



# Five Islands Walking Track

(Biripi & Worimi Country)

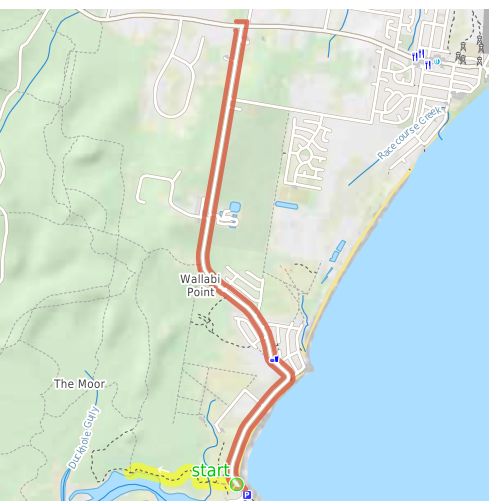
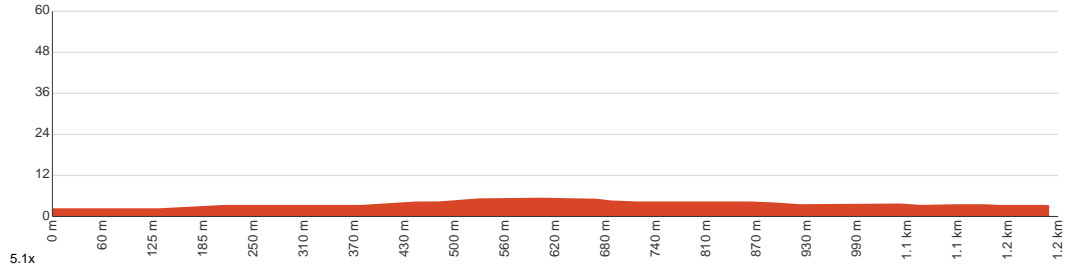
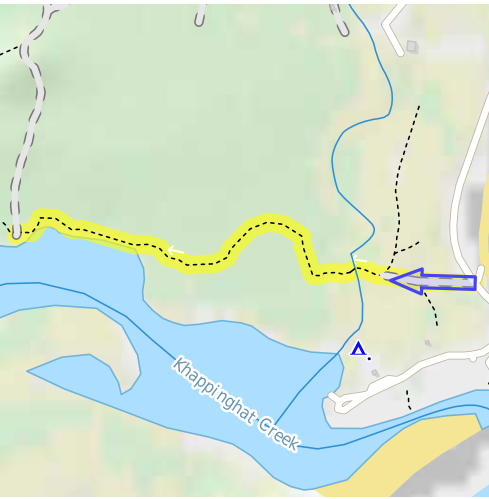
 30 min to 1 h

  
2.5 km  
Return

  
↑ 7 m  
↓ 7 m

 4  
Hard track

Starting from Saltwater Picnic Area, this return walk in Saltwater National Park is plentiful in Aboriginal history and offers several opportunities for swimming and fishing. Let us begin by acknowledging the Biripi & Worimi people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Gradient</b>	Gentle hills with occasional steps (2/6)
<b>Signage</b>	Clearly signposted (2/6)
<b>Infrastructure</b>	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
<b>Experience Required</b>	No experience required (2/6)
<b>Weather</b>	Forecasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

**Getting to the start:** From Old Bar Road

- Turn on to Saltwater Road then drive for 2.7 km
- At roundabout, take exit 2 onto Saltwater Road and drive for another 2.4 km
- Turn sharp right and drive for another 4 m

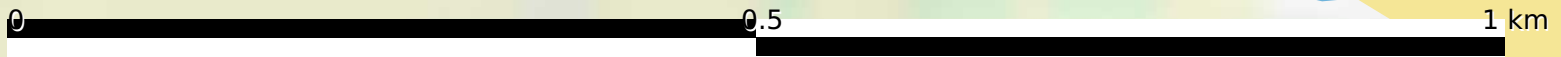
**Before you start any journey ensure you;**

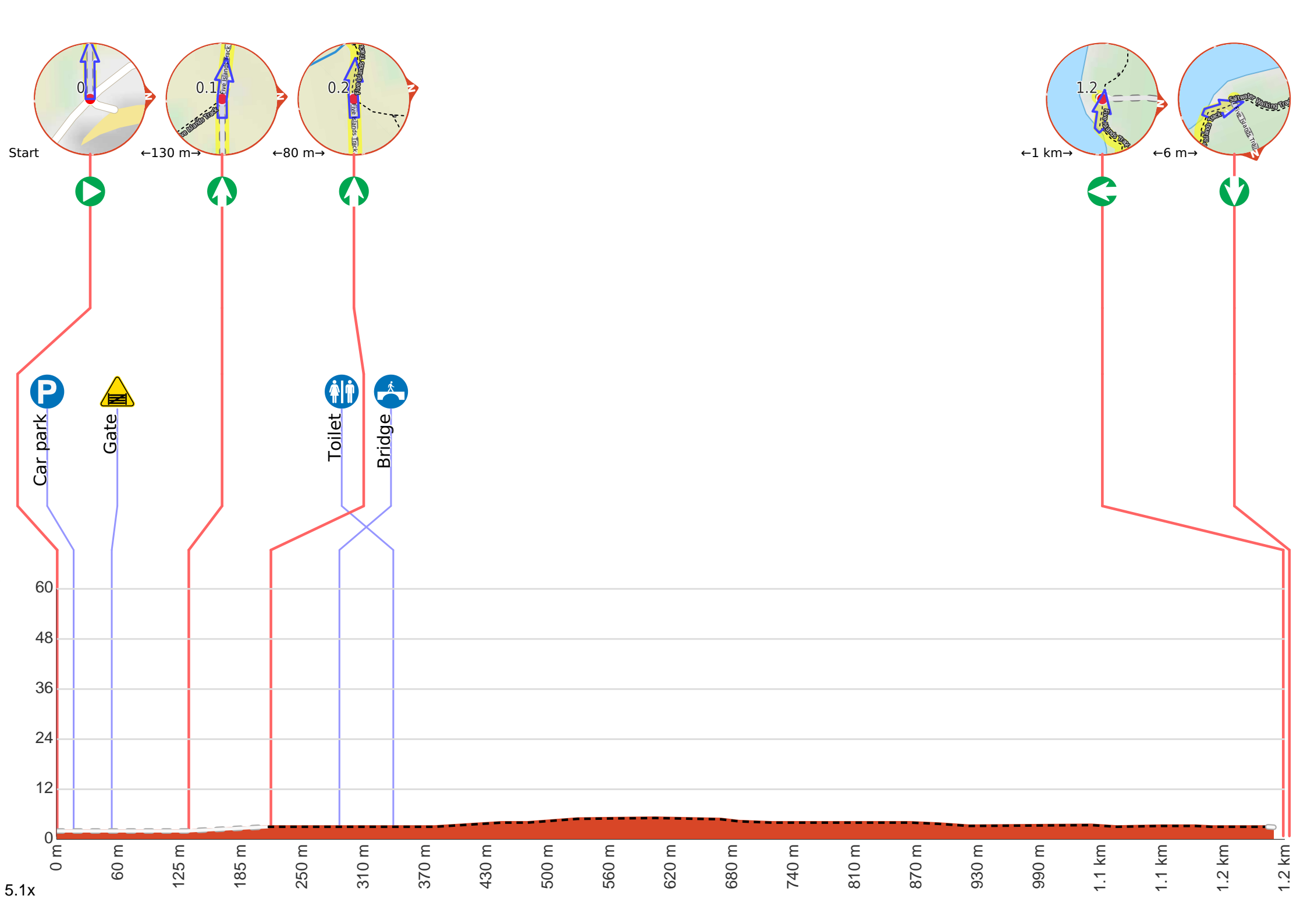
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

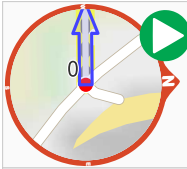
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
Bushwalk.com  
[/j/L7REW6](https://bushwalk.com/j/L7REW6)









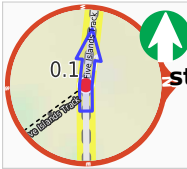
**Start.**



After 15 m pass the car park (175 m on your left).



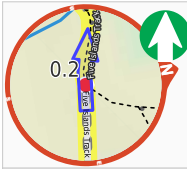
After another 40 m head through/around the gate.



After another 75 m **continue straight.**



After another 205 m pass the toilet (160 m on your left).



**Continue straight.**



After another 70 m cross the bridge (about 15 m long)



After another 930 m **turn left.**



Turn around here and retrace the main route for 1.2 km to get back to the start.