



Belmont Lagoon Spit Walk

(Awabakal Country)

 50 min to 1 h

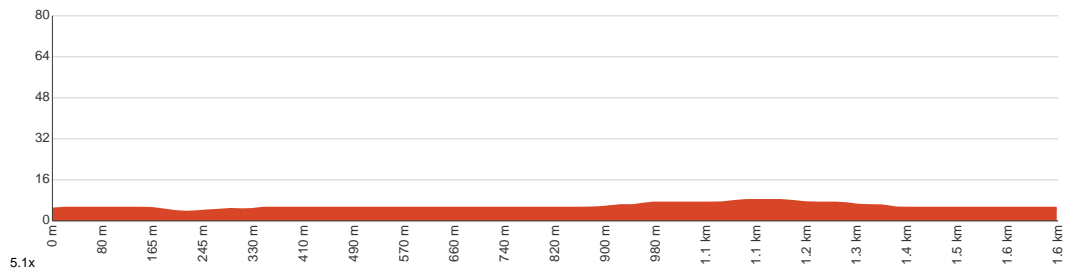
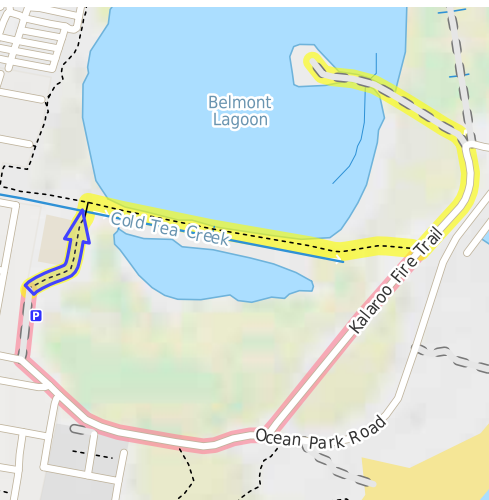

3.3 km
Return


↑ 10 m
↓ 10 m


Moderate track



The Belmont Lagoon Spit walk in Belmont is a quiet relaxing walk surrounded by water. This walk is best completed in the early morning or late afternoon, when the bird life is most active. You may see Black Swans, Spoon Bills and if you are lucky, the migratory Bar Tailed Godwit. This walk is close to Redhead Beach and could happily be combined with a dip or a beach stroll. The Belmont Lagoon is a sanctuary for wildlife in the area. Let us begin by acknowledging the Awabakal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.

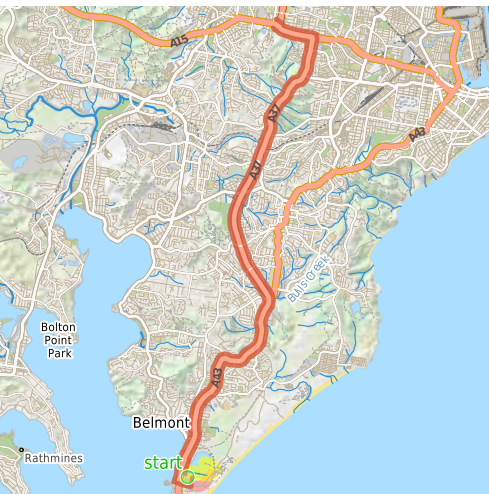


Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Clear and well formed track or trail (2/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From Newcastle Road, A15

- Turn on to Newcastle Road, A15 then drive for 1.3 km
- Turn right onto Croudace Street, A37 and drive for another 4.7 km
- Keep right onto Newcastle Inner City Bypass, A37 and drive for another 13.5 km
- Turn left onto Beach Street and drive for another 280 m
- Turn left and drive for another 145 m



Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/j/PA9VQH)
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Lake Macquarie

Belmont Lagoon

George Fire Trail

start

0.3

1.6

1.2



Ellen Street

Beach Street

Williams Street

Marriot Street

Hudson Street

Lancelot Street

Green Street

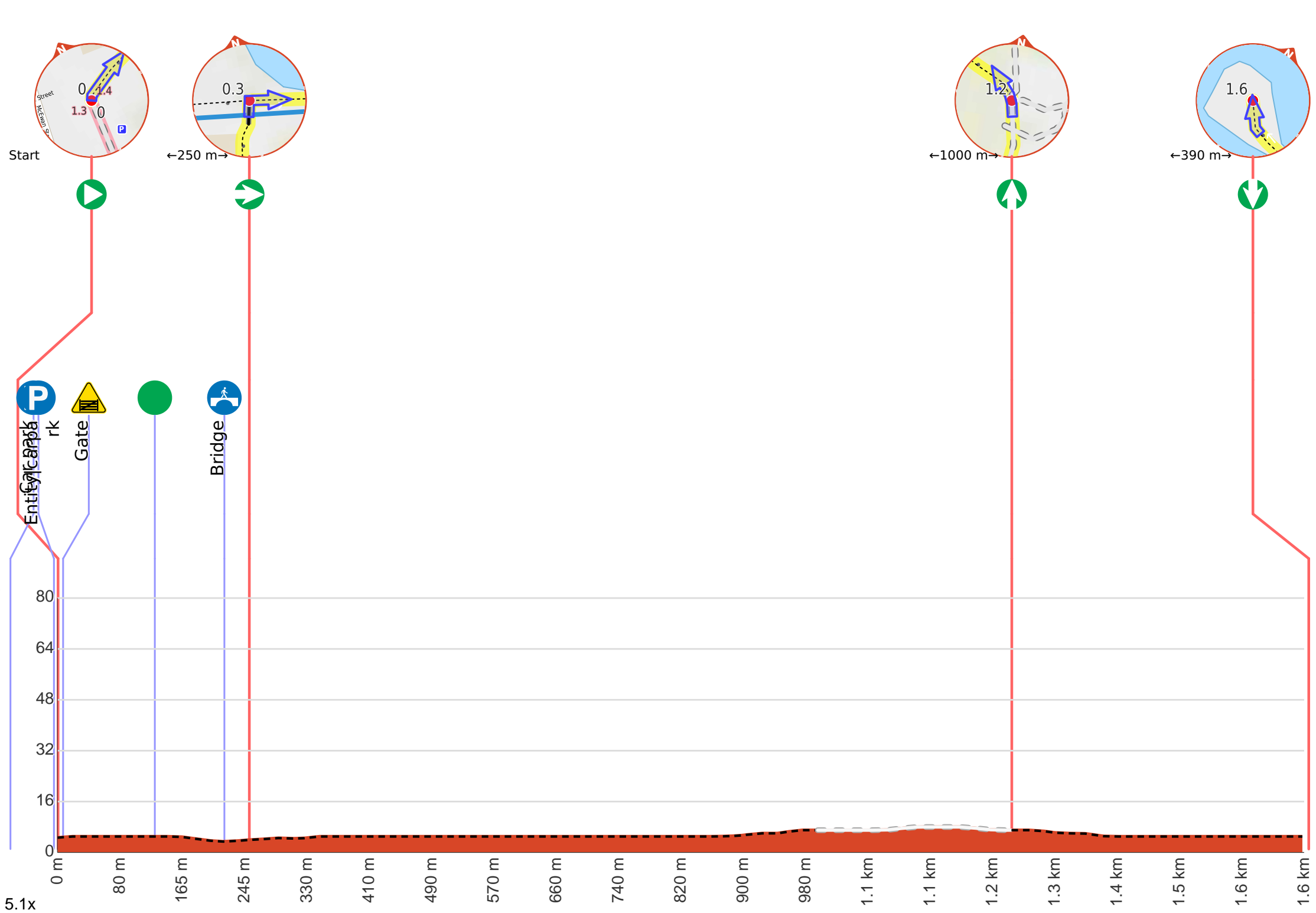
Belmont Cemetery

Arthur Street


Ocean Park Road

Belmont South

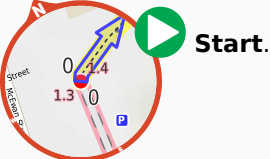
1 km




Getting started: From the Belmont Lagoon car park (off Ocean Park Road, Belmont), this walk passes around the locked metal gate and crosses the cricket oval, passing the 'Belmont Lagoon Reserve Map' sign and keeping the houses to your left. This walk continues for about 200m across the oval and then across a footbridge over Cold Tea Creek, to come to a three-way intersection with a track (on the Cold Tea Walkway). Turn right: From the intersection, this walk follows the trail, initially keeping the footbridge and creek on your right and Belmont Lagoon on your left. This walk continues for about 700m, until coming to a four-way intersection with a large trail, and a faint trail directly ahead.




The alternate route finishes here. Continue straight to rejoin the main route at the 0 m waypoint.




Start.




There is a car park (about 70 m back from the start).




Belmont Lagoon Car Park (about 10 m back from the start).




The Belmont Lagoon car park (access from corner Beach St and Ocean Park Rd, Belmont) is an open grassed car park, with an information sign detailing existing and proposed walking tracks at the lagoon. There is a water tap available about 100m north of the car park (adjacent to the cricket oval). Please respect the private houses that abutt onto the car park.




Find the gate at the start.



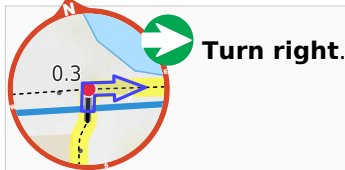
After 120 m find the "Belmont Lagoon" (20 m on your right).



Belmont Lagoon is situated between the Pacific Ocean and Lake Macquarie in the community of Belmont. This reserve is a sanctuary for five distinct biotic areas - Swamp Forest, Swamp Heath, Reed Swamp, Sedge Land and Open Water. All these different areas interact and are important in allowing natural areas to be ecological sustainable. There is more information on these biotic areas at the Belmont Lagoon car park (off Beach St, Belmont). Human history of the lagoon began with the Awabakal people who occupied the area for perhaps the last 6000 years. The ancient Awabakal legend of The Teardrop of the Moon tells how Belmont Lagoon was formed. During World War II, the Department of Defence dredged Cold Tea Creek to provide an anti-tank barrier and defence line. As part of these modifications, the lagoon was divided into two parts, and it now has a permanent connection to the saline waters of Lake Macquarie, thereby altering its salinity and circulation pattern. For more information, contact Lake Macquarie Visitor Information Centre on (02) 4921 0740.

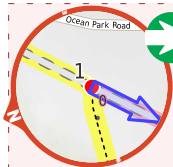


After another 90 m cross the bridge (about 35 m long)

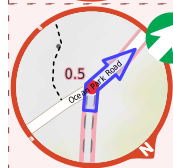


Turn right.

Start of an alternate route: Take this Alternate route if you want to do something a bit different on the way back, there is some road walking.



To take the alternate route turn right here. **Start.**



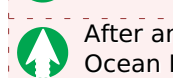
After another 520 m **veer right**, to head along Ocean Park Road.



After another 200 m **continue straight**, to head along Ocean Park Road.



After another 130 m pass the "Belmont Cemetery" (on your left).



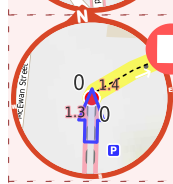
After another 150 m (at the intersection of Ocean Park Road & Green Street) **continue straight**, to head along Ocean Park Road.



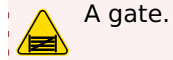
After another 30 m (at the intersection of Ocean Park Road & Williams Street) **continue straight**, to head along Ocean Park Road.



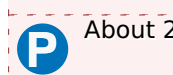
After another 80 m (at the intersection of Ocean Park Road & Beach Street) **turn right** (a vehicle track).



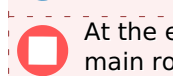
After another 150 m come to the end.



A gate.



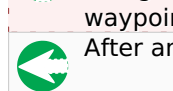
About 25 m past the end is a car park.



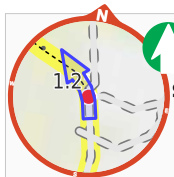
At the end of this alternate route, rejoin the main route.



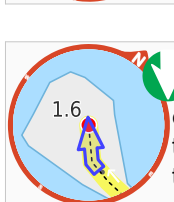
The alternate route finishes here. Continue straight to rejoin the main route at the 0 m waypoint.



After another 730 m **turn left**.



After another 270 m **continue straight**.



Continue another 390 m to find the end. Then turn around here and retrace the main route for 1.6 km to get back to the start.



About 10 m past the end is "Belmont Lagoon Spit".



The Belmont Lagoon spit is surrounded by water and birdlife. This is a fabulous place to enjoy in the early morning or evening when birdlife is most active. Birds you are likely to see include the Black Swan, Royal Spoonbill, Superb Blue Wren, Variegated Wren, Black-faced Cuckoo Shrike, Eastern Whip Bird, Welcome Swallow and the international migratory waders, such as the Bar-Tailed Godwit. At the end of the spit, there are two derelict buildings and a burnt-out car. The spit is a good place to see the main biotic areas, including reed swamp, swamp heath, swamp forest, sedge land and open water.