

## Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills \& knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures \& fire dangers
- Can respond to emergencies \& call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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Getting started: From the intersection, this walk follows the road, keeping the park and Middle Harbour on the left. After a little while, this walk comes to the signposted intersection at the bottom of the 'Casuarina Stairway', uphill on the right.
From the intersection at the bottom of the 'Casuarina Stairway', this walk follows the driveway, keeping the park and Middle Harbour Creek on the left. The walk heads along for little while before coming to the end of the driveway, at the signposted start of the 'Lyre Bird Track 4km'.


There is a toilet (about 30 m back from the start).
After 140 m pass the shelter ( 25 m on your left).
After another 370 m pass the water tap ( 25 m on your left).


After another 1.3 km continue straight, to head along Lyrebird Track.


After another 530 m (at the
intersection of Carroll Creek Track \& Lyrebird Track) turn left, to head along Governor Philip Track (a footpath).

After another 9 m cross the stepping stones (about 10 m long)
After another 1.6 km (at the intersection of Pipeline track \& Governor Philip Track) continue straight, to head along Governor Philip Track.

(aisAfter another 690 m (at the intersection of Governor Philip Track \& Bungaroo Crossing) continue straight, to head along Middle Harbour Track.
After another 130 m find the "Bungaroo" ( 30 m on your left).


Governor Arthur Phillip (first governor of NSW) described this section of the river as where "the flowing of the tide ceased". Phillip and his party of nine camped here in 1788 whilst looking for land suitable for farming. John White (Surgeon General) described the the area as "the most desert, wild and solitary seclusion that the imagination can form any idea of". Over the past 200 years the river has changed, but somewhere not far upstream of the stepping stone is Bungaroo.


After another 110 m pass the waterfall ( 25 m on your right).

After another 2.3 km (at the intersection of Double B \& Middle Harbour Track) continue straight, to head along Middle Harbour Track.
After another 50 m (at the intersection of Cascades Trail \& Middle Harbour Track) turn left, to head along Cascade Trail (a vehicle track).
After another 15 m cross the ford.


The Cascades are a series of small cascades (little waterfalls) in Garigal National Park. The cascades centre around a large rock platform on Middle Harbour Creek and are found in the northern section of the park, at the intersection of the Middle Harbour and Cascade Tracks. The cascades make a great spot to sit and rest when exploring the area.
After another 165 m cross the ford (about 15 m long)


After another 115 m (at the intersection of Cascades Trail \& Bare Creek Trail) continue straight, to head along Cascades Trail.

After another 500 m (at the intersection of Cascades Trail \& Lower Cambourne Track) continue straight, to head along Cascades Trail.


After another 65 m (at the intersection of Cascades Trail \& Upper Cambourne Track) turn right, to head along Upper Cambourne Track (a walking track).


After another 400 m continue straight, to head along Upper Cambourne Track.


After another 160 m (at the intersection of Cambourne Avenue \& Upper Cambourne Track) turn right, to head along Cambourne Avenue (a residential road).

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After another 240 m (at the intersection of Cambourne Avenue \& Kenwyn Close) continue straight, to head along Cambourne Avenue.

After another 750 m pass the "Blackburn Park" ( 10 m on your right).
After another 105 m pass the playground ( 20 m on your right).


At the intersection of Blackburn Street \& Acron Road turn right, to head along Blackburn Street.


After another 210 m (at the
0.8 Intersection of Blackburn Street \& Whitehaven Street) turn right, to head along Whitehaven Street. After another 325 m (at the intersection of Whitehaven Street \& Linigen Place) continue straight, to head along Whitehaven Street.


After another 80 m (at the intersection of Roma Road \& Whitehaven Street) turn right, to head along Roma Road.


After another 145 m (at the intersection of Jessica Gardens \& Roma Road) continue straight, to head along Roma Road.


After another 45 m (at the intersection of Kitchener Street Trail \& Roma Road) veer left, to head along Kitchener Street.


After another 50 m (at the intersection of Trevalgan Place \& Kitchener Street) continue straight, to head along Kitchener Street


After another 60 m (at the intersection Of Mona Vale Road \& Kitchener Street) continue straight, to head along Kitchener Street.


After another 410 m (at the intersection of Green Valley Avenue \& Kitchener Street) continue straight, to head along Kitchener Street.

After another 90 m continue straight, to head along Kitchener Street.


After another 1.4 km (at the $14.2 \rightarrow$ intersection of Warrimoo Avenue \& Phillip Road) turn right, to head along Warrimoo Avenue.


After another 120 m (at the intersection of Milburn Place \& Warrimoo Avenue) continue straight, to head along Warrimoo Avenue.


About 35 m past the end is "Ku-ring-gai National Park - Carpark"

