## Great North Walk: Lane Cove - Thornleigh

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Hard track



Starting from Delhi Road bus station in Chatswood West this walk explores the ferny and moist valley beside Lane Cove River. Near the top of the valley, you walk up some stone steps built during the depression to find some rock engravings with 1930's style political satire, Conscript Pass. The walk leads past Throneligh oval to through the streets to find Thornleigh train station. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.


| Class 4 of 6 <br> Rough track, where fallen trees and other obstacles are likely |  |
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| Quality of track | Rough track, where fallen trees and other obstacles are likely <br> $(4 / 6)$ |
| Gradient | Very steep (4/6) |
| Signage | Directional signs along the way (3/6) |
| Infrastructure | Limited facilities, not all cliffs are fenced (3/6) |
| Experience Required | Some bushwalking experience recommended (3/6) |
| Weather | Storms may impact on navigation and safety (3/6) |

Getting to the start: From Delhi Road, A38

- Turn on to River Avenue then drive for 15 m


## Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills \& knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures \& fire dangers
- Can respond to emergencies \& call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

## Share

Bushwalk.com

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At the intersection of The Great North Walk \& River Avenue Start (a footpath).

The Great North Walk (about 5 m back from the start).

Find the Alfred Cook Park at the start

After 60 m pass the "Whitefire Grill and Bar" (20 $m$ on your right).
W:www.whitefiregrill.com.au T:+61 28097
0280
11:30-22:30
hen find the "Riverside Cafe Bar \& Grill" (25 m on your right)


The Riverside Cafe is found at the end of service road on the south-west corner of Fullers Bridge. The nicely renovated building looks over the Lane Cove River and is open 7 days, serving breakfast, lunch and dinner. The food is cafestyle and meals are priced upwards from \$13. Ph: (02) 94123773.


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After another 65 m continue straight.

After another 15 m find the "Potable Water" (70 $m$ on your left).


Drinking fountain, 87 cm high.
After another 8 m pass the BBQ ( 20 m on your left).
Then pass the toilet ( 75 m on your left).

After another 8 m find the "Koonjeree Picnic Area" ( 5 m on your left).


Koonjeree Picnic Area is at the southern end of Lane Cove National Park, just near Fullers Bridge. The picnic area boasts free gas barbecues, flushing toilets, town tap water, picnic tables and shelters, a large open area and car parking. On the bank of the Lane Cove River, this is a pleasant spot to enjoy the park.
Then find the "Toilet" ( 65 m on your left).


Male and female toilet block. Entrance is 75 cm wide with 29 cm steps, hand basins 87 cm high, cubical doors 65 cm wide, toilet seat 42 cm high. Male toilet has a urinal with 6 cm step. No handrails.
Continue straight.

After another 65 m find the "Seat" (on your right).


Two timber seats, 40 cm high, 38 cm deep and 1.8 m wide with a 35 cm backrest and no arm rests.
After another 20 m find the "Trip Hazard" (on your right).


The edges of the weir are ungraded and there is a significant drop with water hazards. Keep clear of edges.


After another 5 m cross the bridge (about 10 m long)

Then find the "Lane Cove River Lookout" ( 55 m on your left).


Found along the timber boardwalk on the banks of the Lane Cove River, just up stream from the weir, is this lovely viewing platform. The boardwalk and platform are fenced (1.1m high), there are two main seats and a stepped area for extra seating. The views extend upstream for about 250 m and is a great spot to watch water birds and the occasional paddle boat.
After another 25 m find the "Lane Cove Weir" (on your left).


The Lane Cove River Weir was built in 1938 during the depression. The motivation for building the lake was to make the area more appealing for visitors' picnics. The weir created environmental issues such as silting and a decline in native fish populations. In more recent years, a 'fish ladder' has been constructed to allow fish to undertake their natural migration route for breeding. The weir proves an easy way for walkers to cross the Lane Cove River whilst enjoying the views up and downstream.
After another 60 m find the "Seat" ( 9 m on your left).


A stone seat, 42 cm high, 60 cm deep and 1.7 m wide with a 22 cm high arm and 22 cm backrest.

## Continue straight.

After another 55 m pass the toilet ( 80 m on your left).


After another 6 m pass the playground ( 55 m on your left).
After another 40 m find the "Picnic Table" ( 25 m on your right).


A timber slat picnic table. The table is 79 cm high, 73 cm deep and 2.7 m wide. The seats are 46 cm high, 44 cm deep and 2.7 m wide (no backrest). $4 \times 2.7 \mathrm{~m}$ slab.


Two free electric BBQs hotplates in sheltered picnic area. The BBQ table is 92 cm high, 2.05 m wide and 75 cm deep. Hot plates are $45 / 45 \mathrm{~cm}$. After another 10 m find the "Parking Accessible" ( 35 m on your right).
There are 8 car parking bays in the immediate area. Three are marked mobiilty parking bays at the southern edge. The mobility parking area is ashphalt, 2.4 m wide and 6.3 m deep.
PAfter another 30 m pass the "The Great North Walk" (60 m on your right).


After another 120 m pass the toilet ( 65 m on your right).

Continue straight, to head along Max Allen Road.
(P)

After another 50 m pass the car park ( 60 m on your right).


After another 4 m (at the intersection of The Great North Walk \& Max Allen Road) continue straight, to head along The Great North Walk (a walking track).
After another 8 m pass the "Great North Walk" (on your right).


After another 280 m continue straight, to head along The Great North Walk.


After another 120 m (at the ) intersection of Lane Cove Depot Road \& The Great North Walk) continue straight, to head along Lane Cove Depot Road (a service road).


After another 15 m (at the intersection of The Great North Walk \& Lane Cove Depot Road) veer right, to head along The Great North Walk (a walking track).

After another 325 m come to the viewpoint (105 $m$ on your left).

After another 315 m cross the bridge (about 5 m long)

After another 160 m cross the ford.

After another 170 m cross the bridgeThen head down the 7 stone steps (about 3 m long)

After another 55 m head down the 26 steps (about 20 m long)
Then cross the bridge (about 8 m long)


After another 6 m pass the sign (on your right).
After another 85 m cross the bridge (about 7 m long)

After another 75 m pass the toilet ( 140 m on your right).
Then cross the bridge (about 3 m long)


After another 10 m cross the bridge (about 5 m long)


After another 115 m cross the bridge (about 15 m long)

After another 8 m head up the 11 steps (about 8 m long)

After another 690 m come to the viewpoint.


After another 400 m cross the bridge (about 4 m long)
After another 80 m come to the viewpoint.

After another 140 m find the "Sandstone caves" ( 15 m on your left).


This fairly large sandstone overhang is found on the eastern side of the Lane Cove Valley. The walking track leads through the two caves that run in series, with the northern cave being larger. The lip of the overhang hangs down a bit, providing some extra protection from wind and rain. The cave also provide some shade and a cooler spot on hot days, and there are also a couple of well placed boulders forming nice seats.
After another 50 m cross the ford.
After another 175 m find the "Allen Park" ( 100 m on your right).


Allen Park is a very small grassed clearing at the end of Blaxland Rd. The park is not shaded and backs onto a house. The park is a thoroughfare to access the Great North Walk from Blaxland Rd.
After another 55 m head up the 5 steps (about 2 m long)


After another 1 m turn left, to head along The Great North Walk.

After another 80 m continue straight, to head along The Great North Walk.
After another 110 m cross the ford

After another 80 m continue straight, to head along The Great North Walk.

After another 40 m find the "Blue Hole" ( 45 m on your left).


Blue Hole is found in the Lane Cove River, downstream of De Burghs Bridge. Within Lane Cove National Park this small pleasent waterhole has a flat rock and small sandy beach on the north side of the river. The water is polluted by run-off and rubbish, especially after rain, so it is not suitable for swimming. It is still a pleasent place to relax and enjoy the valley.
After another 110 m pass the sign ( 9 m on your left).


Start of an alternate access route: Alternate exit to Macquarie Park station.


After another 9 m cross the bridge (about 185 m long)


After another $2 \overline{1} 5$ m pass the "Tuckwell Park" (on your right).

After another $\overline{7} \overline{5}$ m pass the car park ( $\overline{6} 0$ m on your left).
Then find the "Eden Gardens" " 40 m on your


Eden Gardens is a popular plant nursery at the intersection of Fontenoy and Ryde Roads. It is a pleasant place to explore and is also home to 'Dragonfly Cafe'. The cafe is open 7 days, 8:30am to 4 pm ( 5 pm on weekends) and serves a variety of hot and cold meals. PH: 94919900. The centre is closed over Christmas and on



After another $5 \overline{5}$ m pass the "Ribs and Rumps" ( 65 m on your right).After another 90 m pass the pay phone ( 25 m on your left).

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After another 35 m pass the car park ( 15 m on your right).


After another $\overline{20} \mathrm{~m}$ pass the "Go Hun" $\overline{\mathrm{C}} 40 \mathrm{~m}$ on
your left).
Then pass the "Sambal" (40 m on your left).
(P)

After another $\overline{1} \overline{6} \overline{0} \mathrm{~m}$ pass the car park ( $\overline{\mathrm{m}} \mathrm{m}$ on your right).



After another 75 m continue straight, to head along The Great North Walk.

After another 15 m head down the 5 earthen steps (about 4 m long)

After another 70 m come to the viewpoint ( 7 m on your left).
After another 390 m pass the sign ( 7 m on your left).


After another 75 m cross the bridge (about 9 m long)


After another 145 m turn left, to head along The Great North Walk.

After another 10 m pass the sign ( 6 m on your left).
After another 560 m head down the 4 steps

After another 5 m head up the 6 earthen steps （about 4 m long）


After another 25 m （at the intersection of Gloucester Avenue Trail \＆The Great North Walk）continue straight，to head along Gloucester Avenue Trail（a vehicle track）．

－After another 35 m （at the intersection of Gloucester Avenue Trail \＆The Great North Walk）turn left，to head along The Great North Walk（a walking track）．
After another 370 m head down the 11 earthen steps（about 5 m long）

Then cross the ford

After another 85 m cross the bridge（about 4 m long）
Then cross the bridge


After another 55 m veer right，to head along The Great North Walk．

After another 35 m veer left，to head along The Great North Walk．


After another 110 m turn left，to head along The Great North Walk．

After another 130 m continue straight，to head along The Great North Walk．

After another 180 m continue straight，to head along The Great North Walk．

After another 6 m come to the viewpoint（ 10 m on your left）．


After another 40 m continue straight，to head along The Great North Walk．
Then come to the viewpoint（ 10 m on your left）．


After another 250 m continue straight，to head along The Great North Walk．

After another 80 m cross the ford．

After another 155 m pass the＂Walking and Service Trails in the Lane Cove Valley＂（ 8 m on your right）．


Veer left，to head along The Great North Walk．

After another 20 m cross the bridge（about 7 m long）


After another 35 m continue
straight，to head along The Great North Walk．

After another 75 m cross the bridge（about 15 m long）


After another 325 m cross the stepping stones．

After another 470 m cross the ford．


After another 8 m pass the＂The Great North Walk＂（on your left）．

After another 15 m find the "Browns Waterhole" ( 30 m on your left).


Browns Waterhole is a wide, shallow section of the Lane Cove River, downstream of a concrete weir. There is a concrete shared cycle/footpath crossing over the top of the weir, linking Kissing Point Road, South Turramurra to Vimiera Rd, Macquarie Park. On the western side of the waterhole, there is a picnic table and small clearing with a view over this section of the river.


After another 15 m veer right, to ead along The Great North Walk.

After another 15 m pass the "Walking and Service Trails in the Lane Cove Valley" ( 8 m on your right).


After another 10 m pass the sign (on your right).

Continue straight, to head along The Great North Walk.

After another 70 m pass the sign (on your right).

At the intersection of The Great North Walk \& The Step - Main loop continue straight, to head along The Great North Walk. After another 620 m pass the sign (on your right).


At the intersection of Lane Cove Valley Walk \& The Great North Walk continue straight, to head along The Great North Walk

After another 55 m pass the sign ( 5 m on your left).

After another 470 m pass the "Dog paw cave" ( 95 m on your right). After another 65 m cross the ford.

After another 420 m continue straight, to head along The Great North Walk.

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\text { After another } 65 \mathrm{~m} \text { cross the ford. }
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After another 30 m continue straight, to head along The Great North Walk.
After another 470 m continue straight, to head along The Great North Walk.

After another 370 m cross the ford.

After another 40 m cross the ford

After another 170 m (at the intersection of Morona Avenue Firetrail \& The Great North Walk) veer left, to head along The Great North Walk (a walking track).
After another 10 m pass the "Walking and
Service Trails in the Lane Cove Valley" (on your right).
(1) Walk" (on your left)


After another 185 m pass the "The Great North Walk" (on your right)

Then cross the stepping stones.

After another 35 m pass the sign ( 9 m on your left).
After another 10 m head up the 14 stone steps (about 7 m long)

After another 6 m find the "Conscript Pass" (on your left).


Conscript Pass is a small sandstone pass between the Lane Cove River and Thornleigh, on the Great North Walk. During the 1930s, some stone steps were built through a cleft in the rock as part of a public works program, in response to the depression. The pass has two main engravings. Firstly 'Conscript Pass' is followed with a downwards pointing arrow and a series of initials and numbers. On another wall (that you face when walking up) is engraved 'B Stevens' followed a surprisingly good caricature of the then Premier of NSW, Bertram Stevens. Stevens (later knighted) replaced Jack Lang in 1932 as Premier of NSW, when Lang was dismissed by the Governor (just two months Lang after opening the Sydney Harbour Bridge). After another 9 m head up the 14 stone steps (about 10 m long)After another 70 m head up the 27 stone steps (about 20 m long)

After another 9 m head up the 16 stone steps (about 7 m long)After another 2 m (at the intersection of The Great North Walk \& Lorna Pass) turn left, to head along Lorna Pass.
After another 30 m pass the "The Great North Walk" ( 7 m on your left).
After another 40 m cross the ford.

After another 75 m head up the 57 earthen steps (about 60 m long)

After another 35 m pass the sign (on your left).
$(1)$
After another 15 m pass the "The Great North Walk" (on your left)
After another 195 m pass the "Walking and
Service Trails in the Lane Cove Valley" (on your left).
Then pass a seat ( 6 m on your right)., has a backrest.
Then pass the "The Great North Walk" (on your left).

After another 140 m pass the toilet ( 30 m on your right).

## 24/7

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Then pass the car park ( 35 m on your right).


After another 25 m continue straight.

After another 50 m find the "Thornleigh Oval"


Thornleigh Oval is found at the intersection of Handley and Ferguson Avenues, Thornleigh. There is a large playing field, tap water, public toilets and some shelter in the awning of the club house. The oval has a car park, and a number io signs for the Great North walk and other local tracks.
Then pass the "The Great North Walk" (15 m on your right).


After another 450 m pass the "The Great North Walk" ( 7 m on your right).



After another 420 m find the "Subway" ( 30 m on your right).
This branch of the popular sandwich chain Subway, who make a variety of subs and sandwiches as you order them. For more details contact the store on (02) 94814200 or visit at Shop 2, 291 Pennant Hills Rd, Thornleigh, NSW 2120.

About 150 m past the end is a car park.

Then cross the bridge

After another 25 m pass the "Curl and Wisker Cafe" ( 95 m on your right).
$\mathrm{T}:+61294843869$
Then find the "Zacs Great Food" (95 m on your left).
This restaurant can be found on Pennont Hills road just a stones throw from the station. They are open for breakfast, lunch and dinner with a continental menu ranging from about $\$ 20$. for a meal. The opening hours are from 6.00 am to 10.00 pm from Tuesdays to Saterdays, and closed Sundays and Mondays. For more information on bookings call (02) 94846799. Then pass the "The Great North Walk" (95 m on your right).

