



Resolute Track

(Guringai Country)

 1 h 30 min to 3 h

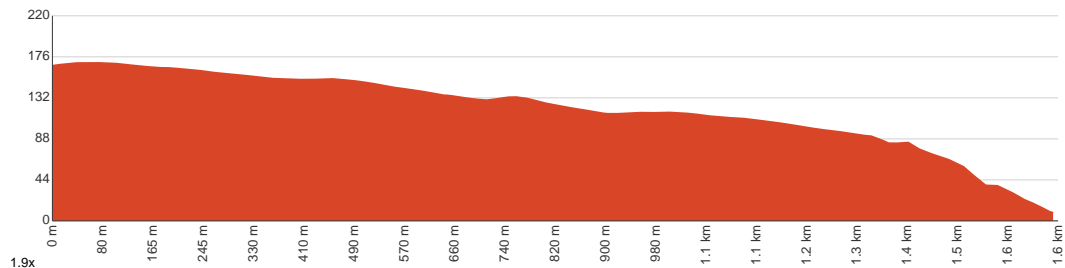
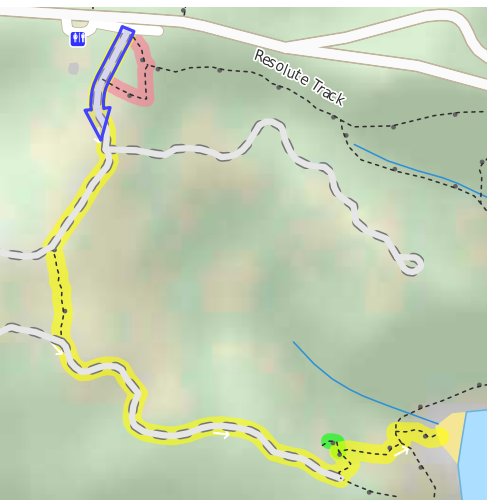

3.3 km
Return


↑ 177 m
↓ 177 m


Hard track



The Resolute Track, Ku-ring-gai Chase National Park, is a great way to see two major Aboriginal sites and Resolute Beach. The return-style walk starts from Resolute picnic area and heads down to Resolute Beach, passing a Red Hands Cave and an Aboriginal engraving site. The Resolute Track uses management trails and bush tracks which have views over the sea as they pass through heath, rainforest and bushland. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6
Rough track, where fallen trees and other obstacles are likely

Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Short steep hills (3/6)
Signage	Minimal directional signs (4/6)
Infrastructure	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

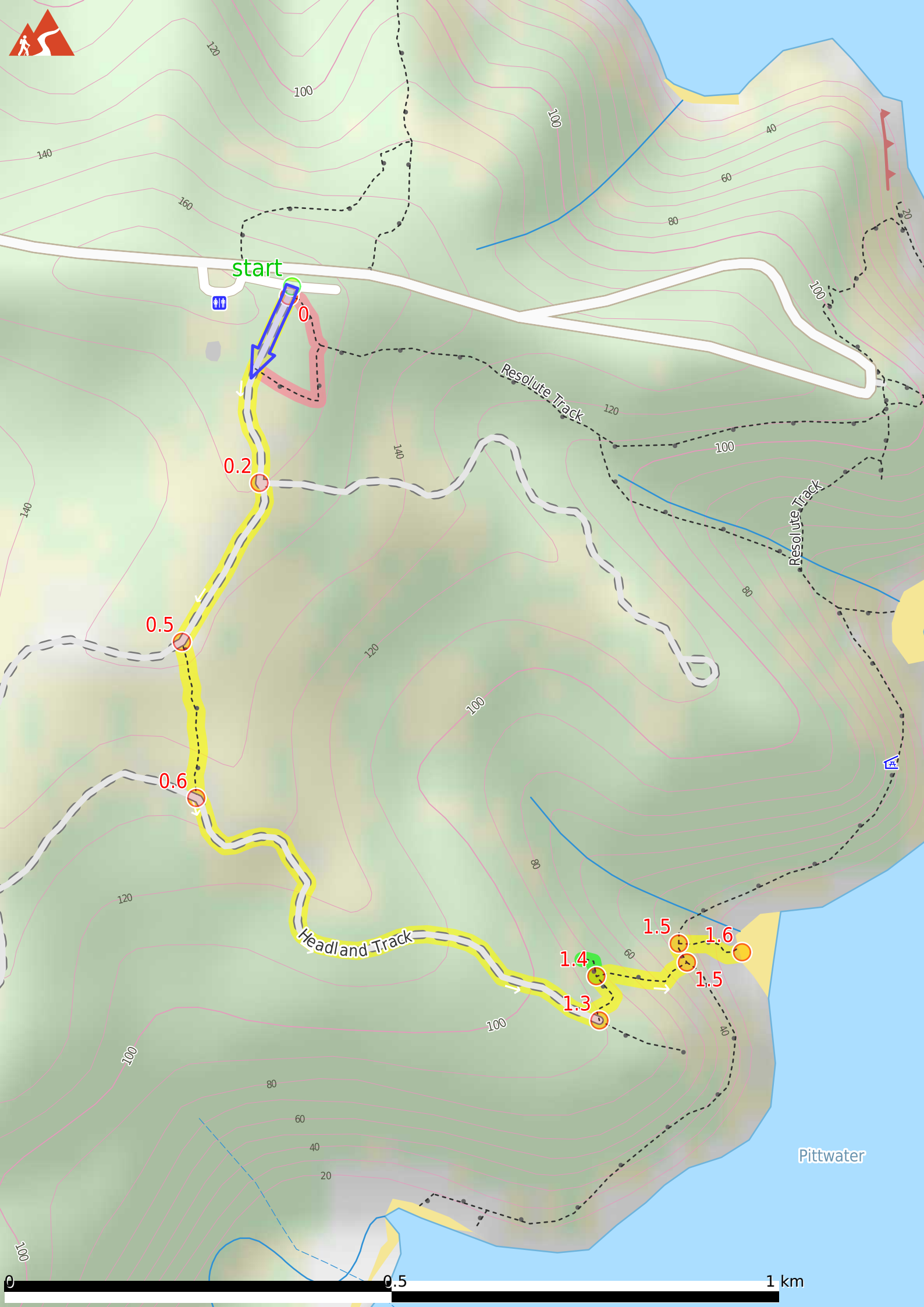
Before you start any journey ensure you;

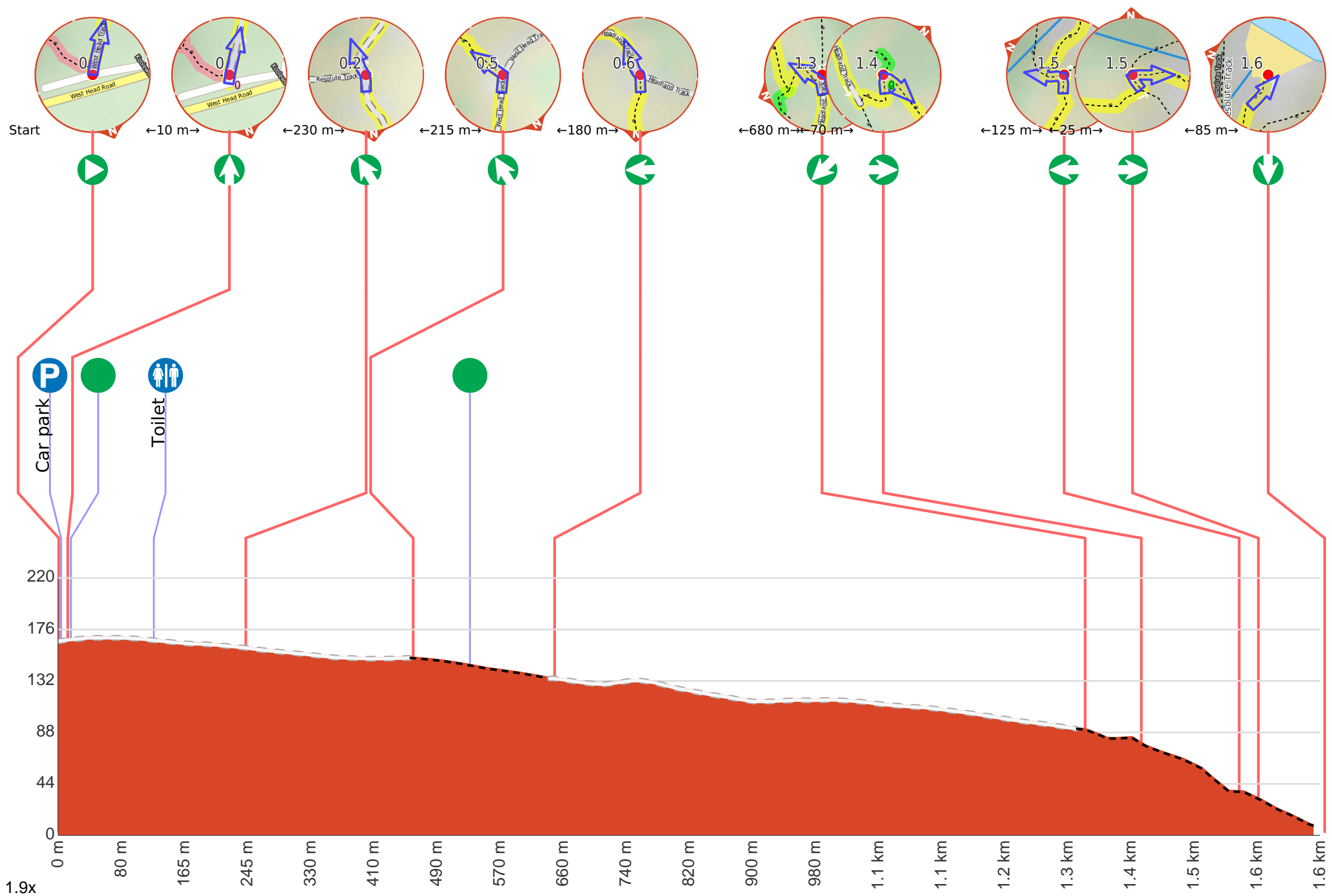
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

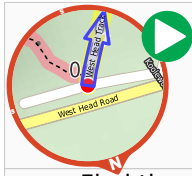
Share
[Bushwalk.com](https://bushwalk.com.au/QLL671)
[/i/QLL671](https://bushwalk.com.au/QLL671)







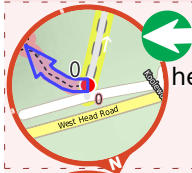
Getting started: From Resolute Picnic Area car park, the walk heads through the picnic area, away from the road, to follow the 'Red Hands Track 50m' sign. The walk then descends a flight of stairs to the intersection at the bottom.



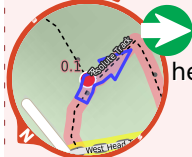
Start heading along *West Head Track*.

P Find the car park at the start.

Start of an alternate route: An alternative route linking Resolute Picnic Area to Int. West Head Trk and Red Hands Cave Trk.



To take the alternate route turn left here. **Start.**

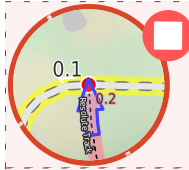


After another 75 m **turn right**, to head along Resolute Track.

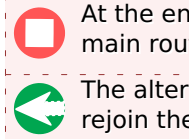
After another 95 m find the "Red Hands Cave" (6 m on your left).



Red Hands Cave, Ku-ring-gai Chase National Park, is a small rock overhang just near Resolute Picnic Area. The red hands are made by ochre, clay, being blown over an outspread hand. This Aboriginal rock art has been given an estimation of approximately 2000 years in age.

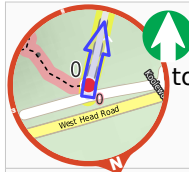


After another 60 m come to the end.



At the end of this alternate route, rejoin the main route.

The alternate route finishes here. Turn left to rejoin the main route at the 105 m waypoint.



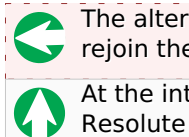
After another 9 m **continue straight**, to head along West Head Track.

Then find the "Resolute Picnic Area" (50 m on your right).



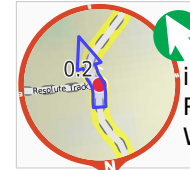
Resolute picnic area, Ku-ring-gai Chase National Park, is a large grassed area with benches, shelter, interpretive signs, electric BBQ's and an environmentally-friendly toilet block. The picnic area does not have drinking water, but does have a pay phone and wheelchair-accessible bathroom with baby-changing area. Resolute picnic area is a great place for lunch, with Red Hands Cave, West Head and Resolute Beach and West Head Lookout tracks starting from the picnic area. The picnic area has adequate parking and a bus turn-around area.

After another 105 m pass the toilet (90 m on your right).

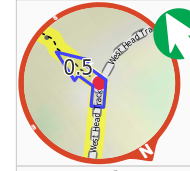


The alternate route finishes here. Turn left to rejoin the main route at the 105 m waypoint.

At the intersection of West Head Track & Resolute Track **continue straight**, to head along West Head Track.



After another 135 m (at the intersection of West Head Track & Resolute Track) **veer left**, to head along West Head Track.



After another 215 m **veer left**.

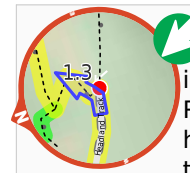
After another 75 m find the "Engavings" (on your left).



The engravings on West Head were made by the indigenous Guringai people. The engravings depict a man, shark/whale and two eels.



After another 110 m **turn left**, to head along Headland Track.

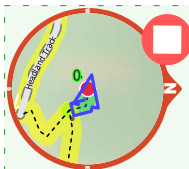


After another 680 m (at the intersection of Headland Track & Resolute Track) **turn sharp left**, to head along Resolute Track (a walking track).

Start of an optional side trip: An optional side trip to Cave.



To start this optional side trip continue straight here. **Start.**



After another 35 m come to the end.



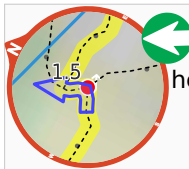
Turn around and retrace your steps back the 35 m to the main route.



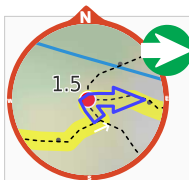
Back at the main route turn left and follow on from the 1.4 km waypoint.



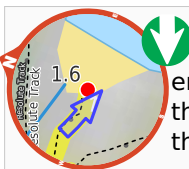
After another 70 m **turn right**, to head along Resolute Track.



After another 125 m **turn left**, to head along Resolute Track.



After another 25 m **turn right**.



Continue another 85 m to find the end. Then turn around here and retrace the main route for 1.6 km to get back to the start.



About 15 m past the end is "Resolute Beach".



Resolute Beach, Ku-ring-gai Chase National Park, is a small stretch of sand sitting on the West Head Peninsula between steep headlands. The easterly aspect of the beach overlooks Barrenjoey Headland across the Pittwater.