




East Bantry Bay

(Guringai Country)

 1 h 30 min to 3 h

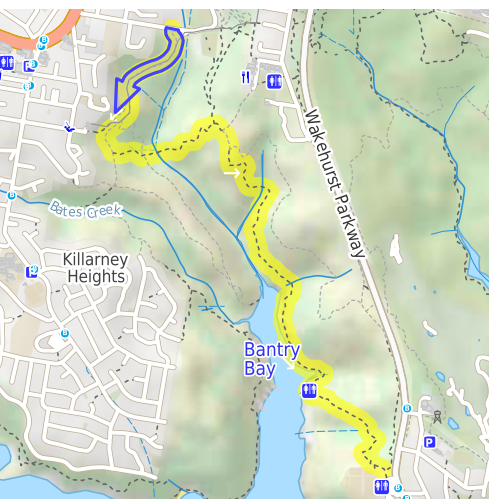
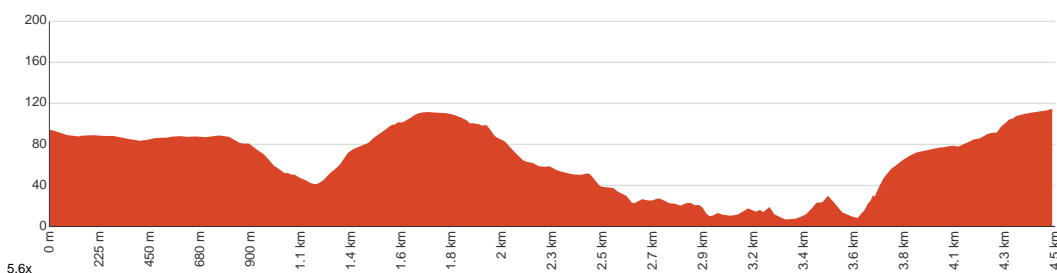

4.5 km
One way


↑ 238 m
↓ 218 m


Hard track



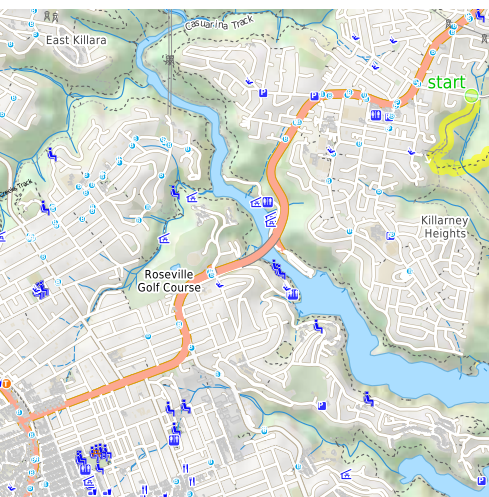
Starting at Currie Road in Forestville, this walk follows the edge of Bantry Bay to Seaforth Oval. The main highlights of the walk include the Natural Bridge, the views from the Bluff Lookout and Bantry Bay Picnic Area. There are plenty of places to sit and enjoy the views and wildlife along the way. Let us begin by acknowledging the Guringai people, Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Very steep (4/6)
Signage	Directional signs along the way (3/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Weather generally has little impact on safety (1/6)

Getting to the start: From Pacific Highway, A1, A38

- Turn on to Boundary Street, A38 then drive for 10 m
- Turn slight right onto Boundary Street, A38 and drive for another 5.8 km
- Turn right onto Brown Street and drive for another 540 m



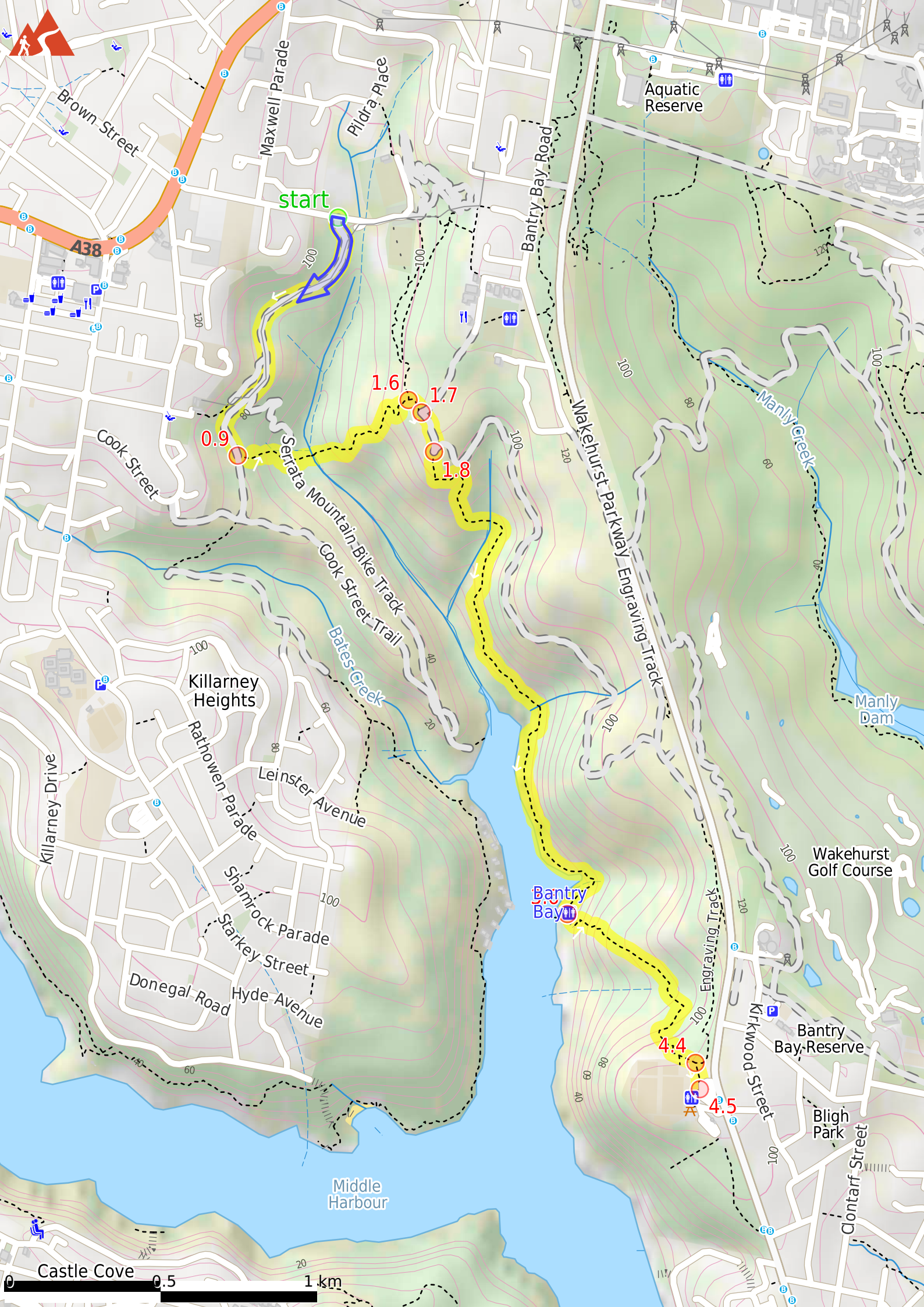
Before you start any journey ensure you;

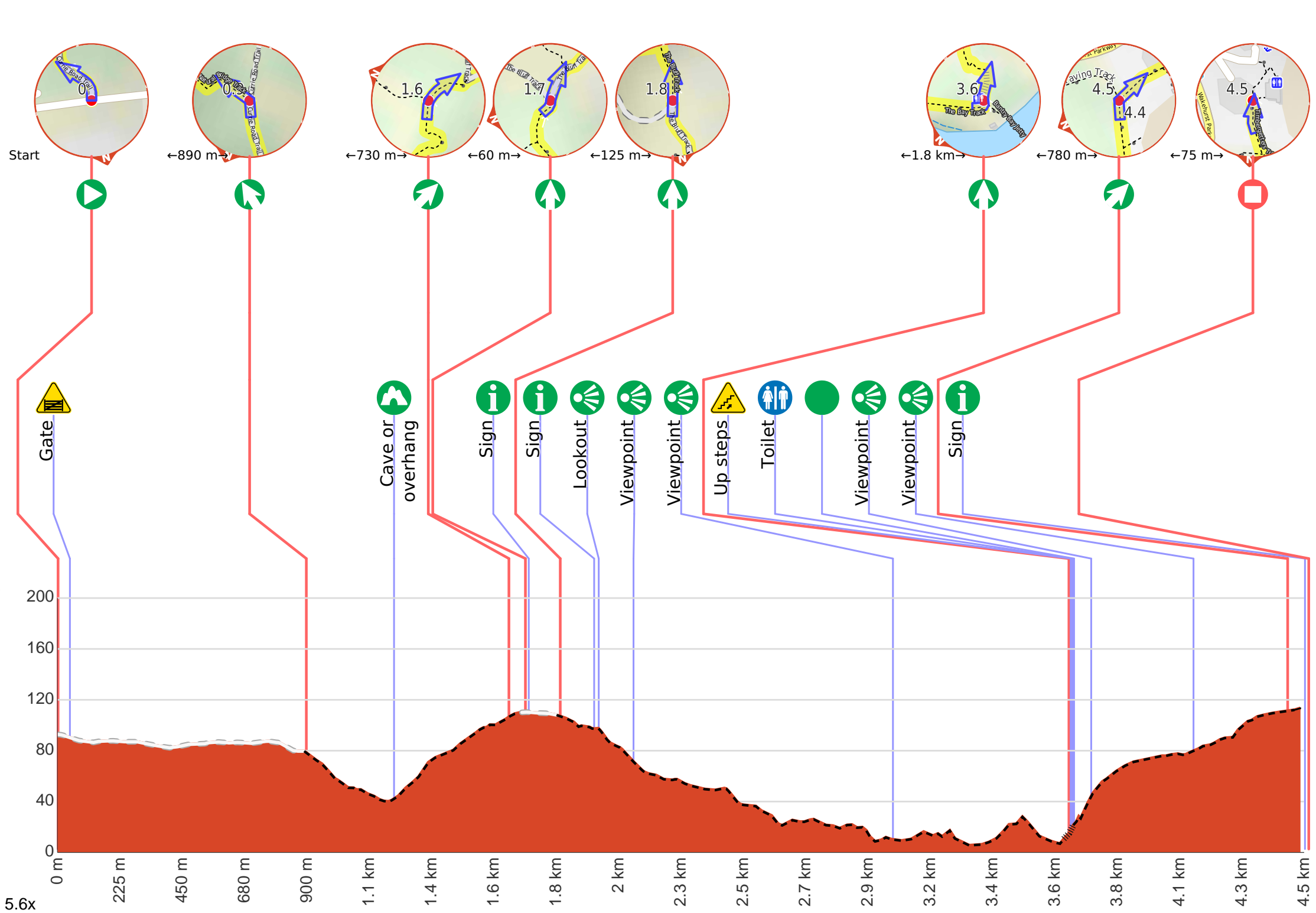
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

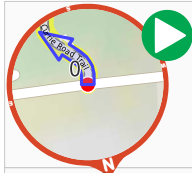
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[/j/2XUOBY](https://bushwalk.com/j/2XUOBY)







Getting started: From the intersection, this walk heads through the metal gate and along the service trail for a short distance before coming to some power lines. This trail follows the power lines through the bush, winding along beside the telegraph poles for a little while before coming to the intersection with the service trail that heads up the hill to the right.



Start.



After 40 m head through/around the gate.



After another 510 m **continue straight.**



After another 340 m **veer left.**



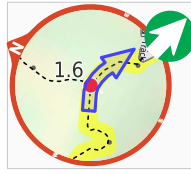
After another 220 m **continue straight.**



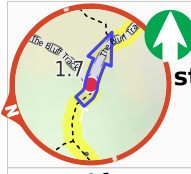
After another 95 m find the "Natural Bridge" (on your right).



The Natural Bridge is a sandstone arch in Garigal National Park. The arch spans an unnamed creek feeding into Bantry Bay. The Natural Bridge track uses this arch to cross the creek, and is not always noticed by walkers as the surrounding vegetation hides the full view of the feature from the track. The arch has formed the eroding forces of water flowing down the creek. The arch provides an interesting natural feature to explore and enjoy.



After another 410 m **veer right.**



After another 60 m **continue straight.**



After another 10 m pass the sign (on your right).



After another 35 m **continue straight.**



After another 80 m **continue straight.**



After another 120 m pass the sign.



After another 15 m find the "Bluff Lookout" (5 m on your left).



The Bluff is a large, unfenced rocky hilltop, in Garigal National Park, that provides great views up Middle Harbour. The views extend across the bushland of the National Park, along Bantry Bay, to the city of Sydney (You can even see Centrepont Tower). Apart from the distant views, the bluff is also an interesting rock feature, with a number of caves containing honeycomb rock formations.



After another 125 m come to the viewpoint.



After another 930 m come to the viewpoint.



After another 630 m **continue straight.**

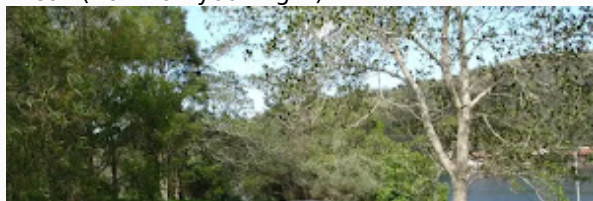


After another 6 m head up the steps (about 35 m long)



Then pass the toilet (7 m on your left).

After another 6 m find the "Bantry Bay Picnic Area" (10 m on your right).



The area of Bantry Bay has been popular with day visitors since the late 1800s. In the early 1900s, the picnic area was also home to a dance hall (foundations still visible), dining room, picnic ground and overnight accommodation. Today, the picnic area has a picnic table and a number of fireplaces. There is also a public wharf, toilets, open grassy area, shade from trees and a great view across the water. There are no garbage facilities. The picnic area is at the bottom of the Timber Getters Track, below Seaforth Oval, on the eastern shore of Bantry Bay.

After another 60 m come to the viewpoint.

After another 370 m come to the viewpoint.

After another 280 m **continue straight**.

After another 55 m **veer right**.

After another 60 m pass the sign.

After another 15 m come to a sign.

Then to find the car park.

After another 6 m come to the end.

"Seaforth Oval".



Seaforth Oval is a large playing oval on the Wakehurst Parkway in North Balgowlah. It is managed by Manly Council, who have also recently been upgrading the Timber Getters Track in association with NPWS. There is a distant view of Chatswood from the oval. There are toilets, but they are usually locked. There is a large car park, shelter and sign with information about the Harbour to Hawkesbury walk.

About 45 m past the end is a toilet.

About 65 m past the end is a water tap.

About 75 m past the end is a BBQ.

About 85 m past the end is a playground .