



Garadi Track

(Camaraigal Country)

 40 min to 1 h

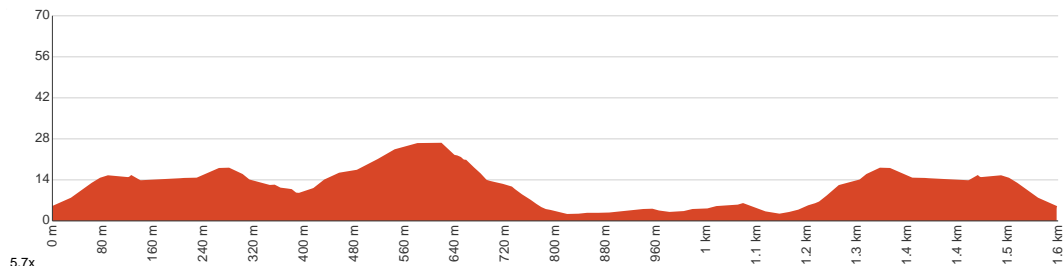

1.6 km
Circuit


↑ 55 m
↓ 55 m


Moderate track



This walk, also known as the Black Cockatoo track, starts from Mowbray Park and explores the area where the Camaraigal Clan of the Guringai Tribe once lived. The walk leads across the top of a small escarpment and winds down and back along the Lane Cove river bank. The change in vegetation is quite defined and interesting. A boardwalk section through the mangroves gives a close view of river life that changes with the tides. Let us begin by acknowledging the Camaraigal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.

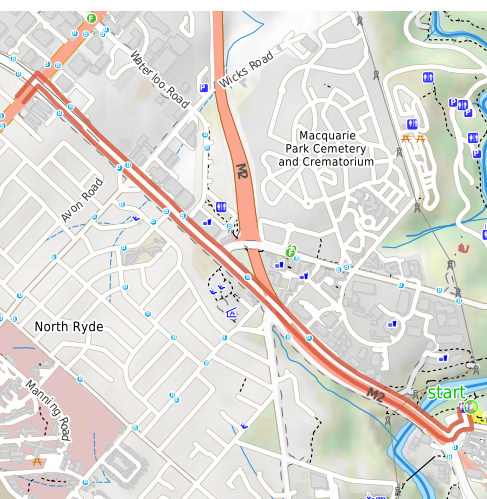


Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From Lane Cove Road, A3

- Turn on to Epping Road then drive for 2.4 km
- Keep left and drive for another 50 m
- Turn left onto Mowbray Road and drive for another 90 m
- Turn left and drive for another 100 m



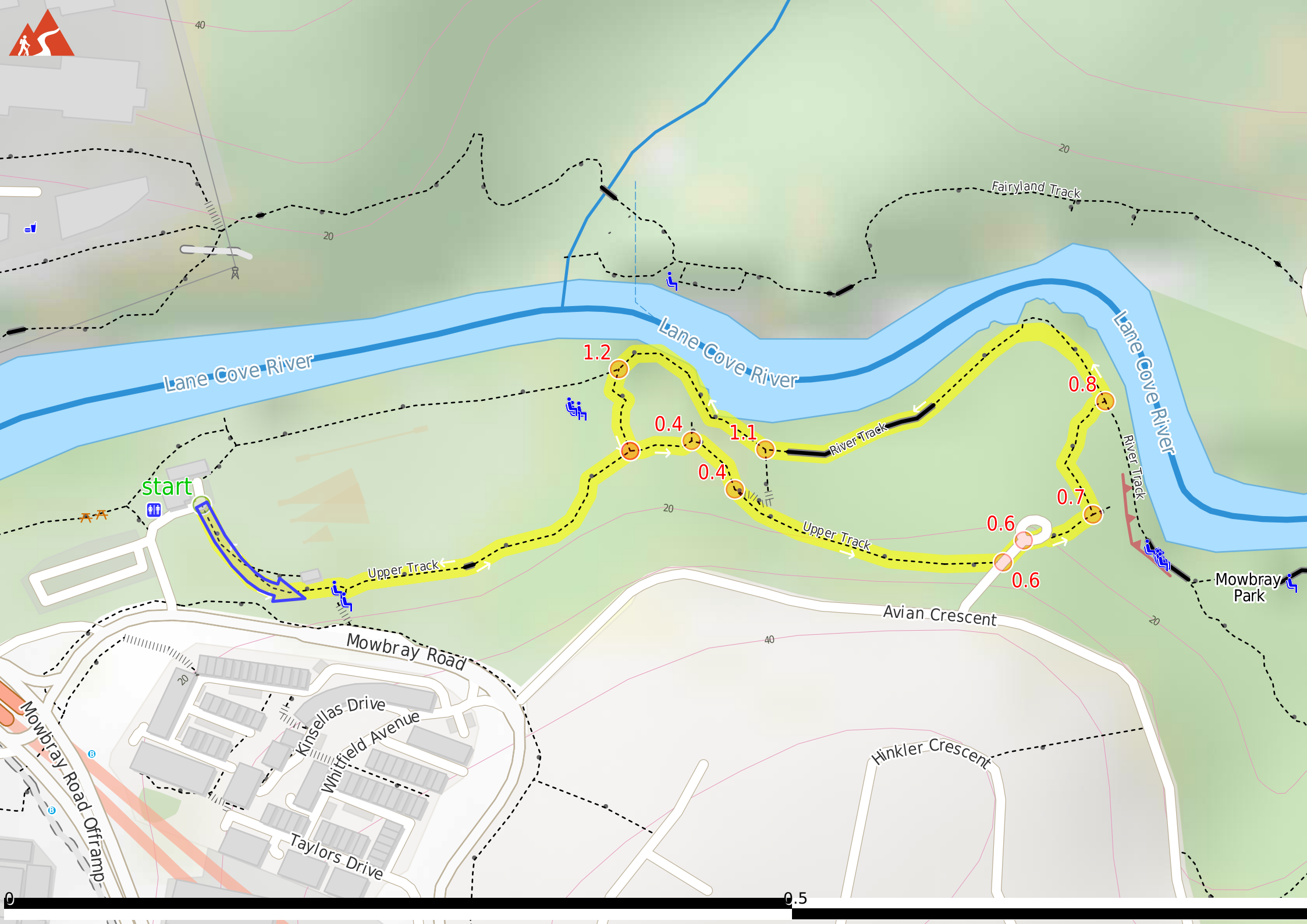
Before you start any journey ensure you;

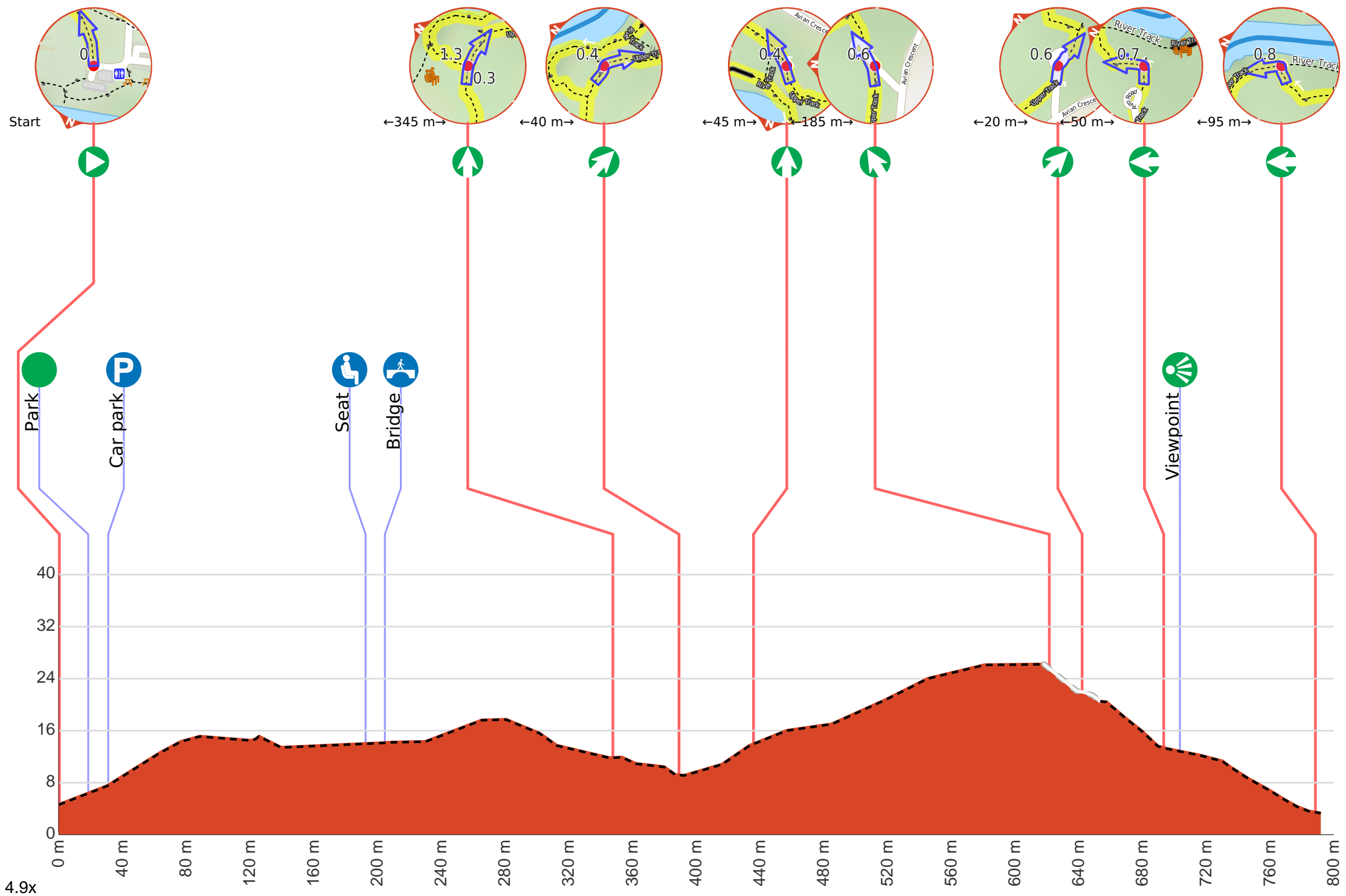
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
[Bushwalk.com](https://bushwalk.com/j/NLWWLO)
[/j/NLWWLO](https://bushwalk.com/j/NLWWLO)



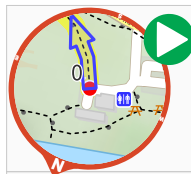






Getting started: From the intersection, this walk heads up the stairs, keeping the oval on the left of the walk as it winds around the hill. The walk leads to a park bench and intersection, above the spectators' stand.

From the intersection, this walk leads across the grassed area to a 'Mowbray Park' sign before a bridge. The track passes the sign and bridge to continue to wind through the bush for approximately 60m, to a signposted intersection.



Start.



Find the Mowbray Park at the start.



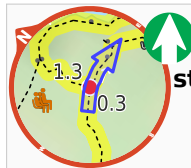
After another 10 m pass the car park (on your left).



After another 160 m pass a seat (on your right)., has a backrest.



After another 10 m cross the bridge (about 6 m long)



After another 135 m **continue straight**, to head along Upper Track.



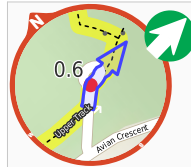
After another 40 m **veer right**, to head along Upper Track.



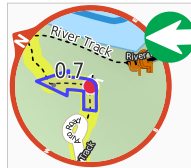
After another 45 m (at the intersection of Upper Track & River Track) **continue straight**, to head along Upper Track.



After another 185 m (at the intersection of Avro Road & Upper Track) **veer left**, to head along Avro Road (a vehicle track).



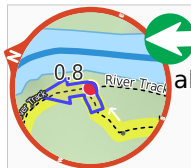
After another 20 m **veer right**.



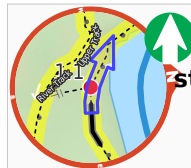
After another 50 m **turn left**.



After another 10 m come to the viewpoint (15 m on your right).



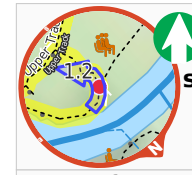
After another 85 m **turn left**, to head along River Track.



After another 270 m **continue straight**.



After another 85 m come to the viewpoint (15 m on your left).



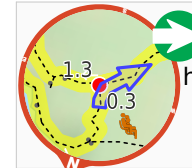
After another 45 m **continue straight**.



After another 55 m pass the artwork (25 m on your right).



Then pass a seat (30 m on your right).



After another 10 m **turn right**, to head along Upper Track.



After another 345 m come to the end.