



# The Bluff Track

(Guringai Country)

 20 min to 30 min

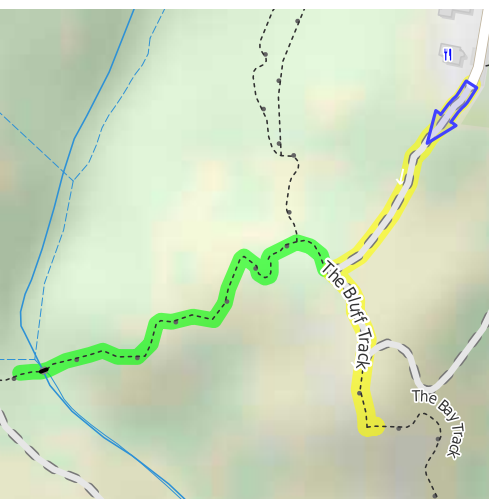
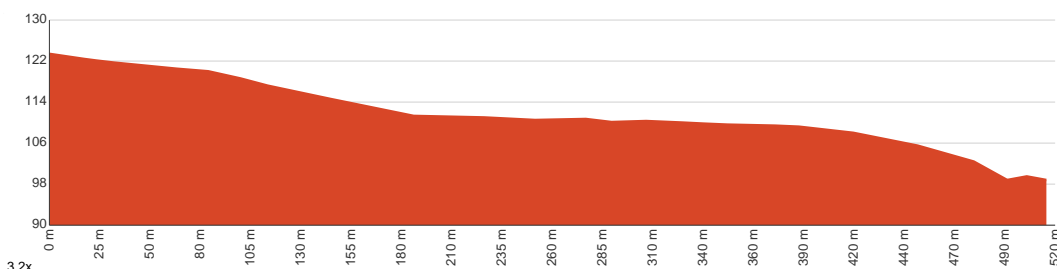
  
1 km  
Return

  
↑ 27 m  
↓ 27 m

  
Moderate track

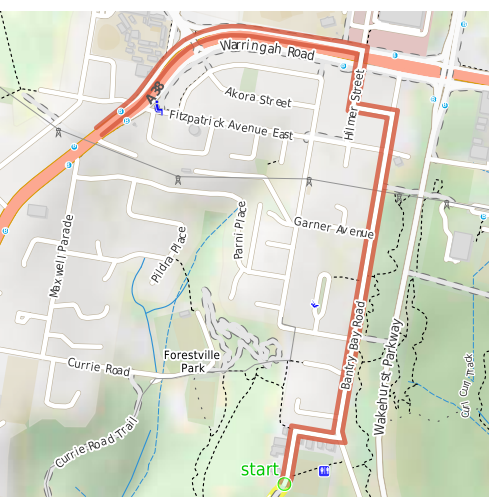


This short return walk starts from the end of Grattan Crescent, Frenchs Forest and follows the service trails along the Bluff Track to the spectacular lookout perched above Bantry Bay. There is an optional side trip down the into the valley to the Natural Bridge, which is a interesting natural rock archway bridging a creek. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Warringah Road, A38



- Turn on to Warringah Road, A38 then drive for 810 m
- Turn right onto Hilmer Street and drive for another 165 m
- Turn left onto Primrose Avenue and drive for another 115 m
- Turn right onto Bantry Bay Road and drive for another 940 m
- Turn sharp right onto Grattan Crescent and drive for another 285 m

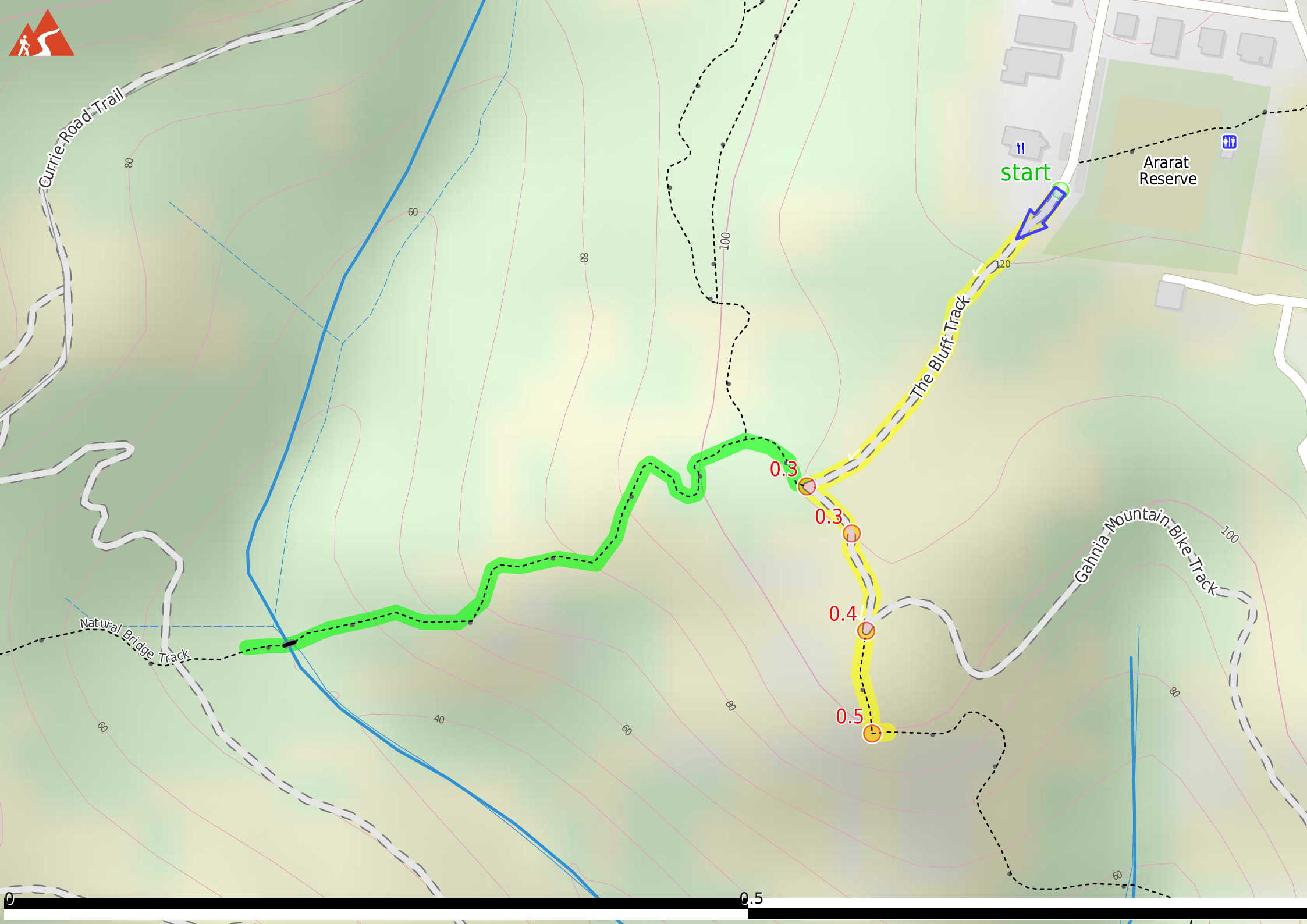
## Before you start any journey ensure you;

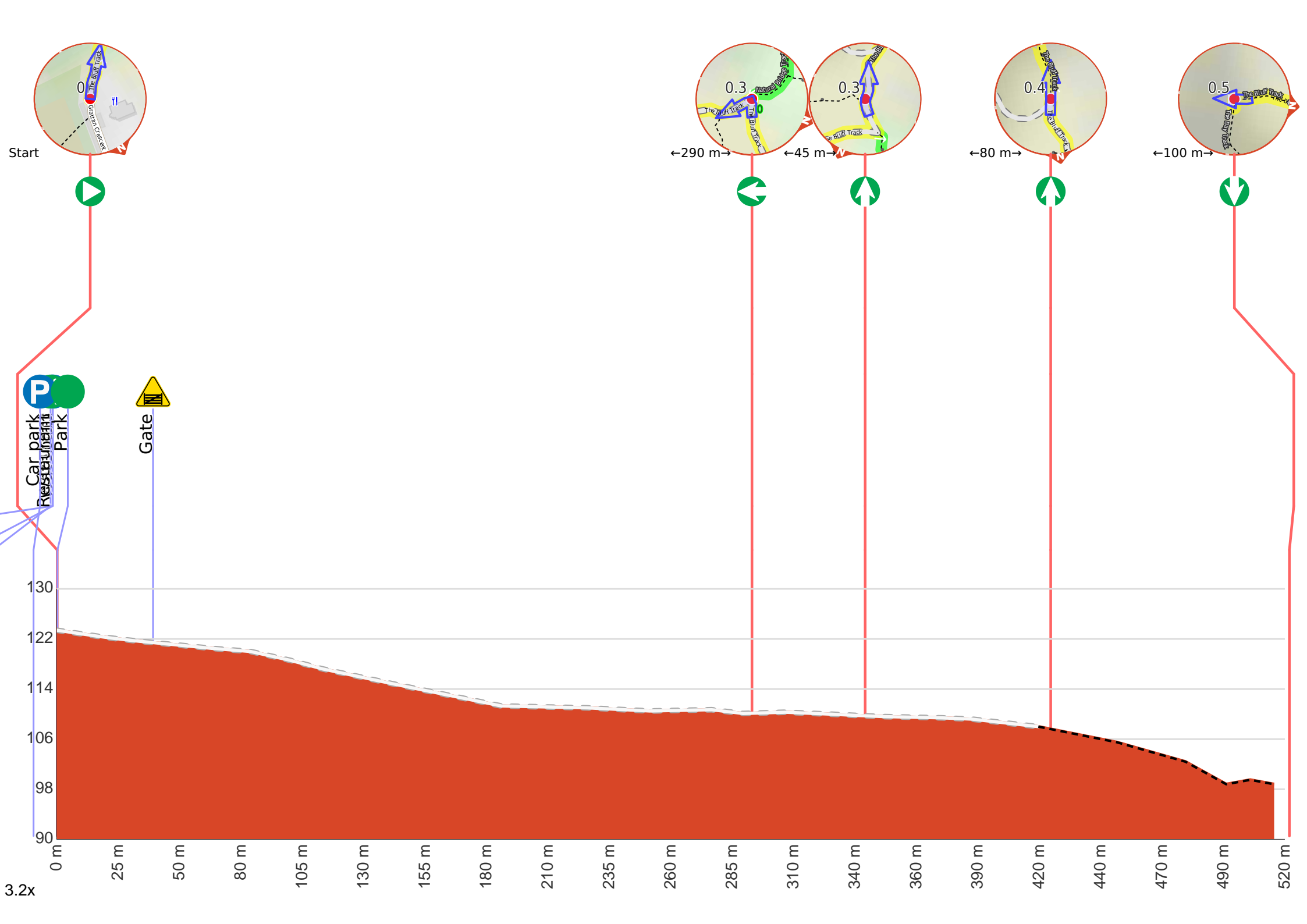
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

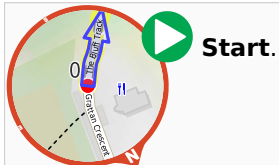
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[/i/ZR452](https://bushwalk.com.au/j/ZR452)







**Getting started:** From the end of the road, this walk heads through the large metal gate and past the 'Garigal National Park' sign, continuing south-west along the management trail until coming to an intersection with a track, signposted as the 'Natural Bridge Track'.



There is a toilet (about 145 m back from the start).



There is water tap (about 55 m back from the start).



Austrian Club Restaurant (about 45 m back from the start).

W: [www.austrianclubrestaurant.com](http://www.austrianclubrestaurant.com) T: +61 2 9975 3172

Fr-Sa 18:00-22:00

Su 12:00-20:00



There is a car park (about 30 m back from the start).



Ararat Reserve (about 20 m back from the start).



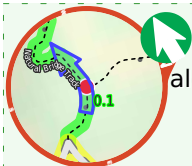
After 40 m head through/around the gate.

**Start of an optional side trip:** An optional side trip to Natural Bridge.



Find the sign at the start.

To start this optional side trip veer right here. at the intersection of The Bluff Track & Natural Bridge Track **Start** heading along *Natural Bridge Track* (a walking track).



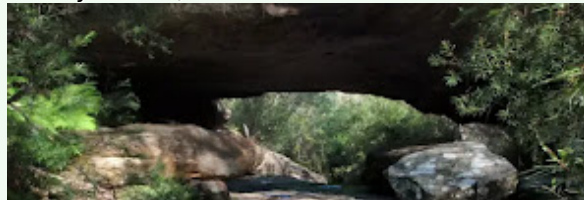
After another 45 m **veer left**, to head along Natural Bridge Track.



After another 430 m cross the bridge (about 10 m long)



After another 20 m find the "Natural Bridge" (6 m on your left).



The Natural Bridge is a sandstone arch in Garigal National Park. The arch spans an unnamed creek feeding into Bantry Bay. The Natural Bridge track uses this arch to cross the creek, and is not always noticed by walkers as the surrounding vegetation hides the full view of the feature from the track. The arch has formed the eroding forces of water flowing down the creek. The arch provides an interesting natural feature to explore and enjoy.



After another 6 m come to the end.



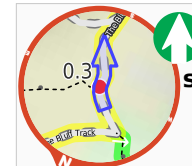
Turn around and retrace your steps back the 520 m to the main route.



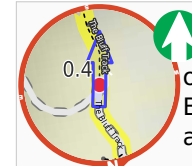
Back at the main route turn left and follow on from the 290 m waypoint.



After another 250 m (at the intersection of Natural Bridge Track & The Bluff Track) **turn left**, to head along The Bluff Track.



After another 45 m **continue straight**, to head along The Bluff Track.



After another 80 m (at the intersection of The Bluff Track & Gahnia Mountain Bike Track) **continue straight**, to head along The Bluff Track (a walking track).



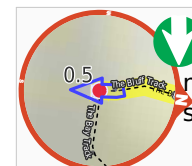
After another 100 m come to a sign.



About 40 m past the end is "Bluff Lookout".



The Bluff is a large, unfenced rocky hilltop, in Garigal National Park, that provides great views up Middle Harbour. The views extend across the bushland of the National Park, along Bantry Bay, to the city of Sydney (You can even see Centrepoint Tower). Apart from the distant views, the bluff is also an interesting rock feature, with a number of caves containing honeycomb rock formations.



Turn around here and retrace the main route for 520 m to get back to the start.