



# The Glen Rosa Track

(Dharug & Gundungurra Country)

1 h 15 min to 1 h 30 min

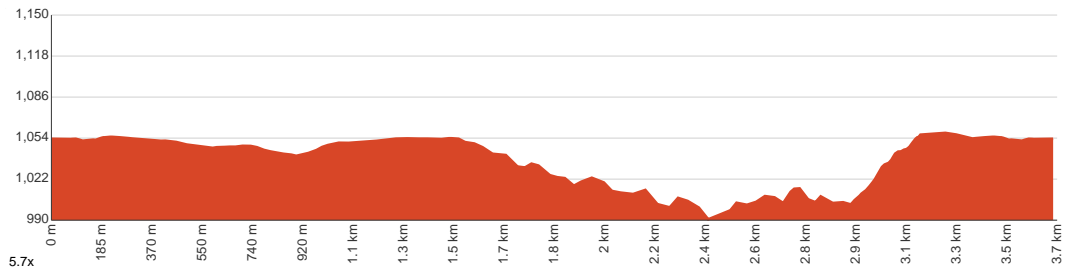
3.7 km  
Circuit

↑ 135 m  
↓ 135 m

3  
Moderate track



Using a variety of trails this circuit is a good walk for those looking for a shorter walk in the Medlow Bath area. Unfortunately, it does not have the views of the Megalong Valley that many of the other walks in the area do have. It is really the sidetrips that make this walk enjoyable, especially the short trip down to the small cave. Let us begin by acknowledging the Dharug & Gundungurra people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6  
Formed track, with some branches and other obstacles

Quality of track	Clear and well formed track or trail (2/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

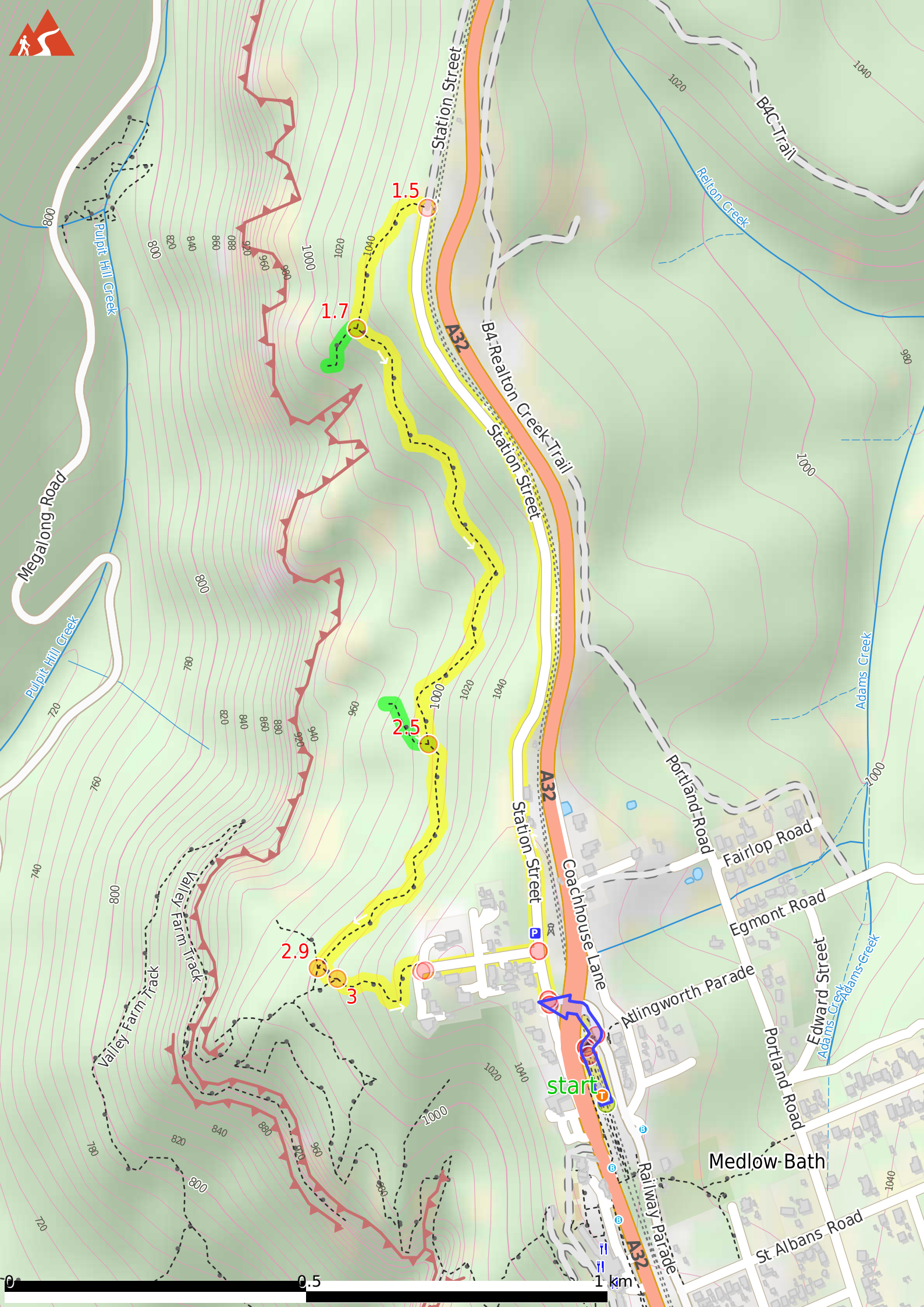
## Before you start any journey ensure you;

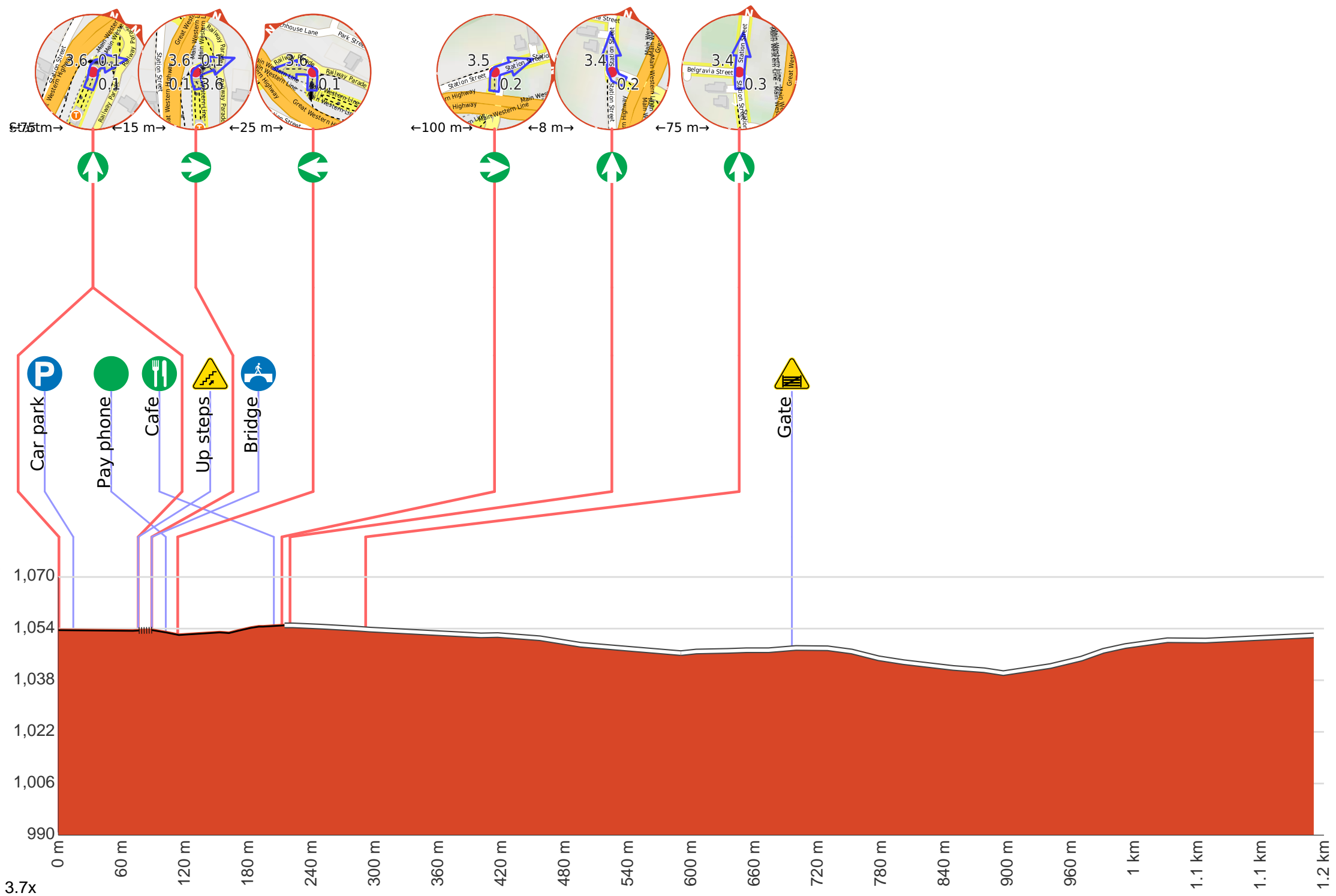
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

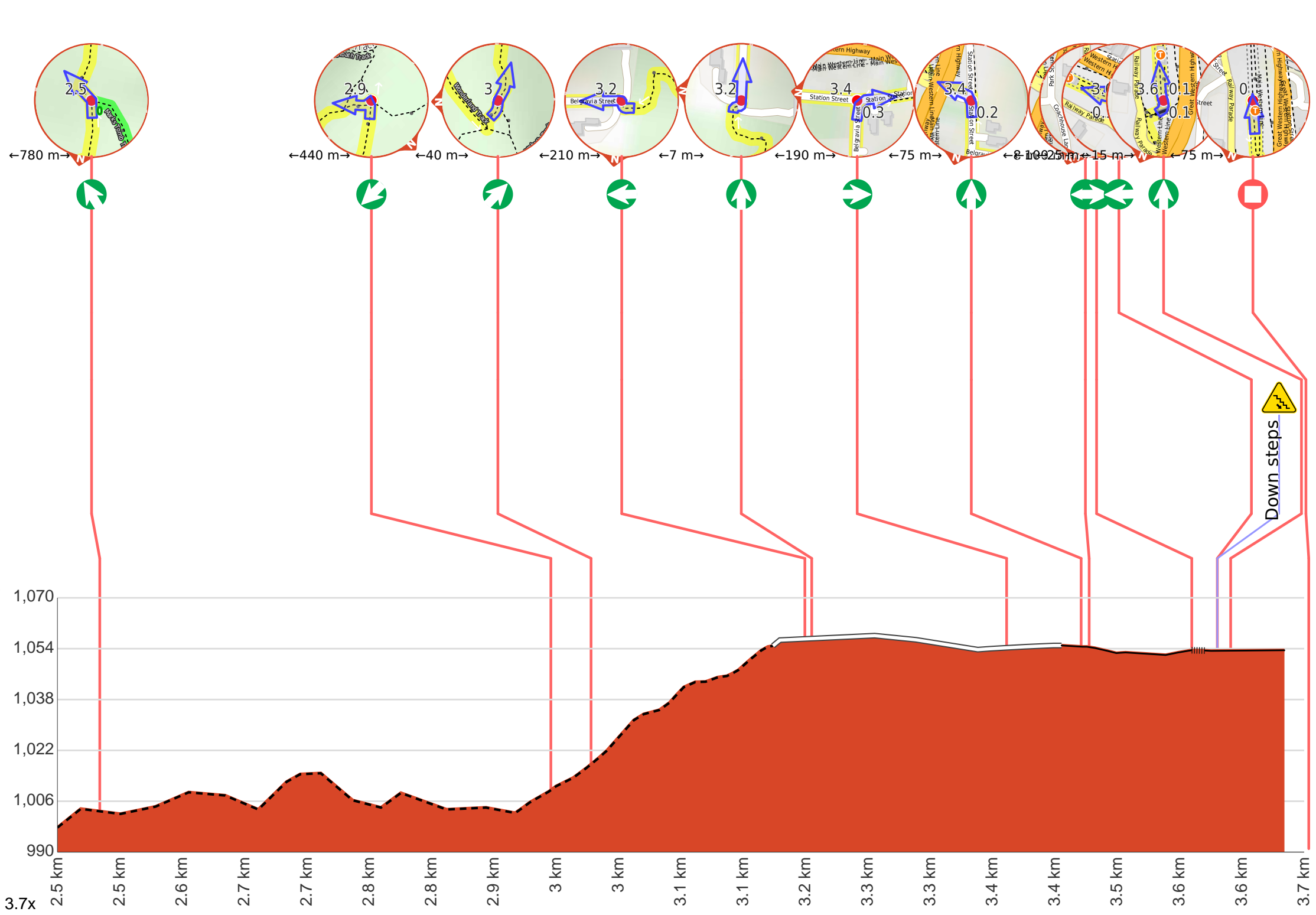
Share  
[Bushwalk.com](https://bushwalk.com.au/j/NVYTGL)  
[/j/NVYTGL](https://bushwalk.com.au/j/NVYTGL)





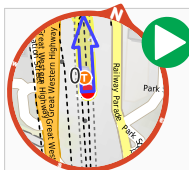








**Getting started:** From Meadlow Bath Train Station, this walk crosses the Great Western Hwy to the west onto Station Rd heading North-West. The walk follows the road for approximately 150m before coming to the corner of Belgravia Rd.



**Start.**



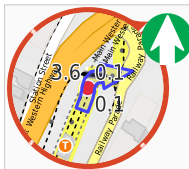
There is a car park (about 55 m back from the start).



After another 90 m pass the pay phone (5 m on your left).



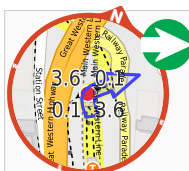
After another 105 m pass the "Synonymous" (45 m on your right).  
W:[anonymouseblackheath.com.au](http://anonymouseblackheath.com.au)



**Continue straight.**



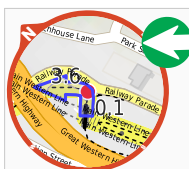
Then head up the steps (about 15 m long)



**Turn right.**



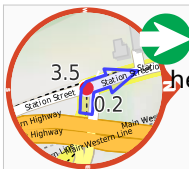
Then cross the bridge (about 15 m long)



After another 10 m **turn left.**



After another 45 m **continue straight.**



After another 55 m **turn right**, to head along Station Street.



After another 8 m (at the intersection of Station Street & Railway Parade) **continue straight**, to head along Station Street.



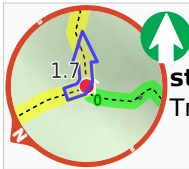
After another 75 m (at the intersection of Station Street & Belgravia Street) **continue straight**, to head along Station Street.



After another 410 m head through/around the gate.



After another 760 m (at the intersection of Station Street & Wonderland Track) **turn left**, to head along Wonderland Track (a walking track).

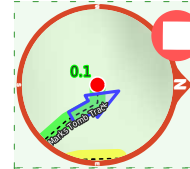


After another 245 m **continue straight**, to head along Wonderland Track.

**Start of an optional side trip:** An optional side trip to Cave.



To start this optional side trip turn right here, at the intersection of Wonderland Track & Marks Tomb Track **Start** heading along *Marks Tomb Track* (a walking track).



After another 105 m come to the end.



Turn around and retrace your steps back the 105 m to the main route.



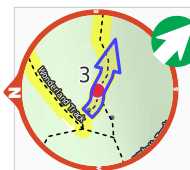
Back at the main route turn sharp left and follow on from the 2.5 km waypoint.



After another 780 m (at the intersection of Marks Tomb Track & Wonderland Track) **veer left**, to head along Wonderland Track.



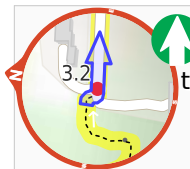
After another 440 m **turn sharp left.**



After another 40 m **veer right.**



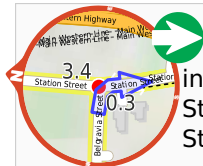
After another 210 m **turn left**, to head along Belgravia Street.



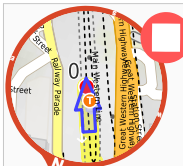
After another 7 m **continue straight**, to head along Belgravia Street.



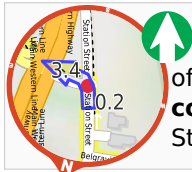
After another 90 m (at the intersection of Belgravia Street & Kanimbla Street) **continue straight**, to head along Belgravia Street.



After another 100 m (at the intersection of Station Street & Belgravia Street) **turn right**, to head along Station Street.



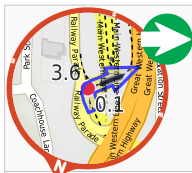
After another 75 m come to the end.



After another 75 m (at the intersection of Station Street & Railway Parade) **continue straight**, to head along Station Street.



After another 8 m **turn left**.



After another 100 m **turn right**.



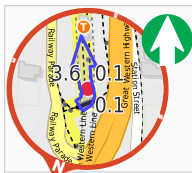
About 185 m past the end is "Medlow Park".



**Turn left.**



Then head down the steps (about 15 m long)



**Continue straight.**