



Topham Track

(Guringai Country)

 1 h 15 min to 1 h 30 min

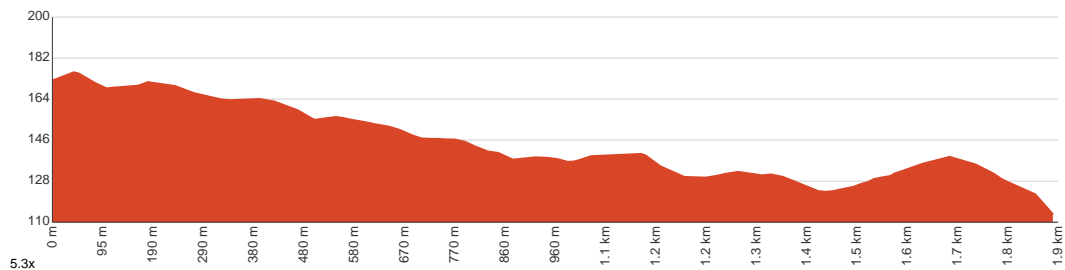

3.8 km
Return


↑ 120 m
↓ 120 m


Moderate track



This is a pleasant walk along an old management trail, off West Head Rd. Following the ridge top you will pass through a variety of vegetation types including some dense heath and some tall scribbly gums which occasionally give way to a wide view over the park. There is a nice lookout at the end of the walk with views to Cowan Waters, through the trees. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Clear and well formed track or trail (2/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (1/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

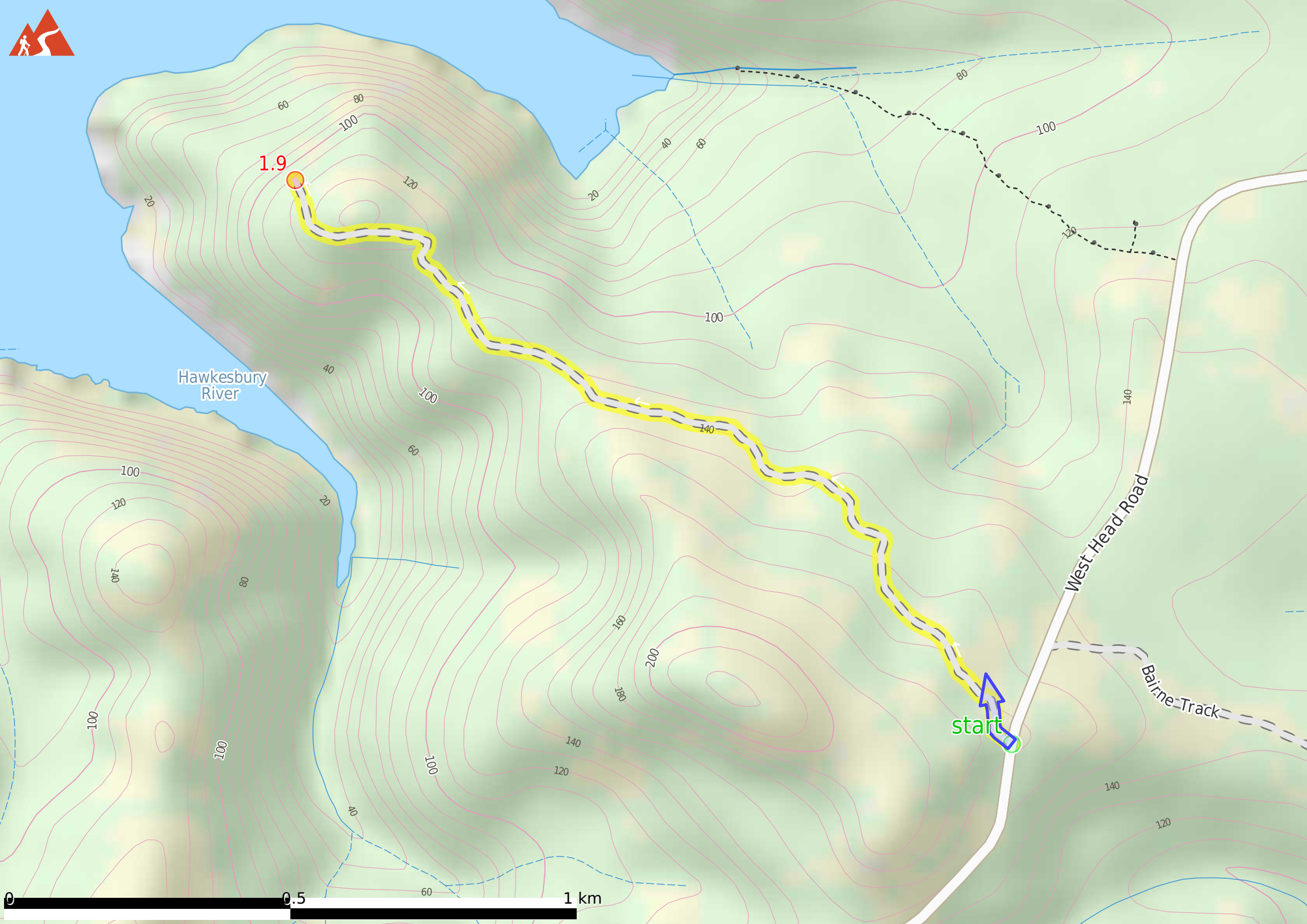
Before you start any journey ensure you;

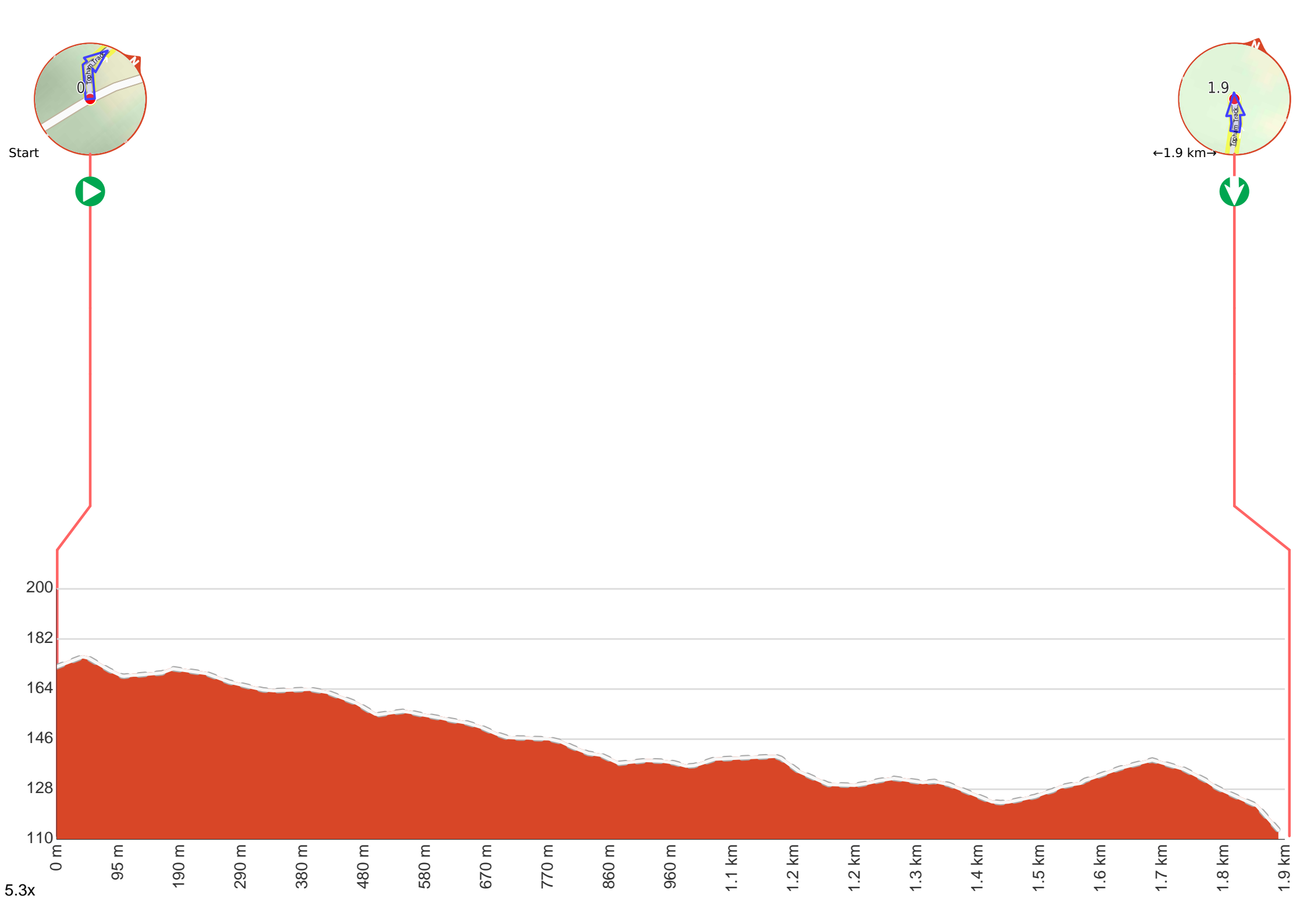
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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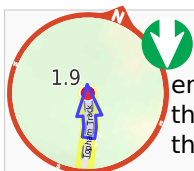




Getting started: From West Head Rd, at the 'Topham Track' signpost (~5.9km north from the intersection with General San Martin Dr), the walk follows the management trail, passing around the locked gate. Just beyond the gate, this walk passes a 'Topham Track' information sign then continues along the management trail, descending moderately, for some time. About 500m from the gate this walk passes a old scribbly gum that has had a hard life. The trail continues to wind down along the top of the ridge until ending at an unfenced rock-platform with nice views through the trees to Cowan Creek.



At the intersection of Topham Track & West Head Road **Start** heading along *Topham Track* (a vehicle track).



Continue another 1.9 km to find the end. Then turn around here and retrace the main route for 1.9 km to get back to the start.



"Topham Track view".



The Topham Track view is at the end of the Topham Track, off West Head Rd in the Ku-ring-gai Chase National Park. This viewpoint is an informal, unfenced lookout from a rock outcrop. You get some nice views, through the trees, over parts of Cowan Waters, including America Bay and Refuge Bay.