



White St Rainforest Loop

(Darkinjung & Guringai Country)

 40 min to 45 min

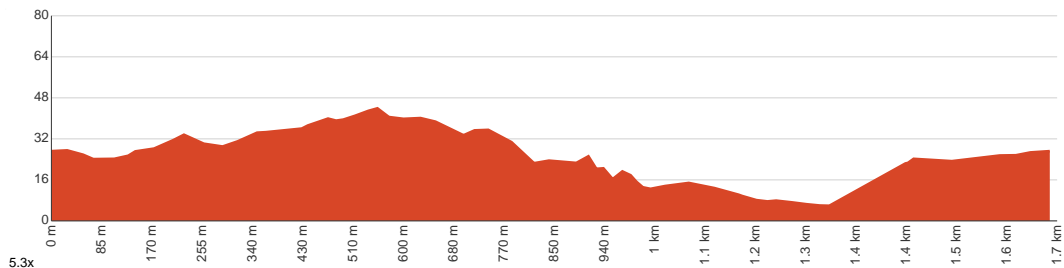

1.7 km
Circuit


↑ 60 m
↓ 60 m

 3
Moderate track



A very nice loop walk in the lower part of the Rumbalara Reserve, Gosford. The walk includes a section of road but spends most time in very nice forest scenery, including pockets of the beautiful rainforest in the reserve. This walk has substantially fewer steps than some of the other walks in the reserve and is a great way to see some of the beautiful scenery in Rumbalara. Let us begin by acknowledging the Darkinjung & Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.

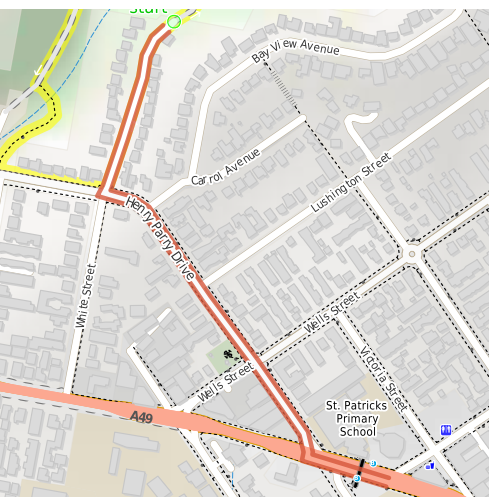


Class 3 of 6
Formed track, with some branches and other obstacles

Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Short steep hills (3/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting to the start: From York Street, A49

- Turn on to Henry Parry Drive then drive for 440 m
- Turn right onto White Street and drive for another 225 m



Before you start any journey ensure you;

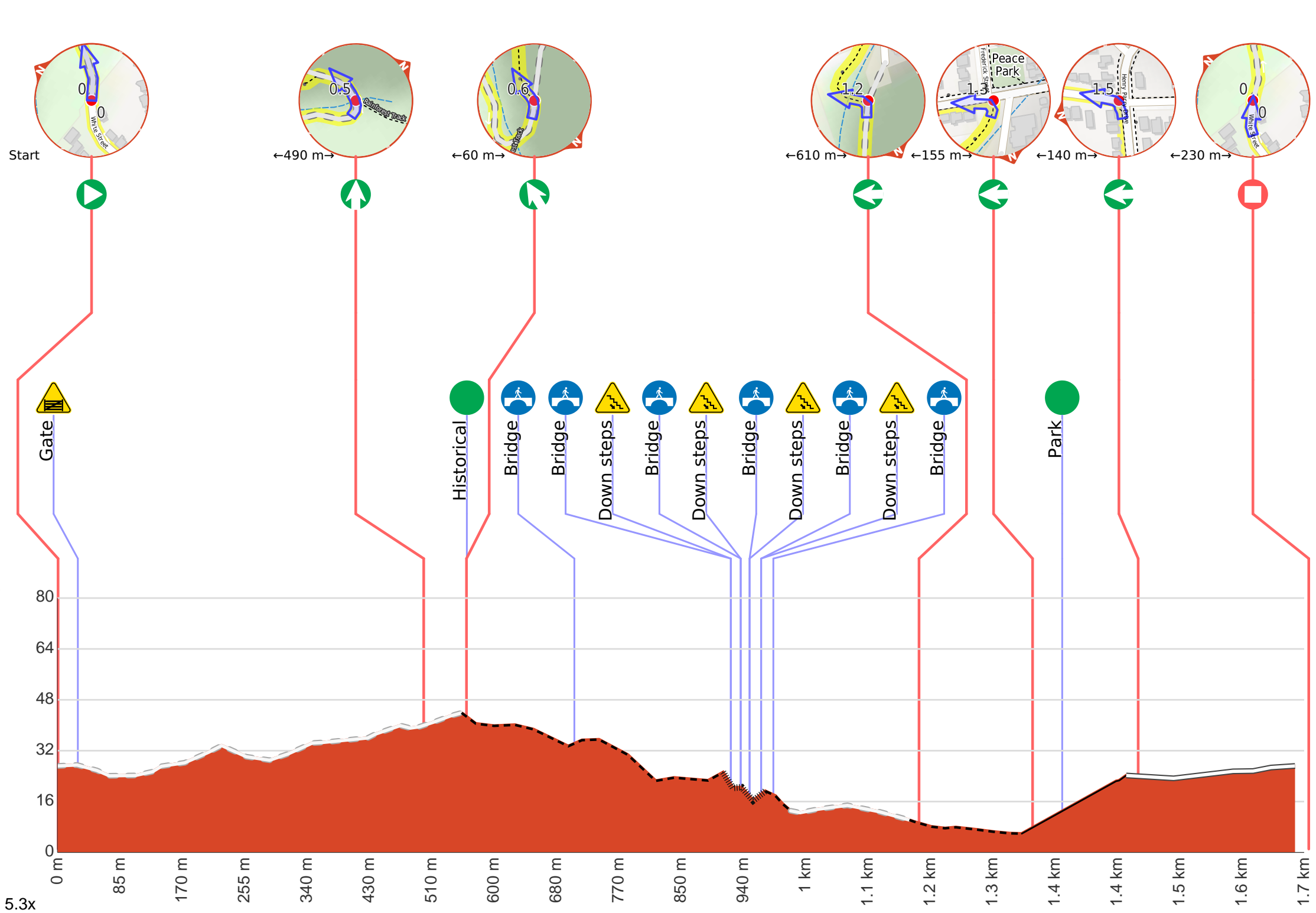
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

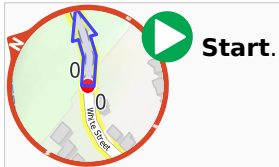
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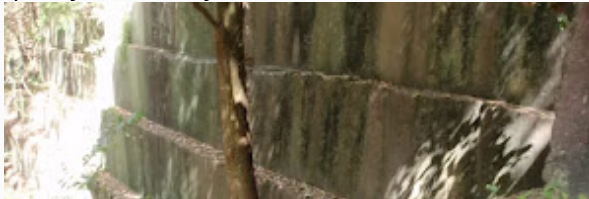
Getting started: From the end of White St, this walk passes the 'Rumbalara Reserve' signpost, goes around the gate, and follows the 'Cappers Gully' arrow along the management trail. The trail meanders along the hillside for some time. At one point, there are some long thin stone slabs forming a retaining wall, on the right. The trail eventually reaches an intersection, signposted 'Cappers Gully'.



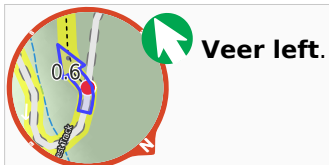
 After 25 m head through/around the gate.













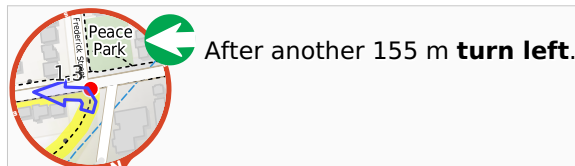
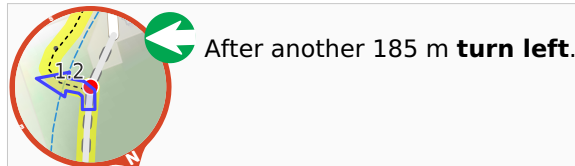
 After another 60 m find the "Cappers Gully quarry" (7 m on your left).




This old quarry site is beside Cappers Gully in the Rumbalara Reserve, Gosford. The area is fenced off for safety reasons. The neat, square-cut walls of the quarry make an interesting sight on the walks in the area.



-  After another 145 m cross the bridge (about 20 m long)
-  After another 190 m cross the bridge (about 70 m long)
-  Then head down the steps (about 55 m long)
-  Then cross the bridge (about 60 m long)
-  Then head down the steps (about 45 m long)
-  Then cross the bridge (about 45 m long)
-  Then head down the steps (about 30 m long)
-  Then cross the bridge (about 30 m long)
-  Then head down the steps (about 15 m long)
-  Then cross the bridge (about 15 m long)



 After another 40 m pass the "Peace Park" (20 m on your right).

