



# Cooks Nose Walking Track

(Wodi Wodi & Wandandian Country)

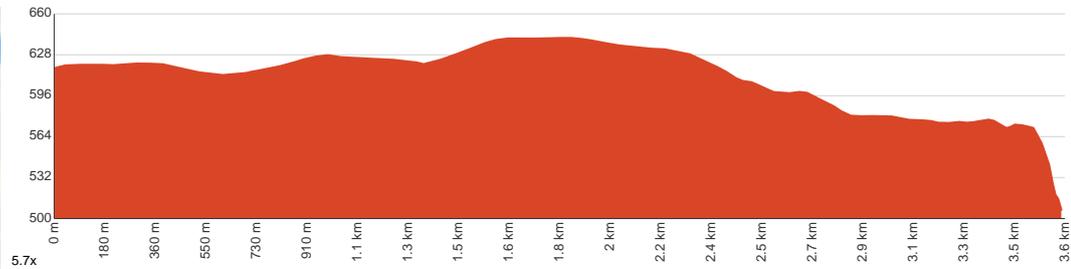
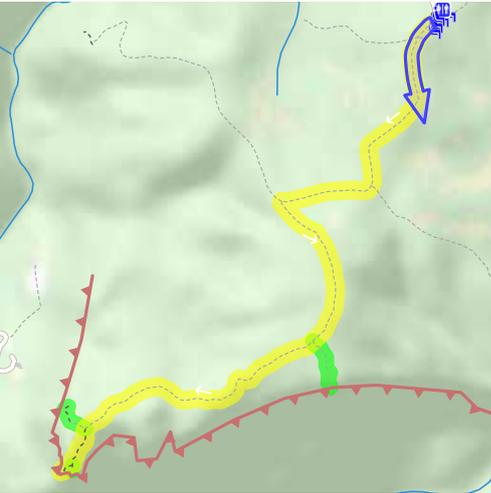
 2 h 30 min to 3 h 30 min

  
7.3 km  
Return

  
↑ 205 m  
↓ 205 m

 3  
Moderate track

Starting from Barren Grounds picnic area take this return walk through heathland for stunning views over Kangaroo Valley at 4 lookouts. Let us begin by acknowledging the Wodi Wodi & Wandandian people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 3 of 6 Formed track, with some branches and other obstacles	
<b>Quality of track</b>	Formed track, with some branches and other obstacles (3/6)
<b>Gradient</b>	Short steep hills (3/6)
<b>Signage</b>	Directional signs along the way (3/6)
<b>Infrastructure</b>	Limited facilities, not all cliffs are fenced (3/6)
<b>Experience Required</b>	Some bushwalking experience recommended (3/6)
<b>Weather</b>	Storms may impact on navigation and safety (3/6)

**Getting to the start:** From Jamberoo Mountain Road, 9

- Turn on to Barren Grounds Road then drive for 10 m
- Turn left onto Barren Grounds Road and drive for another 770 m
- Turn right onto Barren Grounds Road and drive for another 20 m



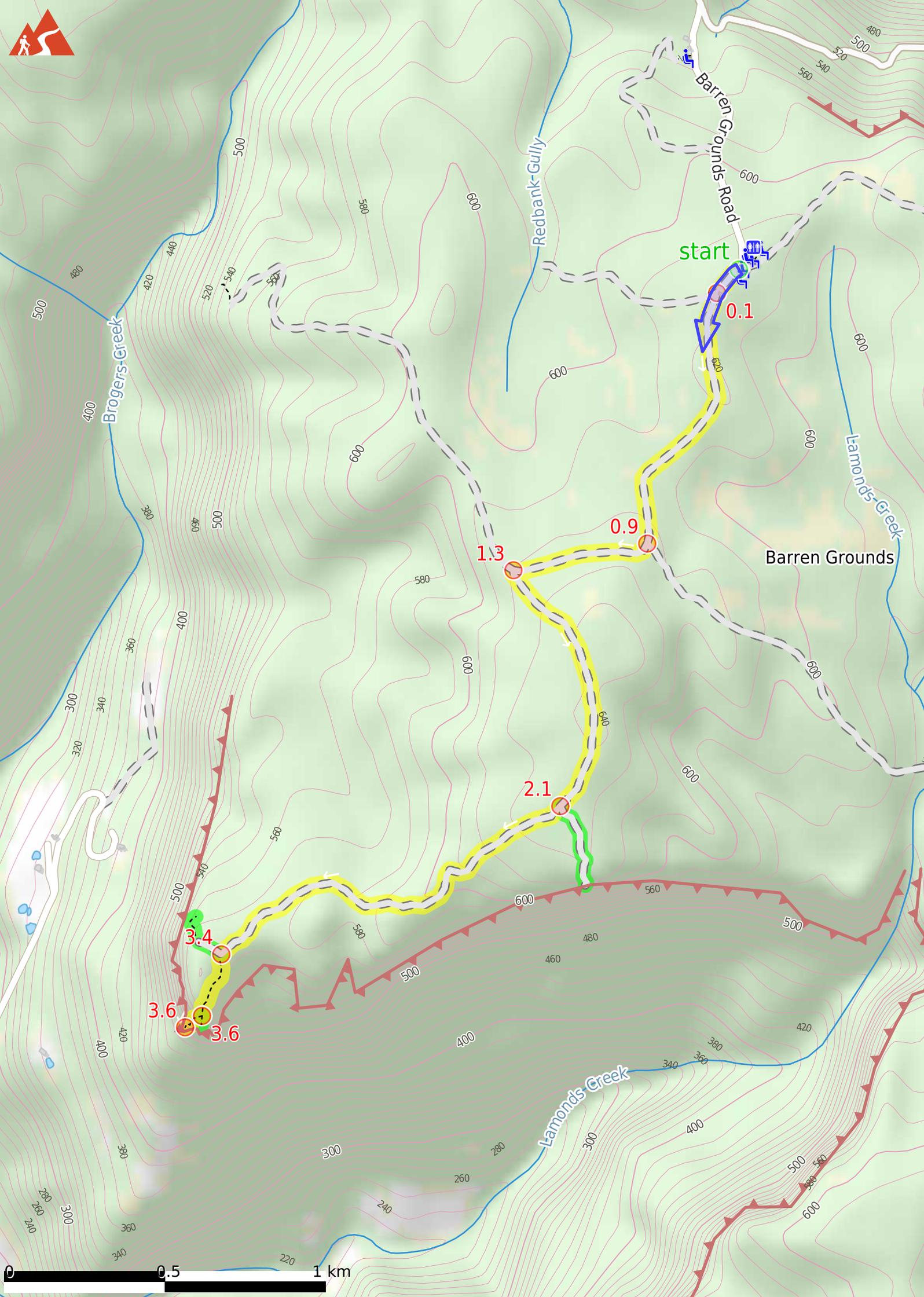
**Before you start any journey ensure you;**

- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
Bushwalk.com  
[/i/6P02T/](https://bushwalk.com/i/6P02T/)





start

0.1

0.9

1.3

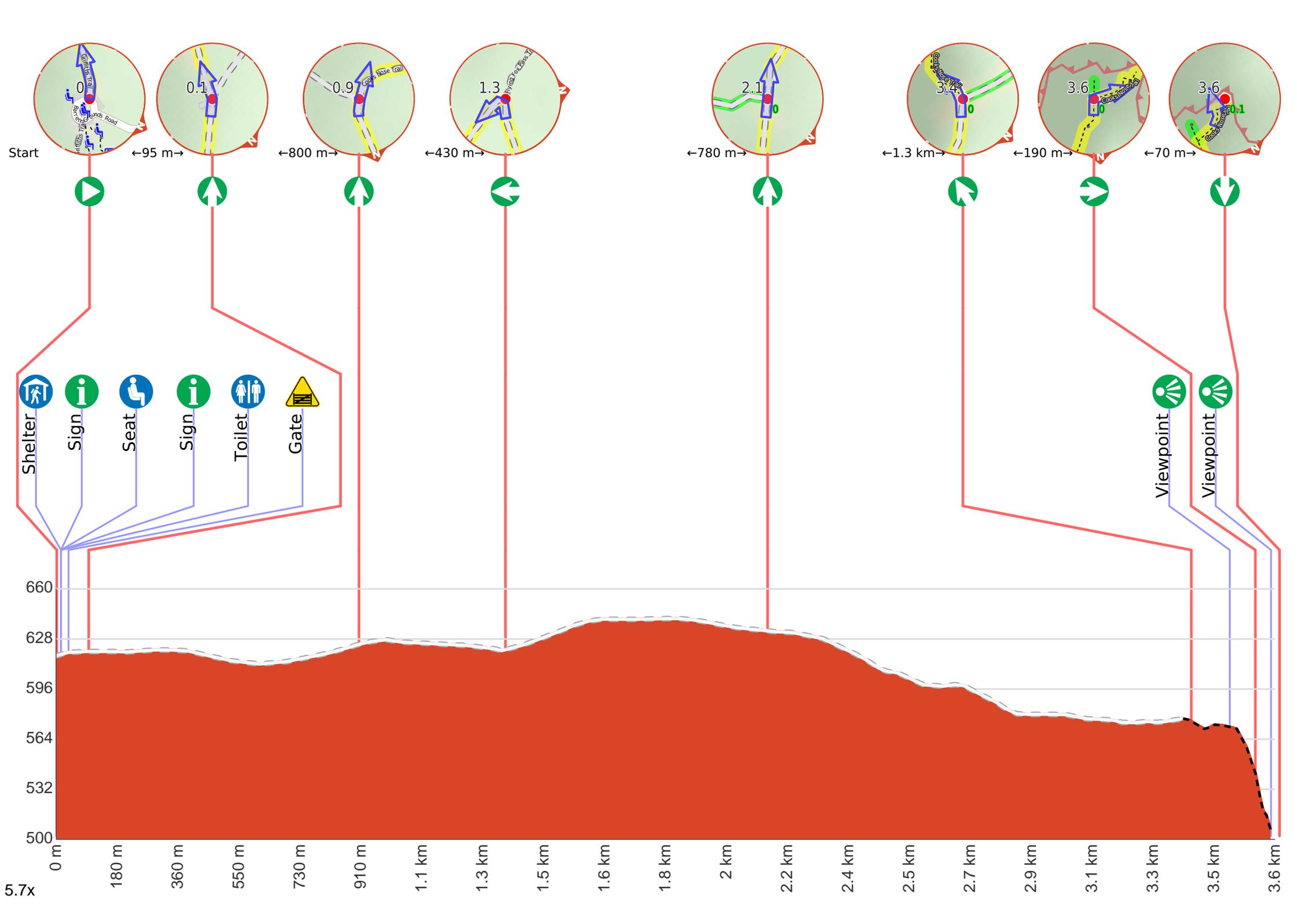
2.1

3.4

3.6

3.6

0 0.5 1 km





**Start.**



After 10 m pass the shelter (15 m on your left).



Then pass the sign (15 m on your left).



Then pass a seat (15 m on your left), has no backrest.



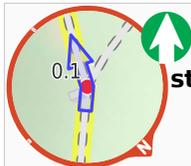
Then pass the sign (45 m on your left).



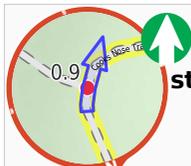
Then pass the toilet (90 m on your left).



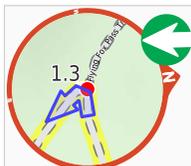
After another 25 m head through/around the gate.



After another 60 m **continue straight.**

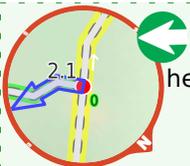


After another 800 m **continue straight.**



After another 430 m **turn left.**

**Start of an optional side trip:** Side trip to a lookout with views over Lamonds Creek valley.



To start this optional side trip turn left here. **Start.**



After another 255 m come to the end.



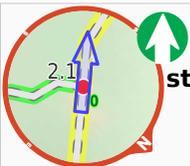
A viewpoint.



Turn around and retrace your steps back the 255 m to the main route.

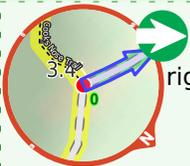


Back at the main route turn left and follow on from the 2.1 km waypoint.

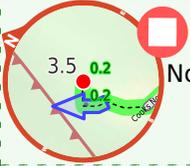


After another 780 m **continue straight.**

**Start of an optional side trip:** Side trip to Cooks Nose (West) lookout.



To start this optional side trip turn right here. **Start.**



Continue another 165 m to find Cooks Nose (West) at the end.



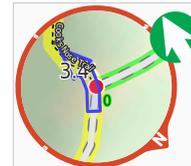
"Cooks Nose (West)".



Turn around and retrace your steps back the 165 m to the main route.



Back at the main route veer left and follow on from the 3.4 km waypoint.



After another 1.3 km **veer left.**



After another 115 m come to the "Cooks Nose (West)" (160 m on your right).

**Start of an optional side trip:** Side trip to Cooks Nose lookout.



To start this optional side trip continue straight here. **Start.**



Continue another 25 m to find Cooks Nose Lookout at the end.



"Cooks Nose Lookout".



About 60 m past the end is "Cooks Nose".



Turn around and retrace your steps back the 25 m to the main route.



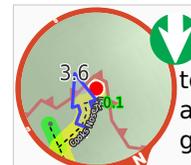
Back at the main route turn left and follow on from the 3.6 km waypoint.



After another 75 m **turn right.**



After another 45 m come to the "Cooks Nose Lookout" (30 m on your left).



(Cooks Nose) Continue another 25 m to find the end. Then turn around here and retrace the main route for 3.6 km to get back to the start.



"Cooks Nose".