



Elvina Track Walk

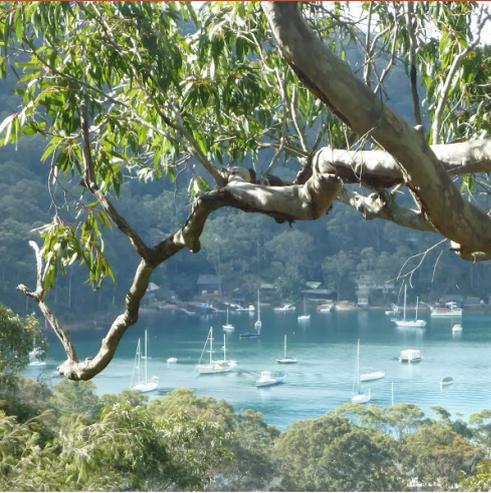
(Guringai Country)

1 h 45 min to 2 h

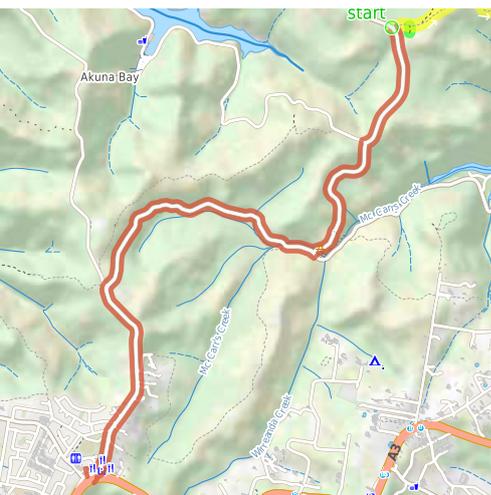
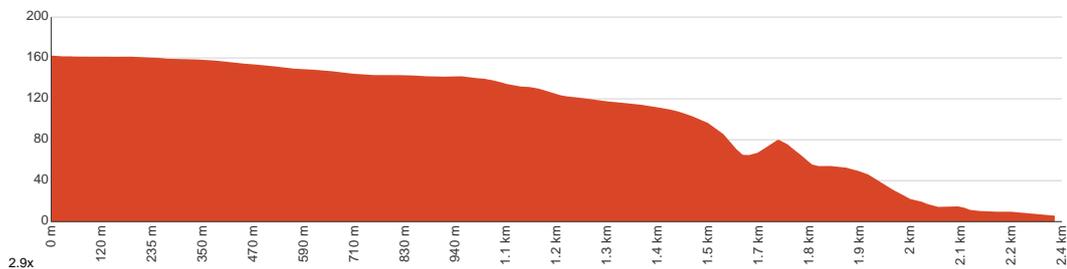
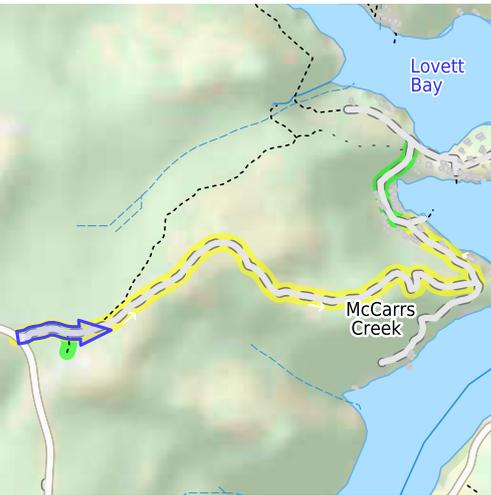
4.7 km
Return

↑ 189 m
↓ 189 m

3
Moderate track



On this walk, you will explore the isolated community of Elvina Bay, accessible only by boat or on foot. Starting at the Elvina Track car park, you follow a mostly level management trail, before descending steeply through she-oaks and large eucalyptus to the coast and houses. At Elvina Bay Park, you will find picnic areas and a fabulous rope swing. There are optional side trips to aboriginal rock engravings and an historic grave site. Please remember you are visiting a small community and respect the privacy of the local people. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Clear and well formed track or trail (2/6)
Gradient	Short steep hills (3/6)
Signage	Clearly signposted (1/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From Mona Vale Road, A3

- Turn on to then drive for 30 m
- Turn slight left onto McCarrs Creek Road and drive for another 25 m
- At roundabout, take exit 2 onto McCarrs Creek Road and drive for another 5 km
- Turn left onto West Head Road and drive for another 350 m
- Turn slight left onto West Head Road and drive for another 2.4 km

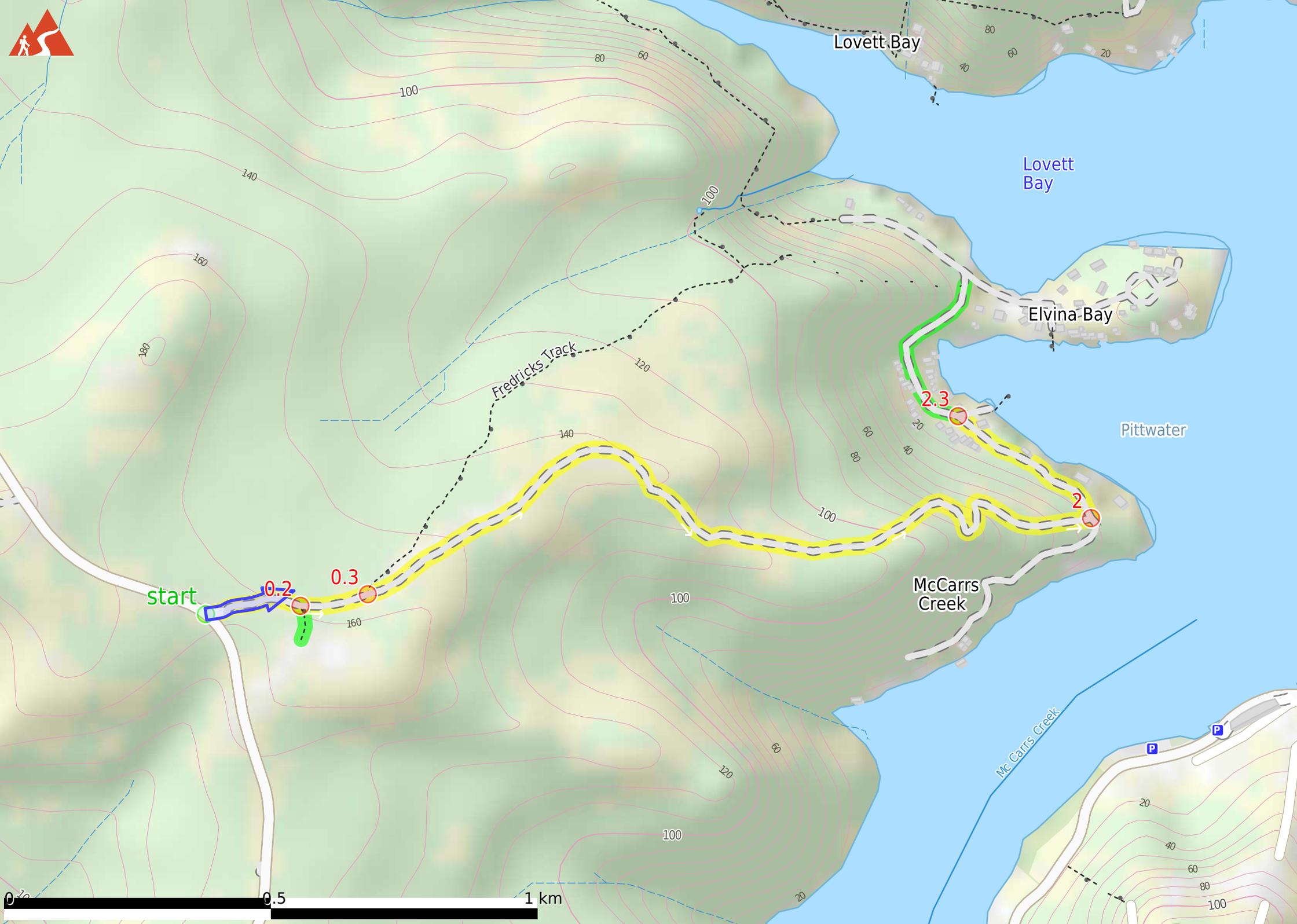
Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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Lovett Bay

Lovett Bay

Elvina Bay

Pittwater

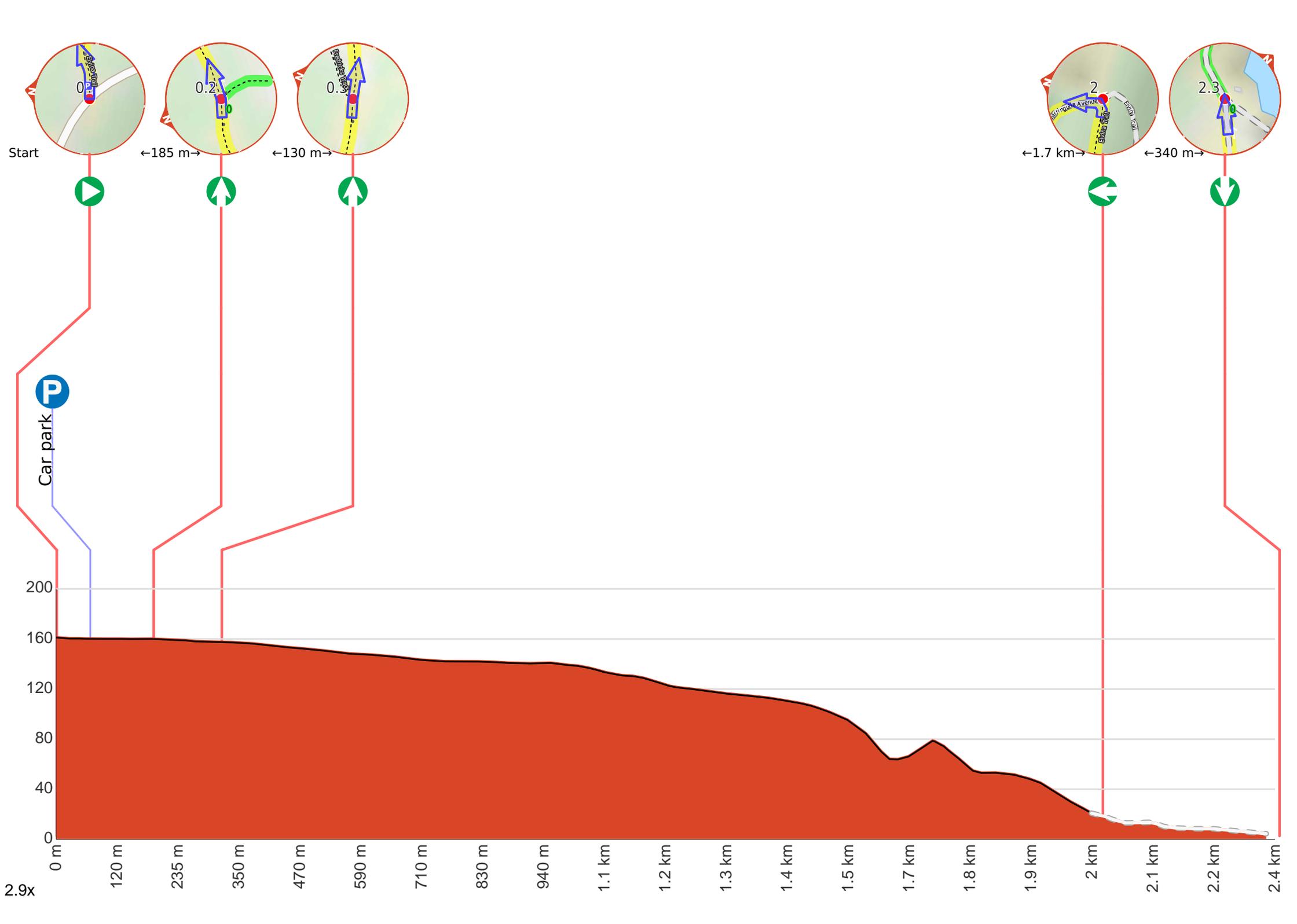
McCarrs Creek

start

Fredricks Track

Mc Carrs Creek

0 0.5 1 km



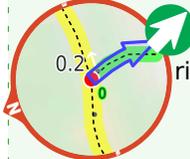
Getting started: From Elvina Track car park (on West Head Rd, 1.3km north of General San Martin Dr), this walk follows the management trail around the 'Elvina Track' locked gate, then past the 'Elvina Track' map sign (on the left). This walk continues along the management trail tending right through the scrubby bush. About 70m after leaving the locked gate, the walk comes to an intersection with a narrow track (on your right).



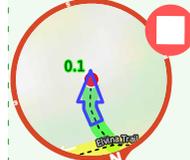
At the intersection of Elvina Trail & West Head Road **Start** heading along *Elvina Trail* (a footpath).

P After 65 m pass the car park (on your left).

Start of an optional side trip: An optional side trip to Rock Platform.



To start this optional side trip veer right here. **Start**.



After another 75 m come to the end.



About 15 m past the end is "Aboriginal Engraving Rock Platform".



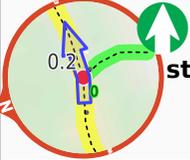
On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions.



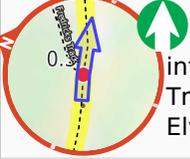
Turn around and retrace your steps back the 75 m to the main route.



Back at the main route turn right and follow on from the 185 m waypoint.



After another 120 m **continue straight**, to head along Elvina Trail.



After another 130 m (at the intersection of Elvina Trail & Fredericks Track) **continue straight**, to head along Elvina Trail.



After another 1.7 km (at the intersection of Elvina Trail & Wurringulla Avenue) **turn left**, to head along Wurringulla Avenue (a vehicle track).

Start of an optional side trip: An optional side trip to Fredericks Grave.



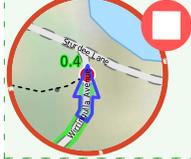
To start this optional side trip continue straight here. at the intersection of Normanhurst Street & Wurringulla Avenue **Start** heading along *Wurringulla Avenue* (a vehicle track).



After another 370 m come to "Fredericks Grave".



Frederick's Grave is the grave site of Frederick Oliver. This grave site consists of a sandstone head stone and foot stone. The Olivers made their home in the area, cutting valuable timber and establishing an orchard. This grave of one of their children, Frederick, who was accidentally killed in 1867.



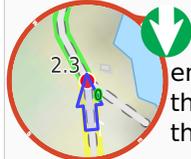
The end.



Turn around and retrace your steps back the 370 m to the main route.



Back at the main route turn right and follow on from the 2.3 km waypoint.



Continue another 340 m to find the end. Then turn around here and retrace the main route for 2.3 km to get back to the start.

About 15 m past the end is "Elvina Bay Park".



Elvina Bay Park is located on the western shores of the Pittwater, with views out to Elvina Bay and Scotland Island. A good place to stop and rest, Elvina Bay park has two park benches, grassy areas and a great rope swing. There is also a public jetty and ferry wharf. Elvina Bay has a bush fire brigade building and notably this area encountered the 1994 bush fires . (No drinking water or public toilets are available here).