



# Mount Sorrow Ridge

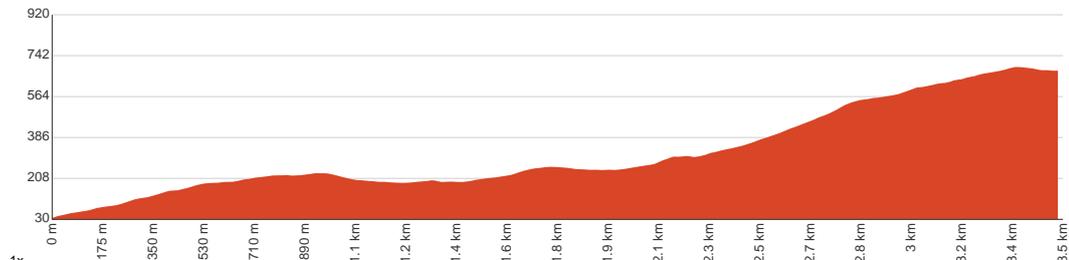
 3 h 30 min to 5 h 30 min

  
7 km  
Return

  
↑ 816 m  
↓ 816 m

  
Very challenging

Starting from Rykers Road, Cape Tribulation, this return walk takes you to the summit of Mount Sorrow via the Mount Sorrow Ridge Trail, exploring the dense rainforest of Daintree National Park along the way. The giant rock at the end will provide you with some of the best coastal views you've ever seen, including the Cape Tribulation Beach and Snapper Island. But, it comes at a price. It's a constant uphill ascent, with an assisting rope at the steepest section. So if you're up for a great challenge that's going to satisfy you at the end, this walk is definitely for you. Cool off at the Cape Tribulation Beach afterwards to give your legs a rest. Exercise extreme caution after the metal lookout point as you walk towards the giant rock. Keep in mind that the highest points of the mountain tend to be cooler and more humid, therefore leeches can be expected in these conditions. The track becomes slippery when wet as well, so try to schedule the walk in dry conditions. Depending on the season, you may run into snakes or/and spiders along the way. Good level of fitness and hiking experience is required. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.

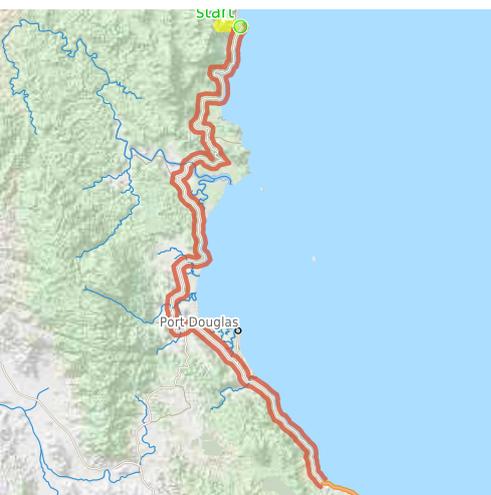


Class 5 of 6  
Rough unclear track

<b>Quality of track</b>	Formed track, with some branches and other obstacles (3/6)
<b>Gradient</b>	Very steep and difficult rock scrambles (5/6)
<b>Signage</b>	Directional signs along the way (3/6)
<b>Infrastructure</b>	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
<b>Experience Required</b>	High level of bushwalking experience recommended (5/6)
<b>Weather</b>	Forecasted & unexpected storms and severe weather may impact on navigation and safety (4/6)

**Getting to the start:** From Captain Cook Highway, 44

- Turn on to Captain Cook Highway, 44 then drive for 10 km
- Continue onto Captain Cook Highway and drive for another 29.8 km
- Turn right onto Cape Tribulation Road and drive for another 3.7 km
- Turn left onto Cape Tribulation Road and drive for another 7.8 km
- Turn slight left onto Cape Tribulation Road and drive for another 28.6 km
- Turn slight left onto Rykers Road and drive for another 240 m



### Before you start any journey ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

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3.5

Mt Sorrow Ridge Trail

Mt Sorrow Ridge Trail

Rykers Road  
start

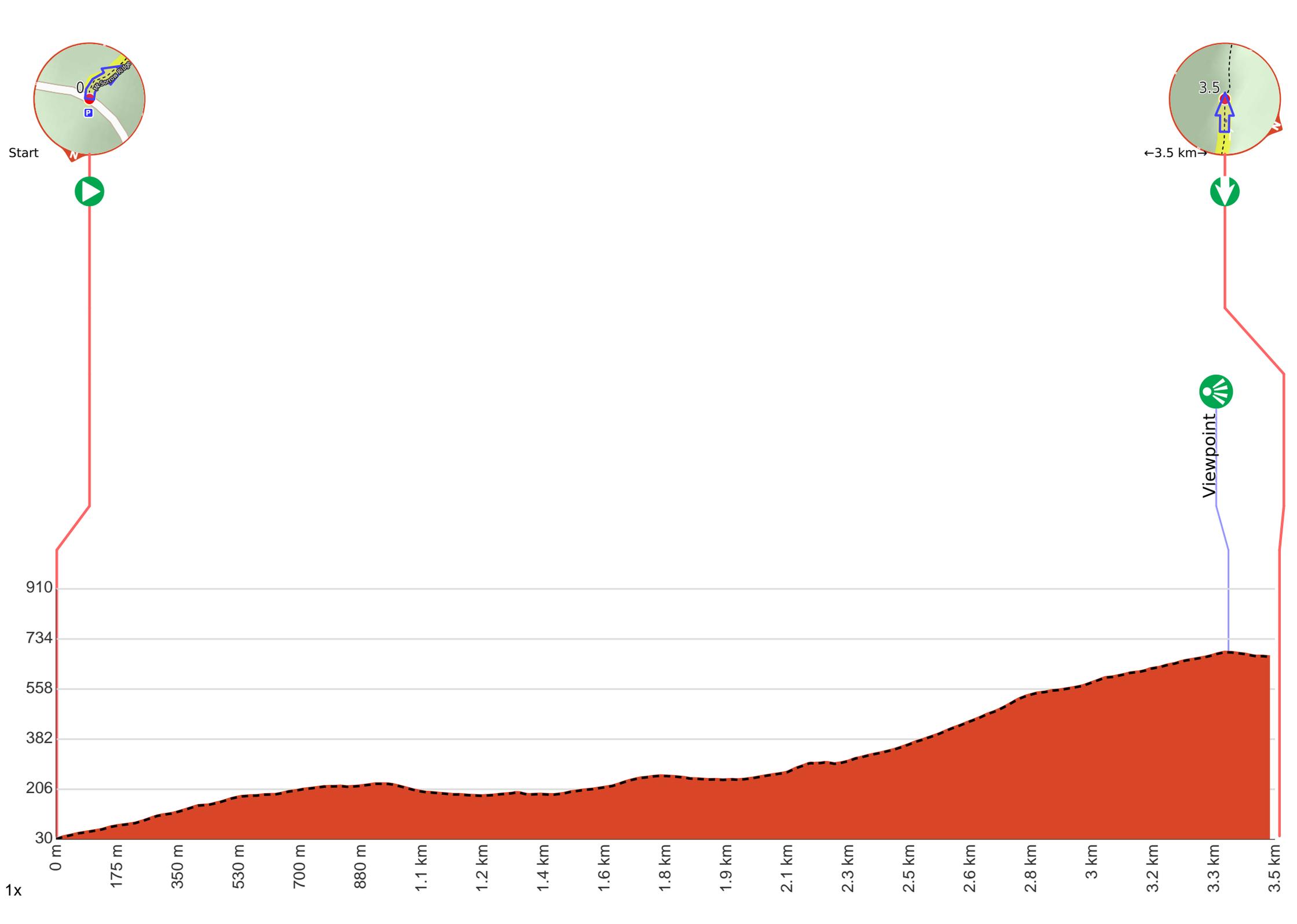
Mount Sorrow

Nicole Drive

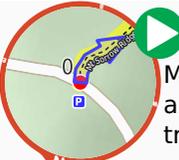
Camelot Close

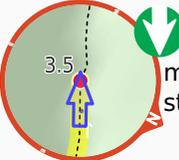
Mason Creek





**Getting started:** From Rykers Road(215 metres northwest of intersection with Cape Tribulation Road), head towards the woodland(southwest) along the formed walking track, moving directly away from the road and Cape Tribulation Beach. Stay on the designated track as it leads you towards the summit to continue along Mount Sorrow Ridge Track. Follow the pink ribbons throughout the way. Exercise extreme caution on your way to the giant rock after the metal lookout.

	At the intersection of Rykers Road & Mt Sorrow Ridge Trail <b>Start</b> heading along <i>Mt Sorrow Ridge Trail</i> (a walking track).
	After 3.4 km come to the "Mount Sorrow Lookout".
	After another 145 m come to a viewpoint.

	Turn around here and retrace the main route for 3.5 km to get back to the start.
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