



# Burning Palms Loop from Garawarra

(Dharawal Country)

 3 h 15 min to 3 h 30 min

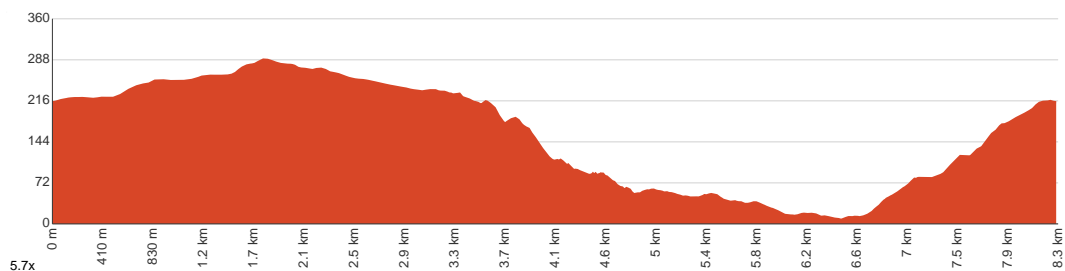
  
8.3 km  
Circuit

  
↑ 351 m  
↓ 351 m

  
4  
Hard track



This walk explores a variety of environments through the Royal National Park. From the old Garawarra farm, the walk heads along the Squeeze Way then down a ridge to Burning Palms. There is an optional side trip out to Figure Eight pools. Burning Palms offers a nice beach and a great place to rest. From the beach the walk heads back up to Garawarra via an open grassy ridge, then through a nice shady forest track. Let us begin by acknowledging the Dharawal people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



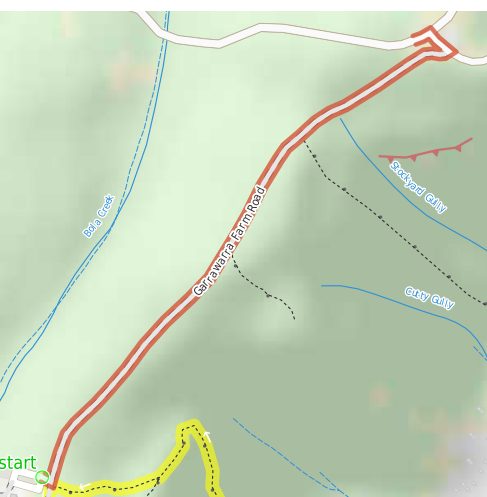
Class 4 of 6

Rough track, where fallen trees and other obstacles are likely

Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Very steep (4/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Sir Bertram Stevens Drive

- Turn on to Garie Road then drive for 65 m
- Turn sharp right onto Garrawarra Farm Road and drive for another 1.5 km



## Before you start any journey ensure you;

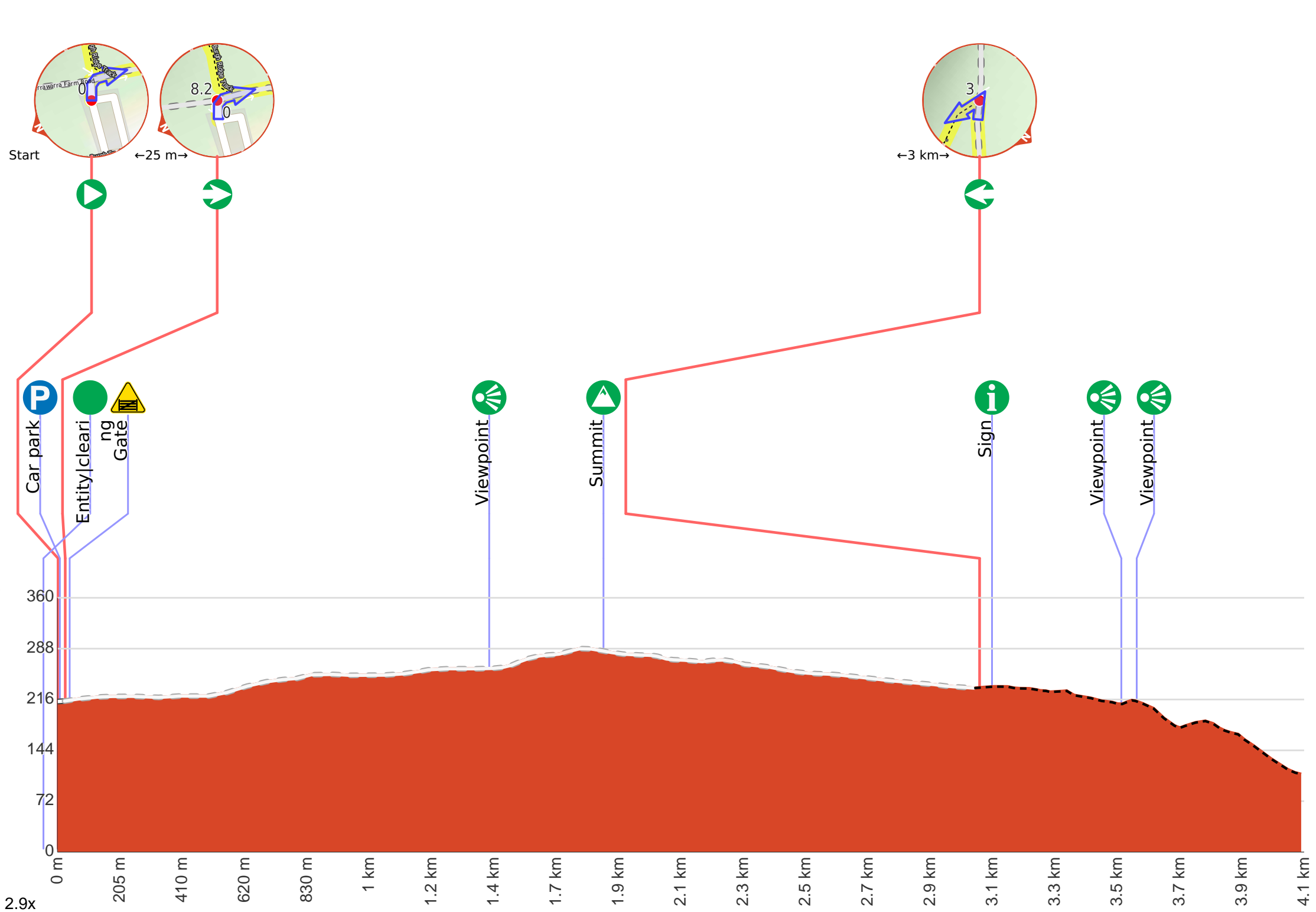
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

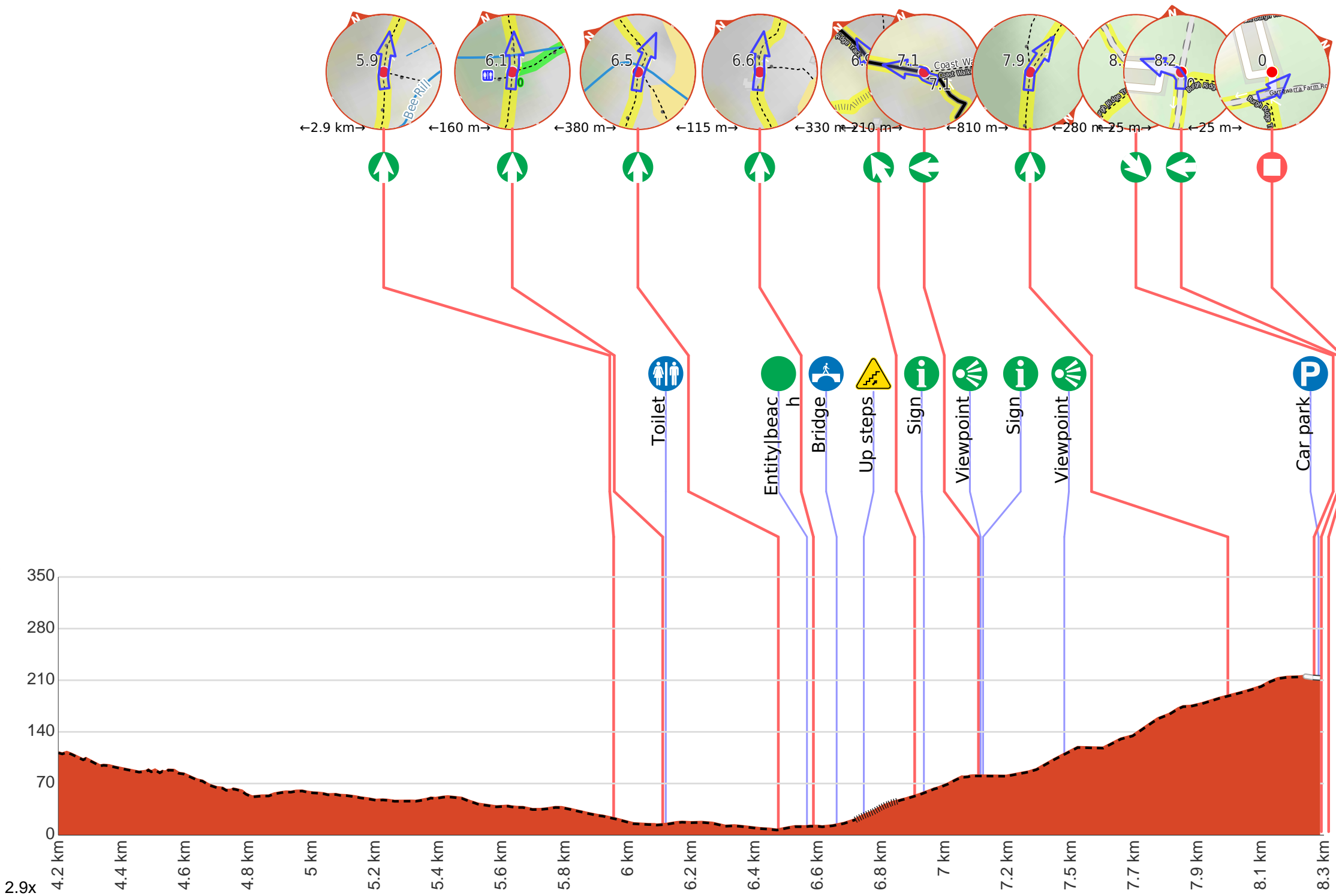
If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
Bushwalk.com  
[/j/5P7IZK](https://bushwalk.com/j/5P7IZK)



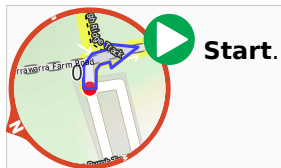




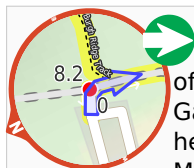




**Getting started:** From the Garawarra Farm car park, this walk heads east out of the car park to turn right onto the main dirt road (that leads into the car park). A short distance down the road this walk comes to an intersection just beyond the locked gate marked with a 'Coast Walk' and a 'Garawarra Ridge Management Trail' signpost.



**P** Find the Garrawarra Farm Carpark at the start.



After another 20 m (at the intersection of Garawarra Ridge Management Trail & Garrawarra Farm Road) **turn right**, to head along Garawarra Ridge Management Trail (a vehicle track).



Garawarra Farm (about 70 m back from the start).



Garawarra Farm is a clearing in the southern section of Royal National Park near the intersection of the Squeeze Way and Burgh Ridge track. This area was initially protected in 1934, when it and the surrounding area was turned into the Garawarra Park. This protection occurred after much lobbying from Myles Dunphy and the Mountain trails club, following their concerns of the impact been caused from logging and grazing in the area. This area and much more was re-named to Royal National Park in 1954 following the first visit of Queen Elizabeth II. The old farmhouse is now used by NPWS and is not open to the public. There is a large public carpark that are popular for people walking in the area.



After 85 m head through/around the gate.



After another 9 m (at the intersection of Garawarra Ridge Management Trail & Burgh Ridge Track) **continue straight**, to head along Garawarra Ridge Management Trail.



After another 105 m **continue straight**, to head along Garawarra Ridge Management Trail.



After another 1.1 km **continue straight**, to head along Garawarra Ridge Management Trail.



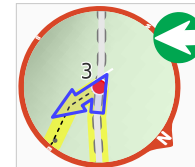
After another 125 m come to the viewpoint (95 m on your left).



After another 380 m pass the "Bulgo Hill" (45 m on your left).



After another 870 m (at the intersection of Garawarra Ridge Management Trail & Lilyvale Track) **continue straight**, to head along Garawarra Ridge Management Trail.



After another 370 m **turn left**.



After another 40 m pass the "Garrawarra Ridge" (8 m on your right).



After another 430 m come to the "Werrong Lookout" (25 m on your right).



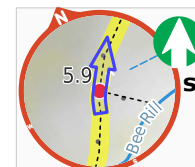
After another 50 m come to the viewpoint (15 m on your right).



After another 1.7 km pass the "Track closed for regeneration" (8 m on your right).

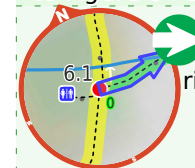


After another 610 m cross the bridge (about 7 m long)

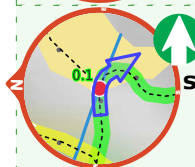


After another 80 m **continue straight**.

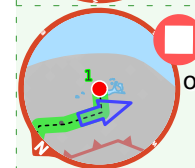
**Start of an optional side trip:** An optional side trip to Figure 8 Pools.



To start this optional side trip turn right here. **Start**.



After another 65 m **continue straight**.



Continue another 950 m to find Figure of Eight Pools at the end.

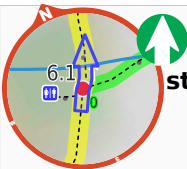
About 30 m past the end is "Figure Eight Pools".



The Figure Eight Pools are on the rock shelf, south of Figure Eight Pools gully, near Burning Palms. There are a number of circular sinkholes in the rock, and a few of them have joined over time to form a figure '8' shape. Two sink holes in particular have joined to form a very spectacular figure '8' shape in the rock. The safest time to visit the pools is at low tide when there is only a very low swell in the ocean.

Turn around and retrace your steps back the 1 km to the main route.

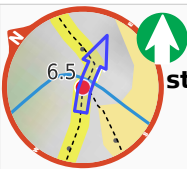
Back at the main route turn right and follow on from the 6.1 km waypoint.



After another 160 m **continue straight**.



After another 10 m pass the toilet (35 m on your left).

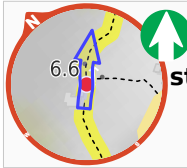


After another 370 m **continue straight**.

After another 95 m find the "Burning Palms" (85 m on your right).



The Burning Palms beach and community is in the Royal National park about 4.5km northeast of Otford. The yellow sand 450m long beach has two rock shelves at each end. The beach is patrol ed on Sundays and public holidays October to April and some Saturdays. There are no other facilities at the beach. There are a number of cottages dotted over the hills behind the beach. The rock self on the southern end of the beach has some interesting sinkholes through out with a few joining up to form the well known Figure eight pools.



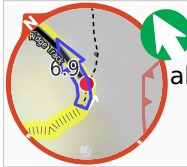
After another 20 m **continue straight**.



After another 75 m cross the bridge (about 15 m long)



After another 75 m head up the earthen steps (about 140 m long)



After another 25 m **veer left**, to head along Burgh Ridge Track.



After another 30 m pass the "Burgh Ridge" (on your right).



After another 180 m (at the intersection of Coast Walk & Burgh Ridge Track) **turn left**, to head along Burgh Ridge Track.



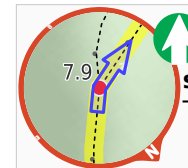
After another 7 m come to the viewpoint.



After another 8 m pass the "Figure 8 Pools" (on your left).



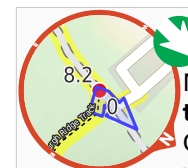
After another 265 m come to the viewpoint.



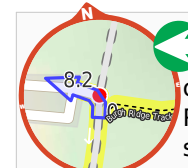
After another 530 m **continue straight**, to head along Burgh Ridge Track.



After another 295 m pass the "Garrawarra Farm Carpark" (35 m on your right).



At the intersection of Garawarra Ridge Management Trail & Burgh Ridge Track **turn sharp right**, to head along Garawarra Ridge Management Trail (a vehicle track).



After another 25 m (at the intersection of Garrawarra Farm Road & Garawarra Ridge Management Trail) **turn left** (a service road).



After another 25 m come to the end.