet spot to sit and look into the creek. Local ducks live in this area. This viewpoint is wheelchair accessible by using the Owens Walkway.